

Milocarian Athletic Club Virtual Championship 2022 (3) - Men Runners 6 - In Conjunction with the STRAVA App

Dated 25th September 2022

Alternate 5km/10km Competition	03/07 - 17/07		18/07 - 31/07		01/08 - 14/08		15/08 - 28/08		29/08 - 11/09		12/09 - 25/09		Total
	5km		5km		5km		5km		5km		5km		
	Time	pts	Time	pts	Time	pts	Time	pts	Time	pts	Time	pts	
Rory Jordan	18:50	50	19:35	49	19:10	48	19:15	47	19:15	49	19:30	48	291
David Branfoot	21:00	47	20:10	47	21:35	45	17:05	50	19:50	48	17:55	49	286
Dan Collis	23:15	41	18:55	50	18:40	49	20:05	46	20:55	45	21:35	42	273
Jo Foreshaw	19:40	48	22:30	39	23:40	37	20:55	45	18:55	50	22:15	40	259
Gareth Venables	25:50	34	25:10	32	24:15	34	18:31	49	25:15	34	16:48	50	233
Philip Bray	26:50	31	22:40	40	23:25	39	23:30	35	23:55	41	21:05	45	231
Felix Keating	22:35	43	20:50	45			21:10	43	20:40	46	20:55	47	224
Andy Cotterill	21:25	45	23:15	37	24:00	36	23:40	33	27:20	28	21:10	44	223
Maxwell Cook	24:10	35	20:30	46	21:25	47	22:15	39	24:50	36			203
Nick Wood	22:55	42	01:30	31			21:40	40	22:25	43	22:40	39	195
Rob Poole	21:20	46			24:30	33	23:55	31	23:20	42	21:25	43	195
Will Barnes	23:50	36	26:50	29	27:20	29	24:10	29	25:45	33	23:55	36	192
Nick Barnett-Johnson	19:00	49	19:40	48			27:30	22	20:15	47	30:45	25	191
James Brody					17:45	50	21:30	41	22:15	44	21:50	41	176
Yaqoub Imran	26:15	32	23:00	38	23:30	38	24:35	27	24:05	40			175
Jamie McLoughlin	23:40	37	24:05	35	25:50	32	24:05	30	24:15	38			172
Raife Padley	22:10	44	21:55	43			23:45	32			23:15	37	156
Sam Breen	28:10	28	22:05	42	22:25	43	23:10	37					150
Ian Ward	29:55	24	31:15	25	29:50	25	28:55	20	31:20	24	30:50	24	142
Kimball O'Hara	28:55	26	43:10	23	31:40	23	28:20	21	41:00	22	30:55	23	138
Alec Bartlett			22:10	41	21:25	47	20:55	45					133
Freddy Strachan			21:35	44	22:40	40	21:20	42					126
Sam Jones	34:05	23	31:05	26	22:35	42					24:30	35	126
Greg Charles	28:10	28	31:20	24	30:50	24			32:05	23	31:50	22	121
Mark Squire					27:50	27	27:20	24	24:20	37	25:50	32	120
Anthony Baker	23:20	38					32:35	18	26:40	30	28:20	26	112
Lewis Mann	05:25	25					22:40	38					63
Kian Bridge	49:50	22	23:35	36									58
Scott Brunton							27:00	25	27:55	27			52
Jamie Kelly	23:15	41											41
Richard Adamson											22:50	38	38
Thomas Thornhill							23:15	36					36
Harvey Sell											26:10	31	31
Ted Hukins											27:40	27	27