

Milocarian Athletic Club Virtual Championship 2023(1) - All Runners 3 - In Conjunction with the STRAVA App

Dated 19th February 2023

Alternate 5km/10km Competition	09/01 - 22/01		23/01 -05/02		06/02 - 19/02		20/02 -05/03		06/03 - 19/03		20/03 - 02/04		Total
	5km		5km		5km		5km		5km		5km		
	Time	pts	Time	pts	Time	pts	Time	pts	Time	pts	Time	pts	
Max Walker	16:40	50	15:15	50	18:35	49							149
David Branfoot	18:10	49	21:00	45	17:40	50							144
Rory Jordan	19:15	48	19:25	48	19:20	47							143
Andy Cotterill	21:30	46	20:55	47	21:50	43							136
Maxwell Cook	21:10	47	23:35	38	21:40	45							130
James Body	21:40	45	22:10	42	22:00	41							128
Felix Keating	26:05	32	20:55	47	21:50	43							122
Greg Charles	23:50	40	21:40	44	24:45	31							115
Gareth Venables	25:00	35	24:40	33	19:39	46							114
Philip Bray	23:45	41	21:40	44	26:30	27							112
Jo Foreshaw	23:20	42	18:20	49	36:00	18							109
Anna Naylor (F)	24:20	38	23:45	36	24:20	33							107
Juliet Stevenson (F)	24:40	37	25:55	30	23:30	39							106
Dan Collis	24:50	36	26:20	25	24:00	36							97
Yaquob Imran	26:50	30	23:40	37	25:00	30							97
Eliza Wood (F)	26:10	31	26:00	27	27:10	26							84
Nick Wood			22:40	40	21:45	44							84
Rob Poole	22:40	43	22:40	40									83
Will Barnes			22:35	41	23:50	37							78
James Kelly	24:05	39	24:10	35									74
Kimball O'Hara	38:10	24	28:10	24	27:55	24							72
Lewis Mann			25:00	32	23:40	38							70
Ian Ward	31:00	26	29:50	19	28:45	21							66
James McLoughlin			24:35	34	24:30	32							66
Ingrid Brodersen (F)			25:55	30	24:05	35							65
Esme Hollick (F)	28:10	29	25:15	31									60
Hayley Perrin (F)			25:55	30	26:25	28							58
Georgia Owen (F)	25:35	34	26:50	22									56
Harvey Sell	28:15	27			25:05	29							56
Ros Vickers (F)					18:49	48							48
Ted Hukins			28:20	24	28:20	22							46
Raife Padley	22:15	44											44
Scott Brunton			28:25	22	32:35	19							41
Annabel Brown (F)			28:30	20	29:15	20							40
Kian Bridge					23:10	40							40
Sam Breen	25:40	33											33
Sam Jones			26:10	26									26
Annie Aspin (F)	31:10	25											25
Sophie Wadsworth (F)					27:20	25							25
Elleanor Atwell (F)					28:10	23							23