Milocarian Athletic Club Virtual Championship 2026(2) - Men Runners 5 - In Conjunction with the STRAVA App													
Dated 7th June 2026													
Alternate 5km/10km Competition	**30/03 - 12/04**		**13/04 - 26/04**		**27/04 - 10/05**		**11/05 - 24/05**		**25/05 - 07/06**		**08/06 - 21/06**		**Total**
	5km		**5km**		**5km**		**5km**		**5km**		**5km**		
	Time	pts	Time	pts	Time	pts	Time	pts	Time	pts	Time	pts	
Dan Collis	16:30	50	19:35	47	19:00	48	18:35	49	20:50	49			243
Tom Kirby	16:50	49	18:25	50	22:45	41	18:20	50	20:15	50			240
Charlie Wood	21:40	44	21:05	45	15:20	50	22:45	45	22:05	46			230
David Branfoot	17:35	48	18:35	49	22:35	43	23:05	42	21:30	47			229
James Kelly	22:25	40	21:45	43	22:20	46	22:40	46	22:15	45			220
Henry Cox	19:45	47	20:55	46	17:35	49	25:00	36	23:50	40			218
Nick Wood	24:05	36	23:45	37	23:40	39	23:00	43	23:35	43			198
Jo Foreshew	21:50	43	19:15	48	25:40	35	23:30	41	36:05	22			189
Rory Jordon	20:15	45			21:40	47	21:25	47	20:55	48			187
Obi Juan	22:00	42	25:35	34	23:55	38	25:05	34	26:00	33			181
Andy Godden	25:25	32	21:45	43	23:00	40	28:50	26	25:00	37			178
Rob Poole	22:10	41			22:30	45	22:45	45	25:50	34			165
Anthony Baker	25:40	28	26:00	33	24:55	37	25:55	32	26:40	32			162
Max Walker	20:10	46	21:30	44			29.15	25	23:35	43			158
Jamie McLoughlin	23:35	38	23:00	39			24:50	37	23:35	43			157
Gareth Venables	29:20	20			26:15	33	23:40	40	24:05	39			132
Hamish Waring	31:40	16	34:40	22	34:45	24	24:15	39	28:55	28			129
Freddy Strachan	23:15	39	22:35	41	22:30	45							125
Ian Ward	29:30	19	29:30	28	30:35	26	29:20	24	32:15	23			120
Raife Padley	25:35	29			22:40	42			25:35	35			106
Sam Jones	26:50	23	22:50	40					25:25	36			99
Ashley Richards	24:35	33	29:25	29	29:25	29							91
Thomas Thornhill			23:30	38			24:45	38					76
Sam Breen	23:55	37							24:10	38			75
Greg Charles					27:10	32			29:25	26			58
Maxwell Cook	26:30	24	27:20	32									56
Stephen Chapman							28:15	27	29:10	27			54
Lewis Mann					29:25	29	30:45	23					52
Nick Barnett-Johnston	25:50	27							31:00	24			51
Ted Hukins	29:35	18	31:05	24									42
Felix Keating					25:40	35							35
Richard Adamson	24:10	35											35