

Milocarian Athletic Club Virtual Championship 2024(2) - Lady Runners 4 - In Conjunction with the STRAVA App

Dated 20th May 2024

| Alternate 5km/10km Competition | 25/03 - 07/04 | | 08/04 - 21/04 | | 22/04 - 05/05 | | 06/05 -19/05 | | 20/05 - 02/06 | | 03/06 - 16/06 | | Total |
|-----------------------------------|---------------|-----|---------------|-----|---------------|-----|--------------|-----|---------------|-----|---------------|-----|-------|
| | 5km | | 5km | | 5km | | 5km | | 5km | | 5km | | |
| | Time | pts | Time | pts | Time | pts | Time | pts | Time | pts | Time | pts | |
| Anna Naylor (F) | 25:15 | 33 | 24:25 | 36 | 25:45 | 34 | 23:20 | 40 | | | | | 143 |
| Hayley Perrin (F) | 25:55 | 30 | 24:25 | 36 | 24:30 | 37 | 25:30 | 30 | | | | | 133 |
| Juliet Stephenson (F) | 23:55 | 36 | 22:20 | 45 | 22:10 | 44 | | | | | | | 125 |
| Elleanor Atwell (F) | 27:20 | 26 | 28:20 | 24 | 27:30 | 31 | 27:25 | 24 | | | | | 105 |
| Esme Hollick (F) | 25:05 | 34 | 25:40 | 32 | | | 25:20 | 31 | | | | | 97 |
| Eliza Wood (F) | 28:10 | 24 | 25:05 | 34 | 27:35 | 29 | | | | | | | 87 |
| Annabel Brown (F) | 27:15 | 27 | 27:40 | 25 | | | 28:50 | 21 | | | | | 73 |
| Annie Aspin (F) | | | | | | | 23:10 | 42 | | | | | 42 |
| Faye Charlesworth (F) | | | 33:10 | 21 | | | 31:30 | 18 | | | | | 39 |
| Sophie Wadsworth (F) | | | 25:50 | 31 | | | | | | | | | 31 |
| Ellie Cole (F) | | | | | | | 28:10 | 23 | | | | | 23 |