

Milocarian AC had a good turn out of fourteen members; five of our runners were from ULOTC. It is understood that ULOTC plan to enter a team for the Army Cross Country Championships on 17th January 2018. This is good news.

The race was run in fine but cold conditions over an undulating two circuit course of five miles. The match included a good quality field of more than 100 runners, in which Hercules AC were most prominent. Milocarian AC again packed very well with Six of our runners being placed between places 13 and 23. Philip Bray is congratulated in being the leading runner of this tight group. 2Lt Kate Olding of ULOTC, who was running for Milos for the first time, is also congratulated on being awarded a prize as the 2nd Lady to finish. Well done to all our Milocarian AC runners for another good and encouraging team performance.

Our next match is on the 20th January 2018 in Richmond Park hosted by Bank AC. It is understood that TH&H AC will also be running.'

Paul French

Hercules Wimbledon Interclub XC + East Surrey League
Saturday 9th December 2017
Senior race ~ 5 miles

Pos.	Number	Name	Club	Age cat.	Time
1	13	Jonathan Cornish	Hercules Wimbledon	SM	26.03
2	23	Andy Greenleaf	Serpentine	SM	26.35
3	14	Dan Gaffney	South London	SM	27.04
4	41	Belal Ahmed	Hercules Wimbledon	SM	27.31
5	201	Ollie Garrod	Epsom and Ewell	SM	27.37
6	169	Andrew Clarke	Herne Hill	SM	28.04
7	167	Jeff Cunningham	Herne Hill	SM	28.33
8	8	Finn Johnson	Hercules Wimbledon	SM	28.35
9	28	Joe Toomey	Hercules Wimbledon	SM	28.46
10	36	Neil Fraser	Hercules Wimbledon	SM	29.06
11	174	Bryn Reynolds	Herne Hill	SM	29.10
12	202	Dave Halloway	Epsom and Ewell	SM	29.21
13	111	Philip Bray	Milocarian AC	SM	29.26
14	35	David Lewin	Hercules Wimbledon	SM	29.27
15	106	Toby Payne	Milocarian AC	SM	29.29
16	110	Hamish Waring	Milocarian AC	SM	29.31
17	2	Henry Silverstein	Hercules Wimbledon	M17	29.51
18	203	Alex Gurteen	Epsom and Ewell	M20	30.40
19	170	Chris de Mauny	Herne Hill	SM	30.46
20	107	George Roberts	Milocarian AC	SM	31.01
21	30	Peter Collins	Hercules Wimbledon	M40	31.02
22	108	Henry Fowler	Milocarian AC	SM	31.17
23	109	Richard Adamson	Milocarian AC	SM	31.27
24	22	Adam Harwood	Hercules Wimbledon	SM	31.30
25	182	Stuart Flack	Epsom and Ewell	M40	31.36
26	40	Matthew Prisk	Exeter Harriers	SM	31.47
27	26	Felix Allen	Hercules Wimbledon	M40	31.48
28	103	Nick Barnett Johnson	Milocarian AC	SM	31.49
29	151	Lisa Harris	Croydon Harriers	SW	32.08
30	102	Matthew Nunn	Milocarian AC	SM	32.10

31	29	John Bull	Thames Hare and Hounds	SM	32.18
32	227	Matthew Stone	Striders of Croydon	M50	32.24
33	91	Mark Constantinou	Collingwood	M50	32.31
34	113	Felix Keating	Milocarian AC	SM	32.38
35	192	Matthew Houghton	Epsom and Ewell	M20	32.48
36	94	Antony Constantinou	Collingwood	M50	32.55
37	191	Pete Dunbar	Epsom and Ewell	M40	33.00
38	104	Katie Olding	Milocarian AC	SW	33.07
39	222	Krzysztof Klidzia	Striders of Croydon	M50	33.18
40	208	James Thomas	Epsom and Ewell	M40	33.26
41	221	Andy Perks	Striders of Croydon	M40	33.30
42	33	Simon Woodley	Hercules Wimbledon	M40	33.37
43	25	Knut Hegvold	Hercules Wimbledon	M50	33.54
44	128	James Moore	Croydon Harriers	M40	34.07
45	245	Victoria Carter	Veterans	W40	34.11
46	12	Mark Livingstone	Hercules Wimbledon	M50	34.23
47	38	Stewart Bond	Hercules Wimbledon	M40	34.31
48	5	Tom Cheetham	Hercules Wimbledon	M50	34.38
49	126	Colin Oxlade	Croydon Harriers	M50	34.47
50	93	Debbie Jackson	Collingwood	W40	34.50
51	39	Charles Hampdon-Smith	Hercules Wimble.	M50	35.20
52	136	Dan Barnes	Croydon Harriers	SM	35.24
53	101	Dan Collis	Milocarian AC	SM	35.29
54	149	Andy Del Nevo	Croydon Harriers	M50	35.30
55	244	Ola Balme	Veterans	W50	35.31
56	112	Celia Waring	Milocarian AC	SW	35.33
57	15	James Runnicles	Hercules Wimbledon	M40	35.43
58	34	Ben Revill	Hercules Wimbledon	M40	35.48
59	166	John Foxall	Herne Hill	SM	35.51
60	217	Chris Morton	Striders of Croydon	M50	35.53
61	220	Julian Spencer Wood	Striders of Croydon	M60	35.55
62	37	Victor Ray	Hercules Wimbledon	M40	36.02
63	27	Lisa Thomas	Hercules Wimbledon	W50	36.06
64	247	Lucy Woolhouse	Veterans	W50	36.09
65	24	Richard Clark	Hercules Wimbledon	M60	36.18
66	218	John O'Mahony	Striders of Croydon	SM	36.47
67	292	Richard Adams	Lingfield	SM	36.51
68	172	Tony Harran	Herne Hill	M50	37.44
69	31	Chris Raveney	London City Runners	SM	37.48
70	132	Murray Gordon	Croydon Harriers	SM	37.56
71	146	Matthew Kiernan	Croydon Harriers	SM	37.58
72	185	Jeff Butler	Epsom and Ewell	M50	38.00
73	171	Duncan Rimmer	Herne Hill	M40	38.12
74	193	Alan Bates	Epsom and Ewell	M50	38.16
75	173	Evie McDermott	Herne Hill	SW	38.28
76	228	James Buree	Striders of Croydon	SM	38.44
77	219	SunjayBhogal	Striders of Croydon	M40	38.50
78	294	George English	Lingfield	M60	39.08
79	194	Vanda Caulfield	Epsom and Ewell	W50	39.23
80	246	Mike Mann	Veterans	M60	39.28
81	42	Adam Fenton	Hercules Wimbledon	M50	39.31

82	209	Ralph Baylis	Epsom and Ewell	M50	39.33
83	241	Patricia Thomas	Veterans	W50	39.37
84	105	Jo Wood	Milocarlian AC	SW	39.48
85	242	Maggie Statham	Veterans	W60	39.52
86	229	Gerry Crispie	Striders of Croydon	M50	40.04
87	195	Gerry Smith	Epsom and Ewell	M60	40.37
88	127	Keith Brown	Croydon Harriers	M60	40.39
89	204	Gareth George	Epsom and Ewell	M40	41.03
90	32	Amelia Ashton-Jones	Wimbledon Windmilers	W40	41.28
91	216	Selena Wong	Striders of Croydon	SW	41.40
92	130	Miriam De Souza	Croydon Harriers	W40	42.49
93	16	Suzie Alway	Hercules Wimbledon	SW	43.07
94	243	Ian Strong	Veterans	M50	43.26
95	291	David Nottidge	Lingfield	M60	43.56
96	131	Peter Howes	Croydon Harriers	M60	44.18
97	150	Jules Williams	Croydon Harriers	W40	45.07
98	168	Sarah Allen	Herne Hill	W50	46.14
99	293	Aaron Perrott	Lingfield	SM	46.33
100	184	Tina Woods	Epsom and Ewell	W50	46.46
101	129	Norman Hemming	Croydon Harriers	M60	48.08
102	140	Richard Hooper	Croydon Harriers	M40	51.28
103	92	Rosa Constantinou	Collingwood	W40	53.41
104	248	Ann Bath	Veterans	W60	54.15

Team scores with only 4 to count:

Men	1	2	3	4	Total
Hercules Wimbledon	1	4	8	9	22
Herne Hill	6	7	11	19	43
Epsom and Ewell	5	12	18	25	60
Hercules Wimbledon B	10	14	17	21	62
Milocarlian AC	13	15	16	20	64
Milocarlian AC B	22	23	28	29	102
Hercules Wimbledon C	24	27	40	41	132
Striders of Croydon	31	37	39	54	161
Epsom and Ewell B	34	36	38	64	172
Hercules Wimbledon D	43	44	45	47	179
Croydon	42	46	48	50	186
Hercules Wimbledon E	51	52	56	57	216
Striders of Croydon B	55	58	67	68	248
Croydon B	62	63	75	79	279
Lingfield	59	69	78	80	286
Epsom and Ewell C	66	72	74	76	288

Hypothetically - Team scores with 6 to count:

Men	1	2	3	4	5	6	Total
Hercules Wimbledon	1	4	8	9	10	14	46
Milocarlian AC	13	15	16	20	22	23	109
Epsom and Ewell	5	12	18	25	66	72	198
Striders of Croydon	31	37	39	54	55	58	274
Croydon	42	46	48	50	62	63	351



The Start



Prize Winner

Congratulations to Kate Olding on her 2nd place in the Ladies event