

**Millocarian Athletic Club Virtual Championship 2022 (4) - Lady Runners 6 - In Conjunction with the STRAVA App**

**Dated 19th December 2022**

Alternate 5km/10km Competition	26/09 - 09/10		10/10 - 23/10		24/10 - 06/11		07/11 - 20/11		21/11 - 04/12		05/12 - 18/12		Total
	5km		5km		5km		5km		5km		5km		
	Time	pts	Time	pts	Time	pts	Time	pts	Time	pts	Time	pts	
Anna Naylor (F)	22:05	44	23:35	40	23:50	30	24:20	39	24:00	39	25:30	36	228
Georgina Robson (F)	23:50	43	24:15	38	24:40	25	21:30	44	26:00	34			184
Eliza Wood (F)	26:10	36	26:15	29	25:50	22	25:45	34	26:50	32	33:25	30	183
Sophie Wadsworth (F)			23:30	41	23:50	30	23:45	41			27:10	35	147
Eleanor Atwell (F)	28:25	29	27:15	28	31:20	19	26:25	32			28:40	33	141
Georgia Owen (F)			25:45	32					25:20	36	27:50	34	102
Ingrid Brodersen (F)			24:55	36	25:10	23	26:45	31					90
Hayley Perrin (F)	25:50	37					25:20	35					72
Esme Hollick (F)									30:40	29	29:30	32	61
Faye Charlesworth (F)	39:50	26					36:10	26					52
Roanna Vickers (F)					19:11	47							47
Jessie Lutwyche (F)					21:20	37							37
Hannah Karas (F)					22:15	32							32
Miranda Frizelle (F)					22:55	31							31