

Milocarian Athletic Club Virtual Championship 2023(1) - Lady Runners 4 - In Conjunction with the STRAVA App

Dated 9th March 2023

Alternate 5km/10km Competition	09/01 - 22/01		23/01 -05/02		06/02 - 19/02		20/02 -05/03		06/03 - 19/03		20/03 - 02/04		Total
	5km		5km		5km		5km		5km		5km		
	Time	pts	Time	pts	Time	pts	Time	pts	Time	pts	Time	pts	
Anna Naylor (F)	24:20	38	23:45	36	24:20	33	24:20	37					107
Juliet Stevenson (F)	24:40	37	25:55	30	23:30	39	24:20	37					106
Eliza Wood (F)	26:10	31	26:00	27	27:10	26							84
Ingrid Brodersen (F)			25:55	30	24:05	35							65
Esme Hollick (F)	28:10	29	25:15	31			44:00	22					60
Hayley Perrin (F)			25:55	30	26:25	28	43:10	24					58
Georgia Owen (F)	25:35	34	26:50	22			26:20	33					56
Annie Aspin (F)	31:10	25					34:30	25					50
Elleanor Atwell (F)					28:10	23	05:25	27					50
Ros Vickers (F)					18:49	48							48
Annabel Brown (F)			28:30	20	29:15	20							40
Sophie Wadsworth (F)					27:20	25							25