

Milocarian Athletics Club Terry Lewins Trophy
27th October 2018 - 5.3 miles RMA Sandhurst

The race took place over an undulating course of 5.3miles in cold and dry conditions. Adrian Whitwam of Milos ran an impressive race in leading from the front and winning by a very good margin ahead of two runners of TH&H AC. Congratulations to Adrian on this outstanding run. Milos runners packed very well indeed to finish with eleven runners placed in 'the first twenty', in a field of 84 runners. Special congratulations to our team in winning both the Terry Lewis's Trophy and the inaugural Milocarian Ladies Trophy, by considerable margins. Well done to Jessie Lutwyche, Roanna Vickers and Kelley Haniver on being placed 1st, 2nd and 3rd of the ladies in the field. Special congratulations to Jessie on being placed 11th place overall. This was a strong overall performance by the Milocarian AC team and most encouraging for the season ahead.

Lt Col Paul French MBE Retd
Fixture Match Secretary

<u>Position</u>	<u>Name</u>	<u>Club</u>		<u>Number</u>	<u>Time</u>	
1	Adrian Whitwam	Milocarian AC	A	20	0:30:40	
2	James Chettle	Thames Hare & Hounds AC	A	4	0:31:41	
3	Andy Weir	Thames Hare & Hounds AC	A	9	0:32:09	
4	David Brandfoot	Milocarian AC	A	27	0:32:15	
5	Andrew Reeves	Milocarian AC	A	24	0:32:47	
6	Tom Rann	Milocarian AC	A	21	0:32:48	
7	Rory Jordan	Milocarian AC	A	22	0:34:08	
8	Nick Bennett	Milocarian AC	A	28	0:34:18	
9	Matt Hyett	Kingston & Poly AC	-	110	0:34:22	
10	Henry Dodwell	Runnymede Runners AC	A	85	0:34:24	
11	Jessie Lutwyche	Milocarian AC	B	34	0:34:26	F
12	Matt Nunn	Milocarian AC	B	23	0:34:31	
13	Nick Shanahan	Milocarian AC	B	26	0:34:37	
14	Richard Adamson	Milocarian AC	B	25	0:35:06	
15	Graham Robinson	Sandhurst Runners AC	A	40	0:35:31	
16	Roanna Vickers	Milocarian AC	B	33	0:35:38	F
17	Ed Catmur	Thames Hare & Hounds AC	A	2	0:35:55	
18	Alex Mackula	Thames Hare & Hounds AC	A	1	0:36:16	
19	Mark Fallowfield-Smith	Sandhurst Runners AC	A	45	0:36:39	
20	Kelly Haniver	Milocarian AC	B	35	0:36:42	F
21	Sarah Pemberton	Milocarian AC	-	32	0:36:56	F
22	Kate Olding	Milocarian AC	-	31	0:37:25	F
23	David Ayling	Sandhurst Runners AC	A	54	0:38:01	
24	Ryan Sutton	Bank of England AC	A	109	0:38:02	
25	Barrie Day	Runnymede Runners AC	A	70	0:38:46	
26	John Questret	Runnymede Runners AC	A	78	0:38:54	
27	Thomas Westran	Thames Hare & Hounds AC	A	5	0:39:17	
28	David Truepenny	Runnymede Runners AC	A	74	0:39:33	
29	Chris Huber	Thames Hare & Hounds AC	A	7	0:39:55	
30	Lisa Hale	Sandhurst Runners AC	A	51	0:40:00	F
31	Stuart Overhill	Sandhurst Runners AC	A	50	0:40:02	
32	Mark Taylor	British Airways AC	A	91	0:40:07	
33	Jean Dodwell	Runnymede Runners AC	A	84	0:40:29	F
34	Timothy Bellars	British Airways AC	A	97	0:40:44	
35	Carl Bradshaw	Sandhurst Runners AC	A	58	0:41:28	

36	Geoff Ponter	Runnymede Runners AC	A	86	0:41:31	
37	Jessica Davies	Thames Hare & Hounds AC	-	12	0:41:46	F
38	Neil Mitchell	Runnymede Runners AC	B	79	0:42:02	
39	Mike Farmery	Thames Hare & Hounds AC	-	10	0:42:08	
40	Robin Evans	Runnymede Runners AC	B	69	0:42:11	
41	Tara Wood	Runnymede Runners AC	B	72	0:42:26	F
42	Ian Ward	Milocarian AC	-	30	0:42:37	
43	Nigel Bassett	Sandhurst Runners AC	B	43	0:42:43	
44	Sam Wood	Runnymede Runners AC	B	73	0:42:53	
45	Julie Barclay	British Airways AC	A	93	0:42:55	F
46	Rob Harris	Bank of England AC	A	108	0:42:57	
47	Simon Turton	British Airways AC	A	89	0:43:14	
48	Graham Kelly	Sandhurst Runners AC	B	42	0:43:25	
49	Jacqueline Musselwhite	British Airways AC	A	95	0:43:30	F
50	Charley Bryant	Sandhurst Runners AC	B	55	0:43:59	F
51	Gwyn Jones	Bank of England AC	A	104	0:44:40	
52	Sally Collins	Runnymede Runners AC	B	65	0:44:58	F
53	John King	Kingston & Poly AC	-	114	0:44:50	
54	David Bartlett	Kingston & Poly AC	-	115	0:44:58	
55	Sacha Kendal-Woods	Sandhurst Runners AC	B	57	0:45:12	F
56	Ken Kirk	Milocarian AC	-	29	0:45:15	
57	Sharon Burfield	Sandhurst Runners AC	B	48	0:45:22	F
58	James Clay	Bank of England AC	A	105	0:46:09	
59	Colin Evered	Runnymede Runners AC	B	64	0:46:29	
60	Sarah Alexander	Sandhurst Runners AC	B	47	0:46:35	F
61	Ben Cope	Thames Hare & Hounds AC	-	3	0:46:47	
62	Beki Christian	Sandhurst Runners AC	C	59	0:46:53	F
63	Royston Crandley	Sandhurst Runners AC	C	41	0:47:08	
64	Graham Taylor	British Airways AC	A	90	0:47:21	
65	Keith Batten	Runnymede Runners AC	C	77	0:47:23	
66	Gabrielle Bassett	Sandhurst Runners AC	C	44	0:47:29	F
67	Joanna Fowler	Runnymede Runners AC	C	63	0:47:40	F
68	Alfie Batten	Runnymede Runners AC	C	67	0:48:37	
69	Andy Dunn	Runnymede Runners AC	C	71	0:48:41	
70	Leigh Wallis	Runnymede Runners AC	C	61	0:49:37	
71	Louisa Enriquez	Sandhurst Runners AC	C	52	0:50:27	F
72	Eleanor Broughton	Bank of England AC	A	107	0:50:36	F
73	Sophie Ward	Milocarian AC	-	37	0:50:55	F
74	Caroline Hopkins	Thames Hare & Hounds AC	-	15	0:51:15	F
75	Karen Farmery	Thames Hare & Hounds AC	-	11	0:51:29	F
76	Jane Bannister	Sandhurst Runners AC	C	49	0:51:54	F
77	Rebecca Maher	Bank of England AC	A	106	0:52:14	F
78	Roy Bentley	Sandhurst Runners AC	C	60	0:52:32	
79	Jonathan Arundal	Runnymede Runners AC	C	83	0:52:46	
80	Arun Gomes	Runnymede Runners AC	-	82	0:57:31	
81	Alison Parry-Jones	Runnymede Runners AC	-	81	0:58:11	F
82	Kylie Hargreaves	Runnymede Runners AC	-	76	0:58:57	F
83	Nick Barber	Runnymede Runners AC	-	75	0:59:38	
84	Geoff Reed	Kingston & Poly AC	-	117	1:03:13	

Terry Lewins Team Trophy

<u>Position</u>	<u>Team</u> (6 to qualify)	<u>Points</u>
1	Milocarian AC 'A'	31
2	Milocarian AC 'B'	86
3	Thames Hare & Hounds AC	96
4	Sandhurst Runners AC 'A'	153
5	Runnymede Runners AC 'A'	158
6	British Airways AC	271
7	Runnymede Runners AC 'B'	274
8	Sandhurst Runners AC 'B'	313
9	Bank of England AC	328
10	Sandhurst Runners AC 'C'	416
11	Runnymede Runners AC 'C'	418

Milocarian Ladies' Team Trophy

<u>Position</u>	<u>Team</u> (4 to qualify)	<u>Points</u>
1	Milocarian AC	68
2	Sandhurst Runners AC 'I'	192
3	Runnymede Runners AC	193
4	Sandhurst Runners AC 'II'	259



