Milocarian Athletic Club Virtual Championship 2022 (4) - Men Runners 6 - In Conjunction with the STRAVA App

Dated 19th December 2022

Alternate 5km/10km Competition	26/09 - 09/10		10/10 - 23/10		24/10 - 06/11		07/11 - 20/11		21/11 - 04/12		05/12 - 18/12		Total
	5km		5km		5km		5km		5km		5km		
	Time	pts	Time	pts	Time	pts	Time	pts	Time	pts	Time	pts	
David Branfoot	20:40	48	18:10	49	19:00	49	17:55	50	19:05	48	21:20	45	289
Rory Jordan	19.20	50	18:35	47	19:40	45	19:35	48	19:55	47	20:10	47	284
Jo Foreshaw	21:15	46	23:15	42	19:50	43	20:55	46	18:15	49	18:55	49	275
James Body	21:35	45	17:40	50	20:20	42	21:35	43	17:23	50	22:00	43	273
Gareth Venables	27:10	33	18:10	49	19:14	46	18:45	49	23:50	40	23:05	39	256
Will Barnes	23:55	42	25:10	35	20:30	40	25:10	36	23:45	42	22:35	40	235
Jamie McLoughlin	24:40	39	22:55	43	24:00	26	22:35	42	23:15	43	24:35	37	230
Philip Bray	25:30	38	26:10	31	21:25	36	33:35	28	26:25	33	21:35	44	210
Greg Charles	28:05	30	27:25	27	23:50	30	25:45	34	24:10	38	20:30	46	205
Rob Poole			21:35	45	20:50	38	27:30	30	22:45	44	22:25	42	199
Kimball O'Hara	28:35	28	25:20	34	24:50	24	30:50	29	24:25	37	32:15	31	183
Andy Coterill					21:55	33	20:30	47	21:20	46	20:00	48	174
Nick Wood					20:35	39	24:20	39	22:20	45	22:25	42	165
Dan Collis	20:45	47	24:00	39	23:55	27					18:25	50	163
Mark Squire	24:25	40	24:25	37	27:15	21	34:10	27					125
Ian Ward	27:45	31	28:50	25	27:35	20			28:05	30			106
Freddy Strachan	19:50	49			19:40	45							94
Maxwell Cook									23:45	42	23:50	38	80
Nick Barnett-Johnson	26:45	34	21:00	46									80
Felix Keating			22:00	44	21:30	34							78
Richard Adamson	24:10	41			21:25	36							77
Anthony Baker	27:25	32	26:10	31									63
Hamish Waring					18:40	50							50
Tom Rann					19:05	48							48
Ted Hukins							21:00	45					45
Andrew Reeves					20:20	42							42
Sam Jones							24:10	40					40
Sam Breen							25:05	37					37
Raife Padley	26:30	35											35
Thomas Thornhill									25:40	35			35
Alex Lane			25:40	33									33
Yaquob Imran									27:20	31			31
Scott Brunton	32:55	27											27
Harvey Sell			27:35	26									26
Kian Bridge	47:05	25											25
Edward Taylor			35:40	24									24