

Dear Milos,

Below are the results of the Runnymede Relays which were held in Windsor Great Park on 6th July 2013. The match took place in very warm and testing conditions. Milocarian AC are congratulated in fielding four well balanced teams and of having two teams in the top ten (5th & 8th). The other two Milos teams also performed well, to be placed in the top 25 (21st & 23rd). 58 relay teams completed the course and there were 174 runners in the long and short distances respectively.

Most notable Milocarian AC performances are:

Milocarian AC Team A	5th Place;
Capt Frazer Alexander	1st Individual over 6 mile distance;
Capt Gemma Jones	2nd Individual Lady runner over 3 mile distance;
Maj Kate Brown	3rd individual Lady runner over 6 mile distance;
Maj Tom Woolley	17th individual over 6 mile distance;

Several of our other Milos runners, were also very well placed.

Runners from RMAS and ULOTC provided excellent support, in this most enjoyable and competitive match.

Well done to all the Milocarian AC runners, on achieving such an encouraging result at this early stage of the season. We look forward eagerly, to the season ahead.

Keep running!
All the best
Paul

Paul French
Match Secretary
Milocarian AC

Runnymede Runners Relay - Saturday 6th July 2013

Team Results

Pos	Team	Time	No
1	Datchet Dashers A	2:23:11	30
2	Sandhurst Joggers A	2:25:44	10
3	Watford Harriers A - Watty Warriors	2:27:40	27
4	Reading Roadrunners A	2:28:44	16
5	Milocarian A	2:30:18	35
6	Bracknell Forest Runners A	2:33:33	43
7	Hart Road Runners Blue	2:37:34	23
8	Milocarian C	2:39:15	37
9	Reading Roadrunners B	2:39:56	17
10	Windle Valley A	2:41:30	39
11	West 4 Harriers A	2:43:06	56
12	Runnymede Runners FM	2:43:48	1
13	Stragglers A	2:44:18	42
14	Watford Harriers B - Dark Horses	2:47:38	28
15	Sandhurst Joggers B	2:48:13	11
16	Hart Road Runners Green	2:50:44	24
17	Reading Roadrunners C	2:53:13	18
18	Watford Harriers D - Wotty Totty	2:54:57	9
19	Bracknell Forest Runners B	2:57:17	44
20	Datchet Dashers B	2:59:31	31
21	Milocarian B	2:59:40	36
22	Datchet Dashers D	3:02:05	33
23	Milocarian D	3:02:48	38

24	Burnham Joggers A	3:03:27	47
25	Datchet Dashers C	3:03:41	32
26	Sandhurst Joggers C	3:05:24	12
27	Windle Valley Ladies	3:07:35	41
28	Watford Harriers C - Allsorts	3:07:57	29
29	Staines Strollers A	3:08:35	34
30	West 4 Harriers B	3:09:53	57
31	Sandhurst Joggers D	3:10:02	13
32	Runnymede Runners FG	3:11:19	2
33	Ealing Eagles	3:12:17	55
34	Hart Road Runners - Red Team	3:14:37	22
35	Runnymede Runners A	3:15:18	3
36	Stragglers B	3:16:06	58
37	Burnham Joggers B	3:16:21	48
38	Reading Roadrunners D	3:16:46	19
39	Blackwater Valley Runners B	3:17:25	54
40	Blackwater Valley Runners A	3:17:25	53
41	Bracknell Forest Runners D	3:17:44	46
42	Windle Valley B	3:18:02	40
43	Runnymede Runners C	3:20:13	5
44	Bracknell Forest Runners C	3:20:27	45
45	Hart Road Runners Yellow	3:22:32	25
46	Cookham Running Club	3:31:28	49
47	Watford Joggers C	3:32:07	52
48	Baldon Rimmers	3:33:24	21
49	Watford Joggers B	3:34:06	51
50	Runnymede Runners E	3:34:09	7
51	Runnymede Runners B	3:34:12	4
52	Watford Joggers A	3:37:44	50
53	Runnymede Runners D	3:42:24	6
54	Sandhurst Joggers E	3:45:06	14
55	Runnymede Runners F	3:51:24	8
56	Sandhurst Joggers F	3:53:20	15
57	Hart Road Runners Purple	4:10:49	26
58	Reading Roadrunners E	4:18:56	20

Runnymede Runners Relay - Saturday 6th July 2013

Individual Results - Long Leg

Pos	No	Team	Name	Gen	Time	Leg
1	35	Milocarian A	Frazer Alexander	M	30:26	1
2	30	Datchet Dashers A	Rob foster	M	30:40	5
3	30	Datchet Dashers A	James Samson	M	30:43	3
4	27	Watford Harriers A - WW	Ben Rochford	M	31:19	3
5	27	Watford Harriers A - WW	Matt Addcock	M	31:21	1
6	10	Sandhurst Joggers A	Ian Gutteridge	M	31:31	3
7	10	Sandhurst Joggers A	Richard Johnson	M	31:56	1
8	23	Hart Road Runners Blue	Steve Grumbrill	M	32:26	3
9	27	Watford Harriers A - WW	Duncan martin	M	32:26	5
10	30	Datchet Dashers A	David Lee	M	32:27	1
11	43	Bracknell Forest Runners A	Ben Dye	M	32:30	5
12	56	West 4 Harriers A	Ciaran Gavin	M	32:32	1
13	42	Stragglers A	Daniel Harris	M	32:45	1
14	39	Windle Valley A	Ali McGeoch-williams	M	32:46	1
15	10	Sandhurst Joggers A	Graham Robinson	M	32:47	5
16	16	Reading Roadrunners A	Lance Nortcliff	M	32:48	1
17	37	Milocarian C	Tom Wooley	M	32:50	3
18	35	Milocarian A	Mr. Jasper	M	32:59	3
19	16	Reading Roadrunners A	Mark Sanders	M	33:20	5
20	43	Bracknell Forest Runners A	Mike Sankes	M	33:34	1
21	28	Watford Harriers B - DH	Nick Harris	M	33:35	1
22	23	Hart Road Runners Blue	Lesley Locks	F	33:41	1
23	24	Hart Road Runners Green	Doug Murray	M	33:42	1
24	35	Milocarian A	Mr Rashen	M	33:50	5
25	38	Milocarian D	George Foster	M	33:57	1

26	17	Reading Roadrunners B	Darryl Plank	M	34:09	5
27	16	Reading Roadrunners A	Andrew Smith	M	34:26	3
28	31	Datchet Dashers B	Garry Mash	M	34:29	1
29	28	Watford Harriers B - Dark Horses	Chris Ellis	M	34:41	3
30	42	Stragglers A	Euan Bond	M	34:42	5
31	56	West 4 Harriers A	Will Sutton	M	35:00	5
32	36	Milocarian B	Nick Wood	M	35:03	1
33	17	Reading Roadrunners B	Paul Roberson	M	35:07	3
34	1	Runnymede Runners F	Mick Scales	M	35:39	1
35	54	Blackwater Valley Runners B	Steve Low	M	35:49	1
36	47	Burnham Joggers A	Tasmin Neale	F	35:50	1
37	37	Milocarian C	O.Cdt Bull	M	35:51	5
38	17	Reading Roadrunners B	David Feuguson	M	35:58	1
39	51	Watford Joggers B	Robin Tremaine	M	35:59	1
40	11	Sandhurst Joggers B	Carl Bradshaw	M	36:00	1
41	44	Bracknell Forest Runners B	Henry S	M	36:01	1
42	33	Datchet Dashers D	Jonathan Davies	M	36:03	1
43	43	Bracknell Forest Runners A	Dave Perret	M	36:05	3
44	9	Watford Harriers D - Wotty Totty	Danielle Sanderson	F	36:11	1
45	18	Reading Roadrunners C	Steve Siddell	M	36:16	3
46	37	Milocarian C	Kate Brown	F	36:28	1
47	47	Burnham Joggers A	Chris Rose	M	36:29	3
48	1	Runnymede Runners FM	Nick Metcalfe	M	37:00	3
49	36	Milocarian B	Leo Westland	M	37:13	5
50	13	Sandhurst Joggers D	Dan Soje	M	37:14	3
51	48	Burnham Joggers B	James Quncy	M	37:22	5
52	1	Runnymede Runners FM	Mike Salter	M	37:23	5
53	3	Runnymede Runners A	Dave Truepenny	M	37:28	3
54	39	Windle Valley A	Mike Hewison	M	37:33	5
55	41	Windle Valley Ladies	Jenny Livesey	F	37:51	1
56	32	Datchet Dashers C	Guy Grewel	M	37:53	1
57	11	Sandhurst Joggers B	Dick Newman	M	37:56	5
58	11	Sandhurst Joggers B	Paul Biggs	M	38:17	3
59	32	Datchet Dashers C	Chris Hunt	M	38:20	5
60	23	Hart Road Runners Blue	Keith Rosser	M	38:29	5
61	39	Windle Valley A	Miles Cudmore	M	38:34	3
62	52	Watford Joggers C	Marcus Edwards	M	38:41	3
63	42	Stragglers A	Nigel Rothwell	M	38:45	3
64	6	Runnymede Runners D	Keiron Herriot	M	39:04	3
65	56	West 4 Harriers A	Garry Robinson	M	39:04	3
66	7	Runnymede Runners E	Geoff Ponter	M	39:15	1
67	34	Staines Strollers A	Kevin Broad	M	39:18	3
68	58	Stragglers B	Simon Webb	M	39:20	3
69	40	Windle Valley B	Keith Hull	M	39:28	3
70	18	Reading Roadrunners C	Tony Page	M	39:29	5
71	9	Watford Harriers D - Wotty Totty	Moria Gatt	F	39:34	3
72	28	Watford Harriers B - Dark Horses	Graham Mayott	M	39:44	5
73	44	Bracknell Forest Runners B	Joanna W	F	39:46	3
74	6	Runnymede Runners D	Alan Cowper	M	39:49	1
75	48	Burnham Joggers B	Adam Carson	M	39:51	1
76	33	Datchet Dashers D	Adam Stallwood	M	39:55	3
77	29	Watford Harriers C - Allsorts	Steve Daniels	M	39:58	1
78	29	Watford Harriers C - Allsorts	Richard Foskett	M	40:02	3
79	57	West 4 Harriers B	Jon Scott-Francis	M	40:04	1
80	31	Datchet Dashers B	David Priddy	M	40:09	5
81	58	Stragglers B	Dave Griffiths	M	40:19	1
82	55	Ealing Eagles	Martin White	M	40:26	1
83	41	Windle Valley Ladies	Laura Hales	F	40:28	3
84	18	Reading Roadrunners C	Paul Monaghan	M	40:31	1
85	49	Cookham Running Club	Bridget King	F	40:32	5
86	2	Runnymede Runners FG	Jenni Ball	F	40:37	1
87	36	Milocarian B	Thomas Miller	M	40:37	3
88	5	Runnymede Runners C	Steve Brown	M	40:41	3
89	31	Datchet Dashers B	Ian Spencer	M	40:41	3
90	24	Hart Road Runners Green	Tim Pearce	M	40:45	5
91	47	Burnham Joggers A	Nick Cole	M	40:59	5

92	3	Runnymede Runners A	Tony Casey	M	41:03	5
93	2	Runnymede Runners FG	Jean Knapp	F	41:08	5
94	15	Sandhurst Joggers F	Newton Johnstone	M	41:08	5
95	55	Ealing Eagles	Piers Keenleyside	M	41:10	5
96	33	Datchet Dashers D	Jez Alsop	M	41:11	5
97	24	Hart Road Runners Green	Darren Stafford	M	41:12	3
98	9	Watford Harriers D - Wotty Totty	Caroline Whittaker	F	41:14	5
99	44	Bracknell Forest Runners B	Al Street	M	41:15	5
100	12	Sandhurst Joggers C	Michael Freat	M	41:21	5
101	13	Sandhurst Joggers D	Mark Duckworth	M	41:22	1
102	22	Hart Road Runners - Red Team	Riuth Riggs	F	41:22	3
103	12	Sandhurst Joggers C	Nikki Stanley	F	41:26	3
104	34	Staines Strollers A	Pete Beckly	M	41:27	1
105	34	Staines Strollers A	Mandy Rucks	F	41:42	5
106	14	Sandhurst Joggers E	Richard McCready	M	41:42	1
107	55	Ealing Eagles	Andy Williamson	M	41:49	3
108	29	Watford Harriers C - Allsorts	Martin Grimsdale	M	41:51	5
109	57	West 4 Harriers B	Jason Drake	M	41:56	5
110	3	Runnymede Runners A	Colin Revie	M	42:05	1
111	2	Runnymede Runners FG	Sally Stubbs	F	42:07	3
112	45	Bracknell Forest Runners C	Sarah W	F	42:13	1
113	19	Reading Roadrunners D	Susie Rees	F	42:18	1
114	49	Cookham Running Club	Peta Bea	F	42:19	1
115	38	Milocarian D	Luke John Stunt	M	42:19	3
116	50	Watford Joggers A	Linsey Warren	F	42:25	1
117	4	Runnymede Runners B	Neil Buchan	M	42:31	3
118	40	Windle Valley B	Geoff Williams	M	42:40	5
119	22	Hart Road Runners - Red Team	Greg Allan	M	42:52	1
120	32	Datchet Dashers C	Cat Lees	F	42:58	3
121	41	Windle Valley Ladies	Jo Oberkerdell	F	42:58	5
122	50	Watford Joggers A	Andy Dean	M	43:01	5
123	12	Sandhurst Joggers C	Lisa Hale	F	43:03	1
124	57	West 4 Harriers B	Keith Simpson	M	43:06	3
125	53	Blackwater Valley Runners A	Will Ford	M	43:15	5
126	51	Watford Joggers B	Joshua Worthington	M	43:16	3
127	19	Reading Roadrunners D	Jim Kiddie	M	43:23	3
128	8	Runnymede Runners F	Richard Johnson	M	43:25	5
129	21	Baldon Riners	Iain Downton	M	43:28	1
130	14	Sandhurst Joggers E	Chris Trott	M	43:34	3
131	4	Runnymede Runners B	Leigh Walllis	M	43:47	1
132	53	Blackwater Valley Runners A	Kevin Finlayson	M	44:04	3
133	46	Bracknell Forest Runners D	Nigel C	M	44:19	1
134	54	Blackwater Valley Runners B	Sam Henning	M	44:29	3
135	25	Hart Road Runners Yellow	Hellen Hart	F	44:33	1
136	53	Blackwater Valley Runners A	John Cassell	M	44:36	1
137	52	Watford Joggers C	Linda McQuaid	F	44:38	1
138	5	Runnymede Runners C	Lynn Stevens	F	44:41	5
139	22	Hart Road Runners - Red Team	Simon Collen	M	44:41	5
140	25	Hart Road Runners Yellow	Caroline Leppard	F	44:43	5
141	8	Runnymede Runners F	Peter Matthews	M	44:51	1
142	45	Bracknell Forest Runners C	Dave Bayle	M	44:54	3
143	38	Milocarian D	Will Wood	M	45:13	5
144	25	Hart Road Runners Yellow	Louise Apsey	F	45:14	3
145	21	Baldon Riners	John Dodd	M	45:33	5
146	5	Runnymede Runners C	Johnathan Arundale	M	45:35	1
147	48	Burnham Joggers B	Lucy Bartlette	F	45:46	3
148	7	Runnymede Runners E	Mandy Leach	F	46:33	5
149	13	Sandhurst Joggers D	Royston Crandleigh	M	46:48	5
150	54	Blackwater Valley Runners B	Andrew Statham	M	46:50	5
151	19	Reading Roadrunners D	Tony Streems	M	47:13	5
152	40	Windle Valley B	Kevin Pedley	M	47:41	1
153	45	Bracknell Forest Runners C	Ms Peenak	F	47:47	5
154	46	Bracknell Forest Runners D	Sam C	M	47:49	3
155	46	Bracknell Forest Runners D	Kirstie	F	47:59	5
156	20	Reading Roadrunners E	Peter Higgs	M	48:24	1
157	4	Runnymede Runners B	Martin Keegan	M	48:51	5

158	58	Stragglers B	Lynda Chase	F	49:26	5
159	15	Sandhurst Joggers F	Gareth Horton	M	49:27	3
160	26	Hart Road Runners Purple	Brian Chamberlain	M	49:41	1
161	26	Hart Road Runners Purple	Heather Allen	F	49:51	5
162	7	Runnymede Runners E	Annette Herold	F	50:00	3
163	49	Cookham Running Club	Jerry Cooper	M	50:00	3
164	8	Runnymede Runners F	Steve Jones	M	50:02	3
165	15	Sandhurst Joggers F	Greg Ward	M	50:57	1
166	21	Baldon Ringers	Sara McDougall-Ian	M	51:22	3
167	52	Watford Joggers C	Kathryn Duffy	F	54:50	5
168	6	Runnymede Runners D	Nicky Mathews	F	54:58	5
169	20	Reading Roadrunners E	Irene Limeng	F	56:31	5
170	14	Sandhurst Joggers E	Jon Curham	M	58:01	5
171	50	Watford Joggers A	John Henke	M	59:53	3
172	20	Reading Roadrunners E	Richard Hammerson	M	1:01:41	3
173	51	Watford Joggers B	Angela Edwards	F	1:07:07	5
174	26	Hart Road Runners Purple	Nicola Stevens	F	1:09:40	3

Runnymede Runners Relay - Saturday 6th July 2013

Individual Results - Short Leg

Pos	No	Team	Name	Gen	Time	Leg
1	16	Reading Roadrunners A	David McCoy	M	15:36	6
2	43	Bracknell Forest Runners A	Steven Babi	M	15:56	6
3	10	Sandhurst Joggers A	James Ratcliffe	M	16:02	6
4	30	Datchet Dashers A	Giuseppe Rivelli	M	16:02	4
5	30	Datchet Dashers A	Philip Jones	M	16:14	6
6	16	Reading Roadrunners A	Pete Jewel	M	16:15	2
7	16	Reading Roadrunners A	Alex Harris	M	16:19	4
8	10	Sandhurst Joggers A	Sean Smith	M	16:28	4
9	39	Windle Valley A	Peter Manmion	M	16:29	2
10	56	West 4 Harriers A	Anna Critchlow	F	16:40	2
11	42	Stragglers A	Simon Brazil	M	16:43	2
12	24	Hart Road Runners Green	Steve Gumbrell	M	16:43	6
13	35	Milocarian A	Gemma Jones	F	16:55	2
14	10	Sandhurst Joggers A	Dave Breslin	M	17:00	2
15	30	Datchet Dashers A	Paul Woolley	M	17:05	2
16	18	Reading Roadrunners C	Ian Giggs	M	17:15	2
17	27	Watford Harriers A - Watty Warriors	Paul Ruttly	M	17:28	6
18	1	Runnymede Runners FM	Joe Regan	M	17:30	2
19	27	Watford Harriers A - Watty Warriors	Cory Keane	M	17:32	2
20	43	Bracknell Forest Runners A	Becky Atkinson	F	17:32	4
21	23	Hart Road Runners Blue	Darren Wood	M	17:33	6
22	27	Watford Harriers A - Watty Warriors	Tim Burkett	M	17:34	4
23	17	Reading Roadrunners B	Melvin Silvey	M	17:37	4
24	23	Hart Road Runners Blue	Ged Ruffle	M	17:38	2
25	17	Reading Roadrunners B	Carrie Hoskins	F	17:40	6
26	37	Milocarian C	O.Cdt Robert	M	17:42	6
27	23	Hart Road Runners Blue	Grahame Smee	M	17:47	4
28	1	Runnymede Runners FM	Paul Whitcombe	M	17:50	6
29	11	Sandhurst Joggers B	John Tzanetis	M	17:54	4
30	37	Milocarian C	Ian Ward	F	17:55	2
31	43	Bracknell Forest Runners A	Jon Errington	M	17:56	2
32	39	Windle Valley A	Rob Batchelor	M	17:57	4
33	24	Hart Road Runners Green	Andy Williams	M	18:04	2
34	35	Milocarian A	Mr Gorwood	M	18:04	6
35	35	Milocarian A	Ms Hall	F	18:04	4
36	39	Windle Valley A	Steven Handley	M	18:11	6
37	9	Watford Harriers D - Wotty Totty	Angie Malford	F	18:22	6
38	46	Bracknell Forest Runners D	Matt J	M	18:24	6
39	1	Runnymede Runners FM	Steve Williams	M	18:26	4
40	37	Milocarian C	Officer Cadet O'Connell	M	18:29	4
41	42	Stragglers A	Alan Mawdeslon	M	18:30	6
42	29	Watford Harriers C - Allsorts	Stewart Dearman	M	18:37	4
43	47	Burnham Joggers A	Dominic Birchett	M	18:47	2

44	9	Watford Harriers D - Wotty Totty	Chloe Dearman	F	18:56	4
45	51	Watford Joggers B	Marcus Watford	M	18:56	6
46	3	Runnymede Runners A	Neil Mitchell	M	18:59	4
47	11	Sandhurst Joggers B	George Green	M	19:03	6
48	11	Sandhurst Joggers B	Alan Kirby	M	19:03	2
49	53	Blackwater Valley Runners A	Andy Ratcliffe	M	19:08	4
50	28	Watford Harriers B - Dark Horses	Maurice Keane	M	19:10	4
51	34	Staines Strollers A	Bob S	M	19:14	2
52	46	Bracknell Forest Runners D	Brian W	M	19:16	4
53	31	Datchet Dashers B	Dereck Sprenger	M	19:20	2
54	17	Reading Roadrunners B	Lesley Whiley	F	19:25	2
55	45	Bracknell Forest Runners C	George Mop	M	19:29	2
56	13	Sandhurst Joggers D	Amy Ratcliffe	F	19:32	6
57	58	Stragglers B	Phil Davies	M	19:34	6
58	12	Sandhurst Joggers C	Dave O'Toole	M	19:35	2
59	44	Bracknell Forest Runners B	Gary G	M	19:36	2
60	18	Reading Roadrunners C	Aaron Chai	M	19:38	6
61	28	Watford Harriers B - Dark Horses	Paul Iling	M	19:40	2
62	41	Windle Valley Ladies	Wendy cudmore	F	19:41	2
63	56	West 4 Harriers A	Rose Lewis	F	19:42	4
64	48	Burnham Joggers B	Dave Appleby	M	19:44	2
65	13	Sandhurst Joggers D	James Casey	M	19:53	4
66	29	Watford Harriers C - Allsorts	Tim Cory	M	19:54	6
67	12	Sandhurst Joggers C	Chris Lambourn	M	19:57	6
68	46	Bracknell Forest Runners D	Deke P	M	19:57	2
69	21	Baldon Ridders	Tom Dodd	M	19:59	6
70	12	Sandhurst Joggers C	Sam McCready	M	20:02	4
71	44	Bracknell Forest Runners B	Steve Black	M	20:02	6
72	18	Reading Roadrunners C	Alix Ieyles	F	20:04	4
73	56	West 4 Harriers A	Louise Clark	F	20:08	6
74	19	Reading Roadrunners D	Richard Morgan	M	20:10	6
75	54	Blackwater Valley Runners B	Ed Stewart	M	20:16	6
76	38	Milocarian D	Luke Beardsley	M	20:16	4
77	24	Hart Road Runners Green	Angel Austin	F	20:18	4
78	38	Milocarian D	Fatima Islam	F	20:19	2
79	22	Hart Road Runners - Red Team	Tony Cousins	M	20:25	6
80	32	Datchet Dashers C	Clara Trant	F	20:27	6
81	14	Sandhurst Joggers E	John Wright	M	20:28	4
82	57	West 4 Harriers B	Alison Brownhill	F	20:29	6
83	54	Blackwater Valley Runners B	Patrick Lines	M	20:33	4
84	44	Bracknell Forest Runners B	Helen J	F	20:37	4
85	9	Watford Harriers D - Wotty Totty	Catherine Twoney	F	20:40	2
86	38	Milocarian D	James Farrington	M	20:44	6
87	33	Datchet Dashers D	Nina Smith	F	20:45	2
88	28	Watford Harriers B - Dark Horses	Simon Pearson	M	20:48	6
89	40	Windle Valley B	Andrews Scowcroft	M	20:57	6
90	22	Hart Road Runners - Red Team	Simon Rimmer	M	21:04	4
91	53	Blackwater Valley Runners A	John Best	M	21:04	6
92	33	Datchet Dashers D	Charlotte Glazzard	F	21:04	6
93	50	Watford Joggers A	Panos Fellas	M	21:07	6
94	2	Runnymede Runners FG	Karen Roake	F	21:09	4
95	41	Windle Valley Ladies	Dee Green	F	21:10	6
96	21	Baldon Ridders	Tom Saw	M	21:17	4
97	51	Watford Joggers B	Rustin Watford	M	21:18	2
98	34	Staines Strollers A	Michelle Ryder	F	21:18	6
99	32	Datchet Dashers C	Graeme Castle	M	21:19	2
100	55	Ealing Eagles	Nanda Griffieon	F	21:29	4
101	19	Reading Roadrunners D	Sarah Pachonick	F	21:30	2
102	55	Ealing Eagles	Emily Schmidt	F	21:32	6
103	40	Windle Valley B	Nathan Green	M	21:35	4
104	36	Milocarian B	Kathy Leach	F	21:49	2
105	57	West 4 Harriers B	Jen Kingwill	F	21:52	2
106	47	Burnham Joggers A	Alison Coonin	F	21:54	6
107	25	Hart Road Runners Yellow	Laurence Hart	M	21:56	2
108	5	Runnymede Runners C	Mia	F	21:57	4
109	36	Milocarian B	Holly Ramsem	F	22:01	4

110	31	Datchet Dashers B	Mike May	M	22:07	6
111	3	Runnymede Runners A	Keith Batten	M	22:09	6
112	25	Hart Road Runners Yellow	Matt Wright	M	22:11	4
113	19	Reading Roadrunners D	Claire Seymor	F	22:12	4
114	57	West 4 Harriers B	Steve Jessop	M	22:26	4
115	45	Bracknell Forest Runners C	Ms Deniser	F	22:28	4
116	52	Watford Joggers C	Rustin Khedcar	M	22:29	6
117	2	Runnymede Runners FG	Jenny Lagios	F	22:30	2
118	58	Stragglers B	Jim Gell	M	22:38	2
119	32	Datchet Dashers C	Bella Shah	F	22:44	4
120	31	Datchet Dashers B	Nneka Okonta	F	22:45	4
121	5	Runnymede Runners C	Allie Butler	F	22:50	6
122	42	Stragglers A	Helen Nance	F	22:53	4
123	36	Milocarian B	Clara Barber	F	22:57	6
124	33	Datchet Dashers D	Nicola Stallwood	F	23:07	4
125	7	Runnymede Runners E	Lydia Dobie	F	23:30	2
126	45	Bracknell Forest Runners C	Rebecca D	F	23:36	6
127	4	Runnymede Runners B	John Paton	M	23:37	6
128	2	Runnymede Runners FG	Helle Jersild	F	23:48	6
129	4	Runnymede Runners B	Bob Bannister	M	23:55	2
130	25	Hart Road Runners Yellow	Hayley Ford	F	23:55	6
131	49	Cookham Running Club	Kelli Dickinson	F	24:13	2
132	22	Hart Road Runners - Red Team	Mel Kirk	F	24:13	2
133	48	Burnham Joggers B	Helen Sucksmith	F	24:20	4
134	5	Runnymede Runners C	Bill Larman	M	24:29	2
135	58	Stragglers B	Merran Sell	M	24:49	4
136	52	Watford Joggers C	Douglas McQuaid	M	25:05	2
137	13	Sandhurst Joggers D	Caroline Cutcliffe	F	25:13	2
138	49	Cookham Running Club	Sue Gauld	F	25:16	4
139	53	Blackwater Valley Runners A	John Orell	M	25:18	2
140	41	Windle Valley Ladies	Lisa Norman	F	25:27	4
141	50	Watford Joggers A	Ann Farrell	F	25:31	4
142	34	Staines Strollers A	Kate Broad	F	25:36	4
143	40	Windle Valley B	Nigel Williams	M	25:41	2
144	50	Watford Joggers A	Katerina Fellas	F	25:47	2
145	26	Hart Road Runners Purple	Rebecca Lloyd	F	25:50	6
146	55	Ealing Eagles	Lisa Emerson	F	25:51	2
147	8	Runnymede Runners F	Haley Stone	F	26:06	2
148	7	Runnymede Runners E	Jason Stubbs	M	26:08	6
149	15	Sandhurst Joggers F	Elin Loftesmer	F	26:16	4
150	52	Watford Joggers C	Natalie Smith	F	26:24	4
151	26	Hart Road Runners Purple	Howard Robinson	M	27:08	4
152	51	Watford Joggers B	Andy Lord	M	27:30	4
153	29	Watford Harriers C - Allsorts	Christine Dearman	F	27:35	2
154	20	Reading Roadrunners E	Linda Wright	F	28:31	2
155	6	Runnymede Runners D	Kathryn Paul	F	28:35	2
156	6	Runnymede Runners D	Richard Greed	M	28:36	6
157	26	Hart Road Runners Purple	Kevin Vilke	M	28:39	2
158	7	Runnymede Runners E	Caroline Russell	F	28:43	4
159	49	Cookham Running Club	Hellen Phillips	F	29:08	6
160	48	Burnham Joggers B	Martine Thompson	F	29:18	6
161	54	Blackwater Valley Runners B	John Hogg	M	29:28	2
162	47	Burnham Joggers A	Jo Quincy	F	29:28	4
163	15	Sandhurst Joggers F	Nicola Vince	F	29:32	2
164	14	Sandhurst Joggers E	Emma Lewis	F	30:20	6
165	14	Sandhurst Joggers E	Janet Foran	F	31:01	2
166	6	Runnymede Runners D	Alan Ewbank	M	31:22	4
167	4	Runnymede Runners B	Carol Paton	F	31:31	4
168	20	Reading Roadrunners E	Jane Silvey	F	31:43	4
169	21	Baldon Ringers	Janet Bufford	F	31:45	2
170	20	Reading Roadrunners E	Lucy Perrin	F	32:06	6
171	8	Runnymede Runners F	Louise Hickey	F	32:46	6
172	3	Runnymede Runners A	Julia Wallis	F	33:34	2
173	8	Runnymede Runners F	Derek McCausland	M	34:14	4
174	15	Sandhurst Joggers F	Kirstin Johnson	F	36:00	6