Milocarian Athletic Club Virtual Championship 2024(4) - All Runners 6 - In Conjunction with the STRAVA App

Dated 1st December 2024

Alternate 5km/10km Competition	09/09 - 22/09		23/09 - 06/10		07/10 - 20/10		21/10 -03/11		04/11 - 17/11		18/11 - 01/12		Total
	5km		5km		5km		5km		5km		5km		
	Time	pts	Time	pts	Time	pts	Time	pts	Time	pts	Time	pts	
David Branfoot	17:15	49	18:15	50	17:50	49	17:55	50	19:20	49	17:30	50	297
Tom Kirby	16:30	50	20:10	48	17:25	50	21:40	44	17:50	50	21:30	46	288
Charlie Wood	22:45	40	20:50	47	20:50	45	21:20	46	20:35	46	21:10	48	272
James Kelly	22:45	40	23:05	38	23:05	38	23:15	43	22:35	41	24:20	38	238
Stephen Chapman	20:00	47	26:00	31	23:05	38	24:45	36	20:40	45	25:05	36	233
Jo Foreshew	22:25	41	22:15	40	22:35	41	28:00	26	22:45	40	21:40	43	231
Obi Juan	22:10	43	40:20	22	22:45	40	23:45	42	23:25	38	22:55	42	227
Max Walker	22:10	43	21:35	44			18:45	49	21:25	43	21:30	46	225
Nick Wood	23:20	36	23:00	39	23:30	34	27:05	29	20:30	47	23:45	40	225
Freddy Strachan	21:10	46			21:55	43	21:20	46	21:50	42	21:25	47	224
Anna Naylor (F)	23:15	37	23:40	36	25:15	30	24:35	39	27:40	26	23:45	40	208
Dan Collis	26:45	24	24:35	34	24:35	32	24:35	39	23:40	36	23:35	41	206
Rory Jordon	19:55	48			18:55	48	18:50	48	21:20	44			188
Raife Padley	22:45	38	21:35	44	23:55	33			26:15	32	26:00	33	180
Andy Coterill	25:15	29	25:10	33	23:05	38	23:50	41	27:05	29			170
Gareth Venables	24:45	32	22:05	41	23:10	35	29:15	23	25:20	34			165
Maxwell Cook			19:45	49	27:55	23	36:45	17	25:40	33	24:25	37	159
Juliet Stevenson (F)			26:30	29	25:40	28	26:20	31	23:00	39	26:55	30	157
Harvey Sell	25:45	26	26:00	31	22:55	39	28:00	26			28:40	29	151
Ian Ward	30:30	21	27:05	28	27:10	25	28:25	24	29:55	25	29:50	28	151
Esme Hollick (F)	25:20	28			27:30	24	29:40	22	25:20	35	25:20	35	144
Richard Adamson	24:55	30			21:10	44	30:45	20	20:15	48			142
Felix Keating					20:40	46	20:45	47			21:30	46	139
Amy Hoo (F)	31:05	20	27:45	26	28:25	22	31:45	19	38:20	23	31:55	27	137
Rob Poole	22:05	44	21:50	42							20:20	49	135
Eliza Wood (F)	24:45	32	27:05	28	25:05	31	26:10	32					123
Henry Cox	23:25	35	23:30	37	20:15	47							119
Ted Hukins	28:25	23					27:05	29	27:05	29	26:45	31	112
Hayley Perrin (F)			24:20	35			24:40	37	23:35	37			109
Ellie Cole (F)			25:10	33					26:20	31	26:35	32	96
Annabel Brown (F)	23:55	34			25:35	29	27:25	27					90
Joseph Hendryck			21:05	46	26:00	27	39:05	16					89
Hamish Waring					31:55	20	32:30	18	31:50	24	32:50	25	87
Anthony Baker					26:20	26	26:30	30	26:25	30			86
Elleanor Atwell (F)	28:55	22	29:35	24	28:30	21							67
Jamie McLoughlin			28:25	25	22:10	42							67
Yaqoub Imran							25:05	35	27:10	27			62
George Christie							26:05	33			31:55	27	60
Annie Aspin (F)							29:45	21			25:40	34	55
Greg Charles	22:00	45											45
Nick Barnett-Johnston			21:30	45									45
Kimball O'Hara	33:20	19	32:45	23									42
Lewis Mann							24:45	40					40
Ingrid Brodersen (F)							25:55	34					34
Alex Lane	24:00	33											33
Philip Bray	25:40	27											27
Thomas Thornhill	26:10	25											25