

**Kingston & Poly AC v Milocarian AC**  
**9 Mile Cross Country, Richmond Park**  
**Saturday 15th February 2020**

Milocarian AC 9-mile match versus Kingston & Poly AC took place in the extreme conditions of Storm Dennis. Runners were required to cope with very strong gusty winds and swirling rain throughout the event. All the Milocarian AC runners ran well in these most difficult conditions. The runners are very much congratulated on how well they negotiated the course. The challenge was very well met by all those involved. The match proved to be highly successful. Our thanks to all the officials.

Congratulations to Max Walker, Rory Jordan and Hamish Waring on being placed 1st, 3rd and 4th respectively. Hannah Karras and Celia Waring are also congratulated on being placed first and second of the ladies and 9th and 10th overall. Max Walker ran strongly to be a convincing winner in the excellent time of 48.41 minutes. All the Milos runners are congratulated on achieving a most convincing team win. Very well done to all the Milocarian AC runners.

Best wishes  
Paul French  
Cross Country Secretary

1.	Max Walker	48.41	Milocarian AC
2.	Oliver Bridge	49.26	Kingston & Poly AC
3.	Rory Jordan	51.03	Milocarian AC
4.	Hamish Waring	51.27	Milocarian AC
5.	Matt Hyett	52.56	Kingston & Poly AC
6.	Andy Arbour	56.16	Kingston & Poly AC
7.	Rob Poole	57.47	Milocarian AC
8.	Felix Keating	59.29	Milocarian AC
9.	Hannah Karas	62.22	Milocarian AC
10.	Celia Waring	64.47	Milocarian AC
11.	Gavin McCallister	69.20	Milocarian AC
12.	Nicky Atkins	70.49	Kingston & Poly AC
13.	David Greenfield	71.13	Kingston & Poly AC

**Five to score**

1.	Milocarian AC	23
2.	Kingston & Poly AC	38