Hello Milos,

Full Results Runnymede Relays 2024

Following on from my email of Sunday 30th June, please see the full results spreadsheet with individual splits etc below: In summary:

- 1st place: Male pairs: Milo Yellow (Alex and George)
- 2nd place Male 4s: Milo Red (Ady, James, Tom and Al)
- 3rd place Mixed 4s: Milo White (Me, Mark, Hannah and James)
- 6th place Male 4s: Milo Blue (Charlie, Felix, Gavin, Joe and Nick)

You'll see the full results in the table, but all teams well within the top third; great job!

Looking forward to seeing you all again soon at Sandhurst in October, if not before!

Keep running,

Richard Adamson



Fav Pos	s Lap	s Time	Last Name	Category	Race No	o Lap1 Team Men	ber Lap2 Team Member	Lap3 Team Member	Lap4 Team Member	Lap5 Team Member	Lap6 Team Member	Lap7 Team Member	Lap8 Team Member	Lap9 Team Membe
* 1	9	03:06:53	3 Datchet Dashers A	Male 4	13	00:20:08 Chris Ellie	00:20:16 Rob Bayliss	00:20:59 Dave Lee	00:20:38 Rob Foster	00:20:39 Chris Ellie	00:20:10 Rob Bayliss	00:21:11 Dave Lee	00:21:06 Rob Foster	00:21:44 Chris Ellie
2	9	03:10:01	1 Milocarian Red	Male 4	32	00:20:30 Ady Whitwa	m 00:21:08 James Body	00:20:13 Tom Kirby	00:21:30 Al McKinnon	00:20:57 Ady Whitwam	00:21:23 James Body	00:20:57 Tom Kirby	00:21:42 Al McKinnon	00:21:37 Ady Whitwan
* 3	9	03:10:57	7 WVR P2 Badgers	Male 4	16	00:20:04 Gareth Bind	ng 00:21:21 Matt Coomber	00:21:59 Neil Praine	00:20:31 Chris Booker	00:20:36 Gareth Binding	00:21:21 Matt Coomber	00:23:13 Neil Praine	00:20:39 Chris Booker	00:21:09 Gareth Bindin
* 4	9	03:21:00	2 Runnybottoms	Male 4	19	00:20:56 Gary Boulde	n 00:22:44 Tom Griffiths	00:22:47 Dhruve Patel	00:22:23 Simon Felstead	00:21:20 Gary Boulden	00:22:43 Tom Griffiths	00:23:10 Dhruve Patel	00:22:40 Simon Felstead	00:22:13 Gary Boulden
* 5	8	03:00:05	5 Datchet Dashers B	Male 4	14	00:21:50 Chris Bradfi	ld 00:23:29 Chris Fox	00:22:16 James Farrant	00:22:32 Inaki Castro	00:21:18 Chris Bradfield	00:23:45 Chris Fox	00:21:57 James Farrant	00:22:55 Inaki Castro	
* 6	8	03:18:01	1 Reading No-Runners	Female Pair	39	00:22:58 Nikki Gray	00:24:40 Katherine Streams	00:24:27 Nikki Gray	00:25:12 Katherine Streams	00:24:42 Nikki Gray	00:25:13 Katherine Streams	00:24:36 Nikki Gray	00:26:09 Katherine Stream:	s
* 7	8	03:18:54	4 Laura's and 2 Men	Mixed Sex 4	31	00:22:54 Alistair Wilk	e 00:23:46 Rowland Kendall	00:24:31 Laura Pether	00:26:47 Laura Hales	00:23:43 Alistair Wilkie	00:24:43 Rowland Kendall	00:24:50 Laura Pether	00:27:37 Laura Hales	
* 8	8	03:20:46	5 Walton AC	Mixed Sex 4	29	00:20:42 Robert Smit	n 00:24:55 Alex Slotwinska	00:26:47 Michelle Tafili	00:26:28 Mandy Ruks	00:21:27 Robert Smith	00:25:33 Alex Slotwinska	00:27:16 Michelle Tafili	00:27:34 Mandy Ruks	
* 9	8	03:21:38	8 Milocarian White	Mixed Sex 4	34	00:22:51 Rich Adams	on 00:27:23 Mark Perrin	00:24:40 Hannah Karas	00:24:30 James Hornby	00:23:56 Rich Adamson	00:28:13 Mark Perrin	00:24:46 Hannah Karas	00:25:15 James Hornby	
† 10	8	03:25:15	5 Milocarian Green	Male Pair	38	00:22:58 Alex Rudd	00:26:33 George Christie	00:22:39 Alex Rudd	00:27:56 George Christie	00:22:47 Alex Rudd	00:28:38 George Christie	00:23:06 Alex Rudd	00:30:34 George Christie	
11	8	03:27:05	5 Sandhurst Joggers 2	Mixed Sex 4	26	00:24:42 Gary Dowlin	g 00:27:42 Carl Bradshaw	00:22:32 Claire Southerton	n 00:27:10 Jan Neumeister	00:26:01 Gary Dowling	00:28:05 Carl Bradshaw	00:22:57 Claire Southerton	00:27:53 Jan Neumeister	
† 12	8	03:27:56	5 Milocarian Blue	Male 4	33	00:20:41 Charlie Woo	d 00:23:39 Felix Keating	00:24:07 Nick Wood	00:29:38 Gavin Mcallister	00:26:52 Charlie Wood	00:25:37 Felix Keating	00:25:02 Nick Wood	00:32:16 Gavin Mcallister	
13	8	03:36:09	CADAC 1	Male 4	15	00:23:19 Mark Wilson	00:25:22 Terry Worton	00:23:48 Soren Schultze	00:32:57 Alex Longmuir	00:23:52 Mark Wilson	00:26:08 Terry Worton	00:24:08 Soren Schultze	00:36:30 Alex Longmuir	
† 14	7	03:00:50	0 Elmbridge A	Male Pair	2	00:24:19 Andy Haigh	00:26:05 Tim Nash	00:25:15 Andy Haigh	00:26:57 Tim Nash	00:25:25 Andy Haigh	00:27:35 Tim Nash	00:25:11 Andy Haigh		
15	7	03:04:02	2 Runnymede4Speed	Male 4	20	00:23:55 Richard Eato	n 00:27:28 Phil Dennis	00:25:25 Peter Foot	00:27:31 Graeme Wellard	00:24:49 Richard Eaton	00:28:12 Phil Dennis	00:26:39 Peter Foot		
† 16	7	03:09:09	Running out of ideas	Male Pair	17	00:24:53 Steven Willi	ms 00:25:58 Tim Robins	00:26:26 Steven Williams	00:26:59 Tim Robins	00:27:40 Steven Williams	00:28:24 Tim Robins	00:28:46 Steven Williams		
17	7	03:11:44	4 Red Door	Mixed Pair	5	00:23:20 William Cas	on 00:31:00 Hannah Casson	00:24:11 William Casson	00:31:52 Hannah Casson	00:24:37 William Casson	00:31:33 Hannah Casson	00:25:09 William Casson		
18	7	03:12:34	4 Victoria Mews	Male 4	21	00:27:07 Jeff Lawrence	e 00:25:43 Chris Roberts	00:26:25 Ian Sharp	00:27:35 Guy O'Rourke-Walke	r 00:29:41 Jeff Lawrence	00:26:58 Chris Roberts	00:29:02 Guy O'Rourke-Walke	r	
† 19	7	03:12:48	8 Baba	Mixed Pair	7	00:27:30 Bori Hidegh	00:23:51 Atti Balazs	00:29:19 Bori Hidegh	00:25:19 Atti Balazs	00:30:23 Bori Hidegh	00:25:27 Atti Balazs	00:30:56 Bori Hidegh		
20	7	03:14:06	5 Sandhurst Joggers Tornados	Mixed Sex 4	28	00:24:31 Dominic Alle	n 00:24:19 Craig Bowles	00:32:08 Dave Bartlett	00:31:18 Fiona Marshall	00:25:07 Dominic Allen	00:24:46 Craig Bowles	00:31:55 Dave Bartlett		
21	7	03:15:25	5 Sandhurst Joggers 3	Mixed Sex 4	12	00:21:20 Rob Jerrett	00:27:56 Stephen Casey	00:30:38 Martin Steadman	00:33:04 Jane Bannister	00:21:12 Rob Jerrett	00:28:46 Stephen Casey	00:32:27 Martin Steadman		
22	7	03:16:12	2 Horsell Runners	Mixed Sex 4	25	00:25:35 Jason Savor	00:27:22 Rohini Keites	00:28:47 Peter Nicoll	00:29:27 Kim Warner	00:25:58 Jason Savory	00:28:34 Rohini Keites	00:30:25 Peter Nicoll		
23	7	03:17:54	4 Sandhurst Joggers 1	Mixed Sex 4	30	00:27:57 Paul Biggs	00:26:56 Jenny Gray	00:21:27 Graham Robinson	n 00:41:00 Debbie Watson	00:31:11 Paul Biggs	00:27:41 Jenny Gray	00:21:39 Graham Robinson		
24	7	03:19:42	2 MAGIC	Mixed Sex 4	35	00:31:19 Sarah Glenc	ose 00:25:54 Andy Smith	00:30:32 Usman Hasan	00:26:55 Krystian Jakimczuk	00:26:49 Andy Smith	00:28:13 Krystian Jakimczuk	00:29:58 Usman Hasan		
25	7	03:19:44	4 Elmbridge C	Mixed Sex 4	11	00:24:57 Ben Briody	00:28:04 Mark Gerrard	00:28:12 Chris Neillen	00:34:44 Zoe Maughan Taylor	00:27:09 Ben Briody	00:28:00 Mark Gerrard	00:28:35 Chris Neillen		
26	7	03:20:19	9 RR Gin & Tonic	Female Pair	1	00:27:31 Mandy Lead	n 00:27:34 Kellie Bateman Irwi	n 00:28:53 Mandy Leach	00:28:30 Kellie Bateman Irwin	00:29:13 Mandy Leach	00:28:48 Kellie Bateman Irwin	00:29:47 Mandy Leach		
★ 27	7	03:22:55	5 Back to BACE	Female 4	10	00:26:20 Emma McKe	chnie 00:27:12 Cat Foster	00:28:58 Bella Shah	00:35:10 Angie Hannigan	00:27:24 Emma McKechnie	00:27:47 Cat Foster	00:30:01 Bella Shah		
28	7	03:24:41	1 Elmbridge D	Mixed Sex 4	9	00:33:20 Neil Wardle	00:27:27 Oren Paynton	00:25:50 Sarah Stephens	00:28:57 Julianne Sinnott	00:34:56 Neil Wardle	00:26:46 Sarah Stephens	00:27:22 Oren Paynton		
† 29	6	02:56:18	8 Runnymede faces	Mixed Sex 4	36	00:25:04 Mark Coble	00:28:41 Jimmy Lagios	00:32:29 Maureen Willis	00:36:00 Jenny Lagios	00:25:18 Mark Cobley	00:28:44 Jimmy Lagios			
* 30	6	03:04:27	7 My Lord	Mixed Sex 4	22	00:28:20 Louise Digg	ens 00:37:29 Mark Olney	00:30:09 Yvonne Olney	00:28:34 Rich Diggens	00:28:42 Louise Diggens	00:31:12 Yvonne Olney			
31	6	03:10:32	2 Royal goats	Mixed Sex 4	8	00:28:50 Vinnett Tayl	or 00:30:16 Andrew Provost	00:33:42 Sarina Pietrosanti	i 00:35:03 Nicole Heritage	00:30:12 Vinnett Taylor	00:32:26 Andrew Provost			
32	6	03:21:13	3 Mac & Cheeze	Mixed Pair	6	00:24:26 Ian Thomps	on 00:35:37 Kerry Eastwood	00:26:45 Ian Thompson	00:40:07 Kerry Eastwood	00:29:16 Ian Thompson	00:45:00 Kerry Eastwood			
* 33	6	03:35:07	7 The O'Grady Bunch	Mixed Sex 4	23	00:36:41 Misha Math	eson 00:34:47 Clare Tutt	00:38:53 Andrea Kenna	00:32:39 Greg Cheesman	00:34:55 Clare Tutt	00:37:10 Misha Matheson			
34	5	03:15:07	7 The Windsor Great Park Homies	Mixed Sex 4	24	00:38:23 Caroline Sib	ey 00:37:09 Rachel Folkemer	00:39:39 Jason Stubbs	00:39:22 Arun Gomes	00:40:34 Rachel Folkemer				
35	4	02:46:43	Run Amuckers	Mixed Pair	4	00:38:43 Matt Dolan	00:39:27 Cami Potter	00:44:37 Matt Dolan	00:43:54 Cami Potter					

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Female Pair 40 00:42:58 Debbie Edwards 00:38:52 Helle Jersild