Milocarian Athletic Club Virtual Championship 2023(4) - All Runners 6 - In Conjunction with the STRAVA App

Dated 24th December 2023

5km Competition	02/10 - 15/10		16/10 - 29/10		30/10 - 12/11		13/11 - 26/11		27/11 - 10/12		11/12 - 24/12		Total
	5km		5km		5km		5km		5km		5km		
	Time	pts	Time	pts	Time	pts	Time	pts	Time	pts	Time	pts	
Tom Kirby	20:00	48	19:00	48	17:55	50	18:15	49	17:10	50	16:25	50	295
David Branfoot	19:55	49	17:40	50	20:15	48	18:15	49	21:20	47	19:45	46	289
Rory Jordan	20:30	47	20:45	43	20:10	49	20:55	46	20:45	48	22:45	43	276
Dan Collis	18:50	50	21:25	41	26:10	33	17:45	50	22:35	45	17:40	48	267
James Body	21:55	43	19:45	47	22:35	44	22:50	40	23:20	42	22:45	43	259
Rob Poole	22:40	41	24:10	31	21:30	47	22:10	43	22:35	45	22:00	44	251
Charlie Wood	20:35	46	20:35	45			19:55	47	19:55	49	17:30	49	236
Yaqoub Imran	26:05	35	20:35	45	25:20	36	23:00	39	23:15	43	23:45	37	235
Gareth Venables	26:45	32	22:10	35	24:05	40	22:10	43	24:05	39	23:00	41	230
Nick Wood			21:45	40	22:50	43	23:30	38	21:40	46	19:40	47	214
Jo Foreshaw	25:15	37	23:25	33	21:45	46	20:55	46			23:15	40	202
Obi Juan	28:00	29	22:25	34	22:20	45	22:10	43	32:45	25	28:10	24	200
Anna Naylor (F)	22:35	42	24:10	31	27:40	27	26:00	33	25:30	36	27:20	27	196
Hayley Perrin (F)	32:15	22	24:45	28	26:40	30	24:55	36	23:55	40	24:35	35	191
James Kelly	24:35	38			24:10	39	24:35	37	24:15	38	25:30	32	184
Harvey Sell	22:50	40	25:15	25	26:00	34	27:00	30	31:40	28	28:35	22	179
Greg Charles	26:05	35	22:05	36	24:30	38	29:05	25			23:35	38	172
Anthony Baker	28:05	27	26:40	23	26:35	32	27:35	28	27:30	32	27:00	28	170
Maxwell Cook			24:35	29	25:55	35	25:20	35	24:35	37	25:10	34	170
Lewis Mann	27:10	31	26:55	22	27:20	28	35:00	21	25:35	35	25:45	31	168
Juliet Stevenson (F)	24:30	39			24:50	37	27:45	27	26:30	34	26:20	29	166
Ingrid Brodersen (F)	27:25	30	25:00	26	23:10	42	26:20	32			26:10	30	160
Ian Ward	29:55	24	28:05	17	28:15	25	29:25	24	30:50	29	27:55	25	144
Ted Hukins			27:30	19	27:40	27	26:20	32	28:15	31	25:20	33	142
Felix Keating	21:00	45	21:45	40			21:40	44					129
Kimball O'Hara	31:15	23	33:10	12	28:50	23	30:45	22	31:40	28	32.30	21	129
Richard Adamson	28:00	29	20:45	42							23:30	39	110
Elleanor Atwell (F)	29:45	25			28:35	24			26:55	33	27:20	27	109
Annabel Brown (F)	26:00	36			27:05	29	29:55	23			32:45	20	108
Ellie Cole (F)			26:05	24	26:35	32	27:20	29					85
Eliza Wood (F)							28:00	26	29:00	30	28:10	24	80
Freddy Strachan	21:50	44									24:05	36	80
Jamie McLoughlin			23:35	32	23:15	41							73
Faye Chrlesworth (F)							25:55	34	31:40	28			62
Esme Hollick (F)									23:20	42	32:50	19	61
Sam Jones			27:45	18	29:40	22	44:10	20					60
Tom Rann			18:55	49									49
Andrew Reeves			20:00	46									46
Henry Cox											21:15	45	45
Jessie Lutwyche (F)			21:50	38									38
Sam Breen			21:50	38									38
Georgia Owen (F)	26:15	33											33
Nick Barnett-Johnston			24:50	27									27
Thomas Thornhill	28:05	27											27
Gavin McAlister			26:55	22									22
Philip Bray	35:55	21											21
Jo Wood (F)			27:05	20									20
Libby Dyllons			28:20	16									16
Angharrad Janzen-Morris (F)			29:55	15									15
Raife Padley			29:55	15									15
Annie Aspin (F)			32:10	13									13