

Milocarian Athletic Club Virtual Championship 2025(3) - Men Runners 3 - In Conjunction with the STRAVA App													
Dated 3rd August 2025													
Alternate 5km/10km Competition	22/06 - 06/07		07/07 - 20/07		21/07 - 03/08		04/08 - 17/08		18/08 - 31/08		01/09 - 14/09		Total
	5km		5km		5km		5km		5km		5km		
	Time	pts	Time	pts	Time	pts	Time	pts	Time	pts	Time	pts	
Tom Kirby	16:50	50	17:20	50	20:50	48							148
Charlie Wood	21:50	44	21:55	44	21:00	47							135
Rob Poole	21:35	46	22:00	43	21:20	46							135
Dan Collis	17:00	49	23:40	39	21:50	45							133
David Branfoot	17:25	48	22:15	42	22:20	43							133
Felix Keating	21:40	45	21:00	46	22:40	41							132
Freddy Strachan	21:55	43	21:25	45	22:30	44							132
Jo Foreshew	22:25	41	25:55	36	19:15	49							126
Sam Breen	21:05	47	24:25	37	25:10	38							122
Andy Godden	23:40	38	22:30	41	24:40	39							118
Max Walker			17:50	49	17:55	50							99
Anthony Baker	30:10	24	26:05	34	26:45	32							90
Stephen Chapman			19:50	48	24:05	40							88
Maxwell Cook	26:30	28	27:05	31	29:50	28							87
Henry Cox	22:15	42			22:35	42							84
Andy Cotterill	24:10	36	22:45	40									76
Ian Ward	29:55	25	33:45	25	30:30	26							76
Gareth Venables	25:50	32	27:35	29									61
Raife Padley	26:05	30	34:40	24									54
Ashley Richards			34:45	23	28:10	30							53
Hamish Waring	29:25	26	30:00	27									53
Rory Jordon			20:25	47									47
Obi Juan	22:50	40											40
Ted Hukins					25:45	37							37