Milocarian Athletic Club Virtual Championship 2025(2) - Men Runners 5 - In Conjunction with the STRAVA App													
Dated 9th June 2025													
Alternate 5km/10km Competition	32/03 - 13/04		14/04 - 27/04		28/04 - 11/05		12/05 - 25/05		26/05 -08/06		09/06 - 22/06		Total
	5km		5km		5km		5km		5km		5km		
	Time	pts	Time	pts	Time	pts	Time	pts	Time	pts	Time	pts	
Tom Kirby	21:10	44	21:35	44	15:45	50	16:35	49	16:35	50			237
David Branfoot	21:40	43	21:25	45	22:35	42	16:30	50	21:45	45			225
Obi Juan	21:45	42	20:20	47	20:44	46	20:40	48	23:10	41			224
Henry Cox	20:35	48	20:50	46	20:40	47	24:50	40	23:05	42			223
Charlie Wood	21:55	41	22:40	40	22:45	40	20:45	47	20:55	49			217
Max Walker	20:35	48	19:05	50	27:30	24	21:55	46	21:30	47			215
Andy Godden	23:35	36	22:30	41	21:50	45	25:00	36	23:00	43			201
Jo Foreshew	20:30	45	23:00	39	19:45	49	30:50	24	22:40	44			201
Dan Collis	23:40	35	24:10	37	23:50	36	23:50	43	23:15	40			191
Gareth Venables	21:05	46	22:00	43	25:50	29	25:25	34	23:40	39			191
Stephen Chapman	26:05	25	19:45	49	19:55	48	24:15	42	27:20	27			191
James Kelly	24:15	34	23:35	38	23:15	37	24:50	40	25:05	32			181
Rob Poole			22:20	42	23:10	38	22:20	45	21:10	48			173
Yaqoub Imran	25:55	26	26:45	29	28:10	23	33:00	20	24:35	34			132
Andy Cotterill	21:55	41			22:45	40	22:35	44					125
Hamish Waring	31:05	18	33:20	20	25:40	30	27:30	29	28:45	24			121
Anthony Baker	25:45	27			26:15	27	25:55	31	25:45	30			115
Felix Keating	26:45	23			21:55	44			21:30	47			114
Nick Wood	22:40	38	27:35	26	22:40	41							105
Ian Ward	31:55	16	30:50	23	31:00	18	32:25	22	30:20	23			102
Raife Padley					24:45	33	26:20	30	24:00	36			99
Rory Jordon	19:35	50	20:10	48									98
Ted Hukins	28:45	20	28:25	25	31:20	17	28:10	27					89
Maxwell Cook	25:40	29	27:30	28	27:30	26							83
Richard Adamson	41:00	14	24:10	37					26:20	29			80
Sam Breen	24:40	32	24:10	37									69
Ashley Richards	26:45	23	32:45	21	28:20	22							66
Freddy Strachan	20:00	49											49
Thomas Thornhill					28:20	21	37:45	19					40
Nick Barnett-Johnston	22:50	37											37
Jamie McLoughlin									24:10	35			35
Greg Charles					24:40	34							34
Philip Bray	28:15	21											21
Sam Jones			33:20	19									19