

Here are the results of the 10 Mile Race that was hosted by Orion Harriers and held at Chingford on 9th March 2013. The race was held in very testing, muddy conditions. Both the two individual runners who represented Milocarian AC, are congratulated on their respective performances. Nick Wood, who has run this course a number of times, finished in 13th place. Jo Wood finished 28th and the 3rd lady in a field of the 66 runners.

Well done to our two representatives.

## Mercury - 9th March 2013

| Pos       | No.       | Name           | Club       | Time         | Pos | No. | Name            | Club | Time   |
|-----------|-----------|----------------|------------|--------------|-----|-----|-----------------|------|--------|
| 1         | 35        | T Grimes       | ELR        | 68.50        | 35  | 17  | C Wagh (L)      | EM   | 91.46  |
| 2         | 542       | N McGoun       | OH         | 69.28        | 36  | 47  | D Longstaff     | ELT  | 91.54  |
| 3         | 484       | B Foot         | OH         | 70.24        | 37  | 16  | S McCray        | ELR  | 92.54  |
| 4         | 448       | T Wright       | OH         | 71.12        | 38  | 491 | C Inch (L)      | OH   | 93.34  |
| 5         | 488       | B Jenkins      | OH         | 73.37        | 39  | 486 | P Williams      | OH   | 94.47  |
| 6         | 450       | M Woodman      | OH         | 74.23        | 40  | 497 | H Barron (L)    | OH   | 96.21  |
| 7         | 490       | C Thurgood (L) | OH         | 74.31        | 41  | 343 | G Messenger     | OH   | 96.53  |
| 8         | 432       | C Horsburgh    | OH         | 76.11        | 42  | 444 | L Hall (L)      | OH   | 97.30  |
| 9         | 499       | N Swift        | OH         | 76.12        | 43  | 446 | A Godbold       | OH   | 98.04  |
| 10        | 24        | M Ford         | Gue        | 77.14        | 44  | 447 | M Armitage      | OH   | 98.20  |
| 11        | 449       | K Julian       | OH         | 77.53        | 45  | 18  | L Tabraham      | EM   | 99.14  |
| 12        | 495       | D Brock        | OH         | 78.33        | 46  | 48  | G Bodenham      | ELT  | 99.42  |
| <u>13</u> | <u>11</u> | <u>N Wood</u>  | <u>Mil</u> | <u>79.14</u> | 47  | 525 | L Gosling (L)   | OH   | 100.23 |
| 14        | 493       | M Tempest      | OH         | 80.20        | 48  | 526 | J Callagher (L) | OH   | 100.29 |
| 15        | 44        | B Parr         | Gue        | 81.20        | 49  | 42  | A Caspi         | Gue  | 101.33 |
| 16        | 482       | A Lunn         | OH         | 81.37        | 50  | 483 | J John Lewis    | OH   | 103.13 |
| 17        | 999       | G Shaw         | OH         | 81.42        | 51  | 38  | S Childs        | Gue  | 103.20 |
| 18        | 500       | G Gosling      | OH         | 81.45        | 52  | 539 | D Milner        | OH   | 103.54 |
| 19        | 5         | D Daugirda     | EM         | 81.55        | 53  | 13  | G Perrens       | Gue  | 104.16 |
| 20        | 496       | J Hart         | OH         | 82.18        | 54  | 43  | L Denyer (L)    | Gue  | 104.38 |
| 21        | 541       | Bix Hall       | OH         | 82.46        | 55  | 45  | S Burns (L)     | ELR  | 104.41 |
| 22        | 19        | A Smith        | Gue        | 84.24        | 56  | 39  | L Vacher (L)    | EM   | 105.08 |
| 23        | 12        | T Spanyol      | Gue        | 86.00        | 57  | 430 | K Allworthy (L) | OH   | 109.22 |
| 24        | 498       | R Berry        | OH         | 86.18        | 58  | 485 | K Macaulay (L)  | OH   | 109.22 |
| 25        | 36        | Z Woodward (L) | EM         | 87.16        | 59  | 494 | A Wilcock (L)   | OH   | 109.51 |
| 26        | 538       | D Green        | OH         | 87.23        | 60  | 445 | P Boual (L)     | OH   | 110.04 |
| 27        | 15        | J Trill        | Gue        | 87.40        | 61  | 481 | D Stanley       | OH   | 111.33 |
| <u>28</u> | <u>10</u> | <u>J Wood</u>  | <u>Mil</u> | <u>89.14</u> | 62  | 4   | R Brittle (L)   | EM   | 113.13 |
| 29        | 487       | B Green        | OH         | 89.56        | 63  | 492 | J McKeever (L)  | OH   | 115.00 |
| 30        | 40        | S Adams        | EM         | 89.58        | 64  | 46  | N Servant       | ELT  | 117.00 |
| 31        | 489       | A Flight (L)   | OH         | 90.18        | 65  | 14  | R Maggio        | EM   | 136.27 |
| 32        | 527       | G Bartlett     | OH         | 90.33        | 66  | 37  | R Dawkins       | Gue  | 137.30 |
| 33        | 540       | G Hall         | OH         | 91.23        |     |     |                 |      |        |
| 34        | 49        | P Larsson      | ELT        | 91.35        | DNF | 41  | A Frost         | EM   |        |

Note that only clubs with more than one finisher are listed, otherwise the runner is recorded as a guest.