Milocarian Athletic Club Virtual Championship 2025(4) - Men Runners 4 - In Conjunction with the STRAVA App													
Dated 9th November 2025													
Alternate 5km/10km Competition	**15/09 - 28/79**		**29/09 - 12/10**		**13/10 - 26/10**		**27/10 - 09/11**		**10/11 - 23/11**		**24/11 - 07/12**		**Total**
	5km		**5km**		**5km**		**5km**		**5km**		**5km**		
	Time	pts	Time	pts	Time	pts	Time	pts	Time	pts	Time	pts	
Dan Collis	19:05	49	19:55	50	19:40	49	19:20	49					197
Charlie Wood	20:55	48	20:25	49	20:20	47	20:15	48					192
David Branfoot	17:00	50	23:05	38	18:40	50	18:40	50					188
Rob Poole	21:20	46	21:15	43	21:25	46	21:20	47					182
Jo Foreshew	22:05	43	20:55	45	20:05	48	23:50	43					179
Nick Wood	21:35	45	20:50	46	23:20	41	23:45	44					176
Stephen Chapman	20:55	48	21:20	42	26:45	27	24:20	40					157
Andy Godden	23:10	38	22:35	39	24:25	37	24:25	39					153
Henry Cox	23:15	37	28:10	23	21:35	45	22:50	46					151
Max Walker	22:20	42	20:30	48	24:05	39	40:50	21					150
Anthony Baker	25:40	33	25:25	32	24:15	38	24:25	39					142
Gareth Venables	30:05	19	24:25	34	25:40	32	23:25	45					130
Tom Kirby	22:35	40	21:05	44	22:10	44							128
Jamie Kelly	25:50	31	27:45	25	26:15	31	25:15	35					122
Sam Jones	27:30	23	43:50	17	24:45	35	24:05	41					116
Maxwell Cook	25:50	31			24:30	36	24:30	37					104
Ian Ward	25:50	31	31:05	20	33:10	23	32:00	22					96
Rory Jordon	22:45	39	20:30	48									87
Freddy Strachan	21:35	45	22:05	41									86
Felix Keating	22:25	41			23:10	42							83
Hamish Waring	31:15	18	32:55	18	38:00	22	30:35	24					82
Obi Juan			23:45	36			24:00	42					78
Ted Hukins	33:40	17	27:35	26	26:15	31							74
Raife Padley	27:15	24			25:20	33							57
Ashley Richards			31:25	19			28:10	28					47
Richard Adamson							26:00	32					32
Alex lane							27:50	29					29
Greg Charles			26:40	27									27
James McLoughlin	26:15	27											27
Nick Barnett-Johnston							30:20	25					25