

## MILOCARIAN ATHLETIC CLUB

### COMMITTEE NEEDS NEW BLOOD.

Milocarian AC was formed in 1930 to encourage young officers to take part in athletics. The club is now open to all ranks, male and female and dependents and runs an active cross-country programme, against clubs in the London area and supports the Achilles Schools Relays and the Youth Sport Trust's national schools' games.

The club is thriving, but the committee is ageing and needs new blood. Enthusiasm is far more important than running ability, but some athletic experience, in any capacity, would help.

Please help to keep the club running and contact Neil Wood on 01622 718665 or [wood358@btinternet.com](mailto:wood358@btinternet.com) for further information.