

Milocarian Athletic Club Virtual Championship 2026(3) - All Runners 3 - In Conjunction with the STRAVA App

Dated 2nd August 2026

Alternate 5km/10km Competition	22/06 - 05/07		06/07 - 19/07		20/07 - 02/08		03/08 - 16/08		17/08 - 30/08		31/08 - 13/09		Total
	5km		5km		5km		5km		5km		5km		
	Time	pts	Time	pts	Time	pts	Time	pts	Time	pts	Time	pts	
Tom Kirby	19:15	49	19:05	50	18:25	49							148
Dan Collis	19:25	48	21:40	48	18:00	50							146
Rory Jordon	21:55	45	21:15	49	21:40	47							141
David Branfoot	17:40	50	22:55	46	23:20	44							140
Charlie Wood	21:30	46	23:20	43	23:25	43							132
Henry Cox	23:10	44	23:10	45	24:40	41							130
Nick Wood	24:00	39	23:35	42	23:10	45							126
Jo Foreshew	24:40	37	25:35	39	21:35	48							124
James Kelly	21:20	47	23:15	44	28:40	31							122
Anna Naylor (F)	23:50	41	27:05	37	24:45	40							118
Andy Godden	23:45	42	25:35	39	25:35	36							117
Obi Juan	24:25	38	27:25	35	28:10	33							106
Esme Hollick (F)	26:55	34	28:15	34	30:40	28							96
Ashley Richards	29:50	30	30:00	30	30:00	29							89
Ian Ward	28:55	32	29:40	31	32:50	26							89
Elleanor Atwell (F)	30:34	28	31:25	29	31:00	27							84
Gareth Venables	26:00	36			22:35	46							82
Raife Padley	23:55	40			23:40	42							82
Hamish Waring	30:00	29	32:55	26	33:05	24							79
Max Walker			24:55	41	26:35	35							76
Maxwell Cook	26:45	35			25:20	38							73
Sam Breen	23:35	43			29:20	30							73
Hayley Perrin (F)	29:35	31			24:50	39							70
Sam Jones	28:35	33	28:25	33									66
Lewis Mann			28:55	32	34:30	23							55
Amy Hoo (F)	34:20	27			34:40	22							49
Freddy Strachan			21:40	48									48
Geoege Menges			25:20	40									40
Stephen Chapman					25:50	38							38
Ingrid Brodersen (F)			27:10	36									36
Jamie McLoughlin					27:50	34							34
Ted Hukins					28:20	32							32
Eliza Wood (F)			32:30	27									27
Ellie Cole (F)					32:50	25							25