Milocarian Athletic Club Virtual Championship 2024(1) - All Runners 6 - In Conjunction with the STRAVA App

Dated 26th March 2024

Alternate 5km/10km Competition	01/01 - 14/01		15/01 -28/01		29/01 - 11/02		12/02 -25/02		26/02 - 10/03		11/03 - 24/03		Total
	5km		5km		5km		5km		5km		5km		
	Time	pts	Time	pts	Time	pts	Time	pts	Time	pts	Time	pts	
Tom Kirby	18:40	49	17:35	49	16:55	50	16:45	50	20:00	47	16:55	50	295
Charlie Wood	17:45	50	17:30	50	17:10	49	17:35	48	20:00	47	19:45	47	291
David Branfoot	21:20	41	17:40	48	18:10	48	17:45	47	18:30	49	18:35	49	282
Dan Collis	19:15	47	22:35	42	20:25	44	17:30	49	19:15	48	18:55	48	278
Rory Jordan	20:00	44	20:10	46	20:00	46	19:00	46	17:50	50	21:05	45	277
Nick Wood	19:40	46	19:20	47	19:15	47	22:30	40	23:55	35	22:20	40	255
Obi Juan	20:00	44	21:20	44	21:50	40	23:55	36	21:55	43	22:20	40	247
Rob Poole	22:35	40	22:15	43	22:20	38	22:00	41	21:55	43	22:00	41	246
Jo Foreshaw	25:20	32	23:40	39	21:35	41	21:20	44	23:35	36	21:15	44	236
Andy Coterill	23:35	37	25:05	35	24:05	32	22:45	38	22:20	39	21:25	43	224
Gareth Venables	23:25	37	23:30	40	23:25	35	27:30	28	22:40	38	24:35	32	210
Anna Naylor (F)	26:30	27	25:15	34	21:10	43	23:10	37	26:40	29	24:25	33	203
Greg Charles	20:25	42	29:05	25	23:30	34	23:55	36	32:50	23	31:05	24	184
Anthony Baker	27:45	25	25:50	30	25:45	29	27:55	27	26:20	31	23:05	38	180
Max Walker			21:10	45	21:30	42	21:25	43	20:45	45			175
Juliet Stephenson (F)			24:45	37	26:55	26	26:10	31	21:15	44	23:50	34	172
Felix Keating					21:50	40	21:15	45	21:55	43	21:35	42	170
James Kelly	24:15	34	24:45	37	23:55	33	27:25	29	24:50	34			167
Eliza Wood (F)	25:55	30	25:40	31	27:15	23	28:40	24	27:00	28	27:35	26	162
Esme Hollick (F)			25:20	33	24:40	30	26:40	30	25:10	33	23:35	36	162
Annie Aspin (F)	23:20	38	27:25	29	35:25	18	24:10	34			23:20	37	156
Kimball O'Hara	34:15	20	23:50	38	27:00	25	30:40	21	33:15	22	26:30	28	154
Hayley Perrin (F)	26:00	29			23:20	36	28:40	24	23:00	37	26:45	27	153
Annabel Brown (F)	23:55	35	31:10	23	30:30	19	32:45	19	31:15	24	24:45	30	150
James Body	22:50	39	22:40	41	24:15	31	22:40	39					150
Ian Ward	29:35	22	29:35	24	27:05	24	27:55	27	29:10	25	28:45	25	147
Ted Hukins	26:40	26			26:00	28	28:10	25	25:55	32	24:40	31	142
Harvey Sell	24:35	33	28:15	26	28:40	21	25:15	32	28:10	27			139
Henry Cox	19:50	45			20:00	46					20:45	46	137
Elleanor Atwell (F)	29:15	24	28:10	27	28:15	22	28:50	22			24:50	29	124
Maxwell Cook	26:20	28	27:30	28	26:30	27					23:40	35	118
James McLoughlin	25:35	31	26:35	22	22:55	37							90
Freddy Strachan							21:45	42	22:05	40			82
Sophie Wadsworth (F)	29:25	23	25:30	32									55
Yaquob Imran	19:10	48											48
Ellie Cole (F)					29:25	20			28:10	27			47
Raife Padley			47:30	21							34:40	23	44
Lewis Mann							24:40	33					33
Gavin McAllister	32:00	21											21
Philip Bray							30:40	21					21
Libby Dyllons (F)	34:50	19											19