

Another race, not included in our fixtures this year, was the British Airways Cross Country Championships, which are held on a Sunday and Milocarian AC runners have been known to take part – Congratulations to Nick Bennett and Matthew Nun for excellent runs finishing 2<sup>nd</sup> and 3<sup>rd</sup>. I have not included the Ladies as they have been extracted out from the results. (Report, photographs and results from the BA Web Site)



### **BAAC Cross Country Championships 2018 - January 28th Cranford Park**

A good turnout with 17 from British Airways AC and guests of four from Woking AC, two from Shepperton and two from Milocarian AC. The men raced over three laps. The ladies raced over two laps, with an optional third to prepare them for the day when cross country race distances are equalised. The two and three lap courses were measured (by runner's GPS watches) at 2.88 miles (4.6k) and 4.28 miles (6.9k) respectively.

1	Paul Knechtl	British Airways AC	M	00:27:29	BA Club Champion, 1st finisher
2	Nick Bennett	Milocarian AC	M	00:28:13	2nd male finisher
3	Matthew Nun	Milocarian AC	M	00:28:29	3rd male finisher
4	John Taylor	British Airways AC	M	00:29:31	
5	Mark Taylor	British Airways AC	M	00:31:36	
6	Gary Rushmer	British Airways AC	M	00:32:08	
7	Mike Waine	Woking	M	00:32:14	
8	Ian Cunningham	British Airways AC	M	00:33:35	
9	Scott Davidson	British Airways AC	M	00:36:56	
10	Luke Smith	British Airways AC	M	00:37:14	
11	Graham Taylor	British Airways AC	M	00:38:29	
12	John Coffey	British Airways AC	M	00:41:28	
13	Steve Hillier	British Airways AC	M	00:48:26	

