

Hello Milos,

Below are the results of the match which took place on Sat 23 Jan 2016 in Richmond Park. The match was hosted by Bank of England AC. Although wet under foot, the race, took place in mild and good conditions. The race was run over an undulating course of some four and a half miles. RMAS runners were not available for this race however the team was delighted to welcome four members of ULOTC who were running for Milocarian AC for the first time. The Milos team packed well filling 10,12,13 and 14 places in the field of more than 100 runners. Nick Bennett is congratulated in finishing 10th in this large and strong field. Of the seven London based clubs taking part, Milocarian AC achieved a very solid third place. Well done to all our team members.

The support of our President, Maj Gen Keith Spacie and Milos Member, Brig Tony Ling, at the above event, was again greatly appreciated.

Paul French



**Photographs from the Start by Paul French**

**Bank of England Athletic Club Cross Country at Richmond Park Result Sheet**

**Bank of England Vs Ranelagh Vs Dulwich Park Runners Vs Milocarrians Vs K&P  
Vs Hercules/Wimbledon Vs Ealing Vs Elmbridge Vs TH&H**

**At Roehampton on 23rd January 2016 over 4.9 miles, 14 30 start  
10 & 3 runners to score**

<b>Position</b>	<b>No</b>	<b>Name:</b>	<b>Time</b>	<b>BoE</b>	<b>THH</b>	<b>RAN</b>	<b>H/W</b>	<b>K &amp; P</b>	<b>Milos</b>	<b>Elmb</b>	<b>D.P.R</b>	<b>Ealing</b>
1	104	Alan Barnes	25 20	1								
2	156	R McDowell	26 12				2					
3	158	R Tuer	27 27				3					
4	278	P Killingley	27 32			4						
5	279	J Nungouan	27 47			5						
6	160	P Collins	27 52				6					
7	273	N Twomey	27 57			7						
8	153	C Rye	28 09		8							
9	269	L Candall	28 25			9						
10	216	N Bennatt	28 33						10			
11	163	P Lee	28 40				11					
12	212	N Wood	28 58						12			
13	207	T Rann	29 15						13			
14	213	F Keating	29 27						14			
15	154	A Mackula	29 35		15							
16	128	M Hyett	29 38					16				
17	115	S Raj	29 40									17
18	112	M Delahunty	30 13									18
19	148	J Chang	30 19		19							
20	214	R Poole	30 24						20			
21	161	L Jeffs	30 27				21					
22	210	D Collis	30 31						22			
23	222	S Creeley	30 33						23			
24	271	E Smith	30 47			24						
25	276	S Anderson	30 50			25						
26	117	F Hagell	31 10				26					
27	157	S Woodley	31 22				27					
28	292	W Simpson	31 29								28	
29	164	M Livingstone	31 30				29					
30	101	T Garland	31 31	30								
31	152	O Broderick-Ward	32 01		31							
32	124	J Forde	32 11				32					





**Bank of England Athletic Club Cross Country Result Sheet**  
**10 to score**

<b>Position:</b>	<b>Club:</b>	<b>Points:</b>	<b>Total:</b>
<b>1st</b>	<b>HERCULES WIMBLEDON</b>	<b>2,3,6,11,21,26,27,29,32 36</b>	<b>193</b>
<b>2nd</b>	<b>RANELAGH</b>	<b>4,5,7,9,24,25,35,41,49,53.</b>	<b>252</b>
<b>3rd</b>	<b>MILOCARIANS</b>	<b>10,12,13,14,20,22,23,43,52,60</b>	<b>269</b>
<b>4th</b>	<b>T.H.H.</b>	<b>8,15,19,31,42,44,59,81,88,93,</b>	<b>480</b>
<b>5th</b>	<b>EALING</b>	<b>17,18,34,37,48,50,66,68,74,87</b>	<b>499</b>
<b>6th</b>	<b>ELMBRIDGE</b>	<b>33,46,51, 56,61,62,63,66,71,77</b>	<b>576</b>
<b>7th</b>	<b>D.P.R.</b>	<b>28,55,57,64,70,83,85,86,97,98</b>	<b>723</b>

**3 TO SCORE**

<b>1st</b>	<b>HERCULES WIMBLEDON</b>	<b>2,3,6,</b>	<b>11</b>
<b>2nd</b>	<b>RANELAGH</b>	<b>4,5,7,</b>	<b>16</b>
<b>3rd</b>	<b>MILOCARIANS</b>	<b>10 ,12,13.</b>	<b>35</b>
<b>4th</b>	<b>T.H.H.</b>	<b>8,15,19.</b>	<b>42</b>
<b>5th</b>	<b>EALING</b>	<b>17,18,34</b>	<b>69</b>
<b>6th</b>	<b>BANK OF ENGLAND</b>	<b>1,30,47</b>	<b>78</b>
<b>7th</b>	<b>ELMBRIDGE</b>	<b>33,46,51.</b>	<b>130</b>
<b>8th</b>	<b>D.P.R.</b>	<b>28,55,57</b>	<b>140</b>
<b>9th</b>	<b>K &amp; P</b>	<b>16, 58,90</b>	<b>164</b>