

Thames Hare & Hounds v Milocarian AC match, 8th March 2020, Wimbledon Common

Running conditions at Wimbledon for the morning, Sunday 5 mile match, hosted by Thames Hare and Hounds AC, were pleasant with bright sunshine and a light breeze. Underfoot it was very muddy which made the wearing of spikes essential. The Milocarian AC runners set off at a brisk pace with four runners well grouped near the front of the main pack. Positions were well maintained after the first lap with Milocarian AC having four runners being well placed within the first ten positions at the finish. These four Milos runners were well backed by Hannah Karas and Harriet James who were the first of the ladies to finish. Alex Gerald, returning to run for Milos after a long-term injury, is congratulated on being placed third overall. Milocarian AC also welcome Harriet James who was running for the club for the first time. Well done, to all the Milocarian AC team on their most encouraging win. Milocarian AC will be competing for both the Ellis Trophy and Dysart Ladies Trophy on the 28th March in the match in Richmond Park, hosted by Ranelagh AC at 1430 hrs.

Paul French
Match Secretary'

| Pos. | Name | Club | Category | Time |
|-------------|-------------------|-------------|-----------------|-------------|
| 1 | Anisse Ismaili | FRC | SM | 31.55 |
| 2 | Ashley Middlewick | READR | SM | 33.12 |
| 3 | Alex Gerald | Milo | M | 33.34 |
| 4 | Sean Ledger | CC | SM | 33.49 |
| 5 | Tom Rann | Milo | M | 34.38 |
| 6 | Simon Gardner | THH | M40 | 34.49 |
| 7 | Felix Keating | Milo | M | 35.01 |
| 8 | Alexander Boddy | FRC | SM | 35.09 |
| 9 | Nick Wood | Milo | M40 | 35.36 |
| 10 | David Symons | THH | M50 | 35.43 |
| 11 | Chris Twort | FRC | M45 | 36.04 |
| 12 | Hishan Harb | | M | 36.21 |
| 13 | Max Tollemache | FRC | SM | 36.24 |
| 14 | Terry Booth | GG | M50 | 36.34 |
| 15 | Fergus Henderson | THH | U20M | 37.00 |
| 16 | Tom Hall | | M | 37.24 |
| 17 | Hannah Karas | Milo | F | 37.34 |
| 18 | Gary Window | FRC | M40 | 37.41 |
| 19 | Richard Arnfield | BAR | M50 | 37.44 |
| 20 | Declan Flynn | THH | M55 | 38.23 |
| 21 | Joe Barnes | TAD | M35 | 38.29 |
| 22 | Stephen Mcduell | THH | M55 | 38.59 |
| 23 | Harriet James | Milo | F | 39.05 |
| 24 | Andre Ramalhinho | | M35 | 39.07 |
| 25 | Ian Ward | Milo | M40 | 39.11 |
| 26 | Amer Ismail | FRC | M | 39.29 |
| 27 | Thomas Newman | W4H | M35 | 39.33 |
| 28 | Paul Cooper | LGR | M45 | 40.11 |
| 29 | Hannah Copeland | | F | 40.52 |
| 30 | Rosemary Hurford | CC | SW | 40.55 |
| 31 | Andy Robinson | THH | M50 | 41.03 |
| 32 | Daniel Pearce | | SM | 41.09 |
| 33 | Alexander Kafi | | M35 | 41.13 |
| 34 | Celeste Biever | BAR | W40 | 41.25 |

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|----|--------------------|-------|-----|-------|
| 35 | Josh Ord-Hume | THH | M45 | 41.26 |
| 36 | Jessica Davies | THH | SW | 41.34 |
| 37 | Steven Aikin | | M50 | 42.03 |
| 38 | JamesGlasspool | | M55 | 42.37 |
| 39 | Brendan Press | FRC | M50 | 42.58 |
| 40 | Ciaran Hayes | THH | M35 | 43.08 |
| 41 | Caroline Crehan | EALE | W35 | 43.11 |
| 42 | Tavie Threifall | | F | 43.59 |
| 43 | Owen Davies | THH | M45 | 44.26 |
| 44 | Adam Marashi | | M | 45.42 |
| 45 | Hazel Imeson | TAD | F60 | 46.22 |
| 46 | Sam Jones | | M | 46.44 |
| 47 | Alistair Henderson | THH | M55 | 47.15 |
| 48 | Sean Mungovan | THH | M60 | 47.37 |
| 49 | Julie Enness | | F40 | 48.46 |
| 50 | Carol Aikin | RAN | F55 | 49.41 |
| 51 | Carol Jia | | F35 | 49.59 |
| 52 | Andrew Steele | | M45 | 50.00 |
| 53 | Jim Foster | THH | M65 | 50.42 |
| 54 | Heather Binney | | W55 | 51.03 |
| 55 | Hazel McDuell | THH | W50 | 51.44 |
| 56 | William Belfall | CC | M45 | 52.41 |
| 57 | Danielle Courtney | | SW | 53.05 |
| 58 | Ashley Middlewick | READR | M | 54.32 |
| 59 | John Sheehan | EALE | M55 | 55.15 |
| 60 | Louise Ayling | WW | W45 | 57.16 |
| 61 | Sarah Lothian | 262 | W45 | 57.57 |
| 62 | Sioned Morgan | STR | W50 | 58.28 |
| 63 | Jilly Parker | FRC | W55 | 59.32 |
| 64 | Claire Bracher | FRC | W40 | 61.36 |
| 65 | Ellie Darton-Moore | | SW | 61.37 |
| 66 | Arthur Thomas | | SM | 61.38 |
| 67 | Emilyn Hutchinson | FRC | SW | 77.37 |
| 68 | Chris Hutbur | THH | M50 | NTT |

Team Result (6 to count)

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| 1. | Milocarian AC (Milo) | 3,5,7,9,17,23 | = | 64 |
| 2. | Fulham Running Club (FRC) | 1,8,11,13,18,26 | = | 77 |
| 3. | Thames Hare & Hounds (THH) | 6,10,15,20,22,31 | = | 104 |