Milocarian Athletic Club Virtual Championship 2024(2) - Men Runners 4 - In Conjunction with the STRAVA App													
Dated 20th May 2024													
Alternate 5km/10km Competition	**25/03 - 07/04**		**08/04 - 21/04**		**22/04 - 05/05**		**06/05 -19/05**		**20/05 - 02/06**		**03/06 - 16/06**		**Total**
	5km		**5km**		**5km**		**5km**		**5km**		**5km**		
	Time	pts	Time	pts	Time	pts	Time	pts	Time	pts	Time	pts	
Tom Kirby	16:20	50	21:25	47	16:25	50	17:15	50					197
Charlie Wood	21:35	44	18:40	49	19:05	49	20:45	48					190
Felix Keating	21:30	45	20:40	48	19:40	47	20:55	47					187
Andy Coterill	22:45	40	22:35	43	19:30	48	22:10	45					176
James McLoughlin	23:40	38	22:30	44	22:40	43	22:15	44					169
Nick Wood	23:30	39	22:00	46	22:50	41	23:15	41					167
Henry Cox	21:25	46	23:15	42	23:00	40	25:15	33					161
Obi Juan	21:20	47	24:05	38	26:00	32	23:20	40					157
Richard Adamson	22:10	43	23:40	39	23:45	38	24:30	37					157
Rob Poole	26:35	29	25:35	33	21:25	46	25:15	33					141
Dan Collis	17:50	49	17:00	50	23:10	39							138
James Kelly	23:45	37	26:35	29	22:40	43	27:00	27					136
Jo Foreshaw	25:25	32	23:15	42	31:35	26	24:45	36					136
Anthony Baker	27:10	28	26:40	27	25:30	35	26:20	28					118
Gareth Venables	25:40	31			21:30	45	24:55	34					110
Greg Charles	28:10	24	23:30	40			22:40	43					107
Freddy Strachan	20:20	48					21:15	46					94
Ian Ward	29:00	21	28:35	23	30:40	27	28:40	22					93
Sam Jones	28:50	22	24:15	37	01:50	33							92
Kimball O'Hara	29:35	20	30:00	22	38:05	25	30:25	19					86
Ted Hukins	25:00	35	27:30	26			29:30	20					81
Maxwell Cook	22:25	41					23:50	38					79
Harvey Sell	27:40	25			28:20	28	27:15	25					78
Philip Bray					27:30	31	27:10	26					57
Max Walker							20:40	49					49
David Branfoot	22:15	42											42
Yaqoub Imran					24.55	36							36
Raife Padley			26:15	30									30
Dan Collis							26:00	29					29
Lewis Mann			26:35	29									29