

Hello Milos,

## **Full Results Runnymede Relays 2024**

Following on from my email of Sunday 30<sup>th</sup> June, please see the full results spreadsheet with individual splits etc below:

In summary:

- 1<sup>st</sup> place: Male pairs: Milo Yellow (Alex and George)
- 2<sup>nd</sup> place Male 4s: Milo Red (Ady, James, Tom and Al)
- 3<sup>rd</sup> place Mixed 4s: Milo White (Me, Mark, Hannah and James)
- 6<sup>th</sup> place Male 4s: Milo Blue (Charlie, Felix, Gavin, Joe and Nick)

You'll see the full results in the table, but all teams well within the top third; great job!

Looking forward to seeing you all again soon at Sandhurst in October, if not before!

Keep running,

Richard Adamson



