Milocarian Athletic Club Virtual Championship 2024(2) - Men Runners 3 - In Conjunction with the STRAVA App													
Dated 6th May 2024													
Alternate 5km/10km Competition	**25/03 - 07/04**		**08/04 - 21/04**		**22/04 - 05/05**		**06/05 -19/05**		**20/05 - 02/06**		**03/06 - 16/06**		**Total**
	5km		**5km**		**5km**		**5km**		**5km**		**5km**		
	Time	pts	Time	pts	Time	pts	Time	pts	Time	pts	Time	pts	
Tom Kirby	16:20	50	21:25	47	16:25	50							147
Charlie Wood	21:35	44	18:40	49	19:05	49							142
Felix Keating	21:30	45	20:40	48	19:40	47							140
Dan Collis	17:50	49	17:00	50	23:10	39							138
Andy Coterill	22:45	40	22:35	43	19:30	48							131
Henry Cox	21:25	46	23:15	42	23:00	40							128
Nick Wood	23:30	39	22:00	46	22:50	41							126
James McLoughlin	23:40	38	22:30	44	22:40	43							125
Richard Adamson	22:10	43	23:40	39	23:45	38							120
Obi Juan	21:20	47	24:05	38	26:00	32							117
James Kelly	23:45	37	26:35	29	22:40	43							109
Rob Poole	26:35	29	25:35	33	21:25	46							108
Jo Foreshaw	25:25	32	23:15	42	31:35	26							100
Sam Jones	28:50	22	24:15	37	01:50	33							92
Anthony Baker	27:10	28	26:40	27	25:30	35							90
Gareth Venables	25:40	31			21:30	45							76
Ian Ward	29:00	21	28:35	23	30:40	27							71
Kimball O'Hara	29:35	20	30:00	22	38:05	25							67
Greg Charles	28:10	24	23:30	40									64
Ted Hukins	25:00	35	27:30	26									61
Harvey Sell	27:40	25			28:20	28							53
Freddy Strachan	20:20	48											48
David Branfoot	22:15	42											42
Maxwell Cook	22:25	41											41
Yaqoub Imran					24.55	36							36
Philip Bray					27:30	31							31
Raife Padley			26:15	30									30
Lewis Mann			26:35	29									29