

Constitution and Rules

NAME

1. The Club shall be called the Milocarian Athletic Club.

OBJECT

2. The primary object of the Club is to promote the efficiency of the Armed Forces of the Crown by providing opportunities for indulging in the healthy sport of Athletics thereby encouraging physical fitness among its members, and in the furtherance of the primary object.

a) To encourage and raise the Standard of Athletics, Cross Country Running and Road Running, amongst All Ranks of the Royal Navy, Army and Royal Air Force.

b) To bring the three services into closer touch with each other and to form a medium through which better liaison of the Services may be obtained.

c) To enter teams for Open Meetings and Inter Club Matches thereby providing the opportunity for members of the three services to compete together.

3. The Club is affiliated to the Royal Navy Amateur Athletic Association, the Army Athletic Association and the Royal Air Force Athletic and Cross Country Association.

MEMBERSHIP

4. The Club shall be open to All Ranks of the three Armed Services, Reserve Forces, Ministry of Defence, Civil Servants and all ranks of Commonwealth Forces.

5. Persons qualified under 4 above shall be entitled to membership of the Club on request. The Committee shall have the right for good and sufficient reason to terminate the membership of any person provided that the person shall have the right to be heard by the Committee before a decision is made.

6. The committee shall have the right to invite non-service people to become members by virtue of being relatives of existing members or of their athletic ability and support for the ethos of the club. Any invitation is to be endorsed unanimously by the committee and will then confer full membership rights.

7. All members ceasing to be on the active list of the forces retain their membership unless a letter of resignation is submitted to the secretary.

8. Associate membership shall be open to All Ranks of Allied Forces attached to the British Forces.

AMATEUR STATUS

9. All Club members must be amateurs in accordance with the following definition: 'An amateur is one who has never competed for a money prize or monetary consideration in any Athletic Sport or Game, or been in any way interested in a staked bet or wager made in connection with any Athletic Competition in which he was an entrant or competitor, who has never engaged in, assisted in or taught in any Athletic exercise for pecuniary consideration, or in any way exploited his Athletic ability for profit, and who has never taken part in any Athletic competition with anyone who is not an Amateur.

CLUB AND FIRST CLAIM STATUS

10. Club Status: The Club is a bona fide Club or Society of amateur athletes affiliated to UKA. (UKA Rule 2). Additionally it is a closed club where membership is restricted (see 4 above).

11. First Claim Status:

Note: The first Club joined by athletes will be known as their First Claim Club and remain so until membership is terminated (for full details see UKA Rule 3).

a) Under UKA Rule 5 (1), where athletes are at school or cadet college, that school or college shall always have first claim on their services irrespective of any other claim on them.

b) Under UKA Rule 5 (4), a first claim member of a club serving in HM Forces may, on application to the appropriate Eligibility Committee, be deemed and shall remain during the period of service, first claim member of the Forces Club.

c) Under UKA Rule 5 (5), where athlete's first claim club do not include all disciplines, they are eligible to represent an additional first claim clubs in any discipline of athletics for which their first claim club does not cater, following approval from the appropriate Eligibility Committee.

d) Under UKA Rules 3 and 4, only first claim members may represent the Club in open team competitions. The Club may however use members who are first claim to their school or cadet college, provided they are not required by their school or college for the same competition.

FUNDS

12. The funds shall be vested in the name of the Milocarian Athletic Club and an account operated by the Honorary Treasurer.

SUBSCRIPTIONS

13. The Club subscription shall be £10 annually. After paying ten years annual subscriptions a member can, on paying a lump sum to be decided annually by the Committee, become a life member or continue paying the annual subscription.

14. Associate Members and Commonwealth Members stationed outside the United Kingdom, are not required to pay subscription.

SUBSCRIPTIONS IN ARREARS

15. Any Member, other than a life or Honorary Member, who has failed to pay his subscription for two consecutive years shall be deemed to have left the club.

CONSTITUTION OF THE COMMITTEE

16. The Committee which shall be checked at the Annual General Meeting shall consist of:

The Chairman
Hon Secretary
Hon Treasurer
Naval Member*
Army Member*
RAF Member*
Cross Country Running Secretary
Road Running Secretary
Editor of the Handbook and Milonews
Publicity Member

* Who may co-opt up to two further Service members, the Royal Navy to include Royal Marine representation.

Note: One member may take on two or more posts as circumstances require.

17. The Chairman with the agreement of the Committee, shall have the power to invite members to join the Committee as may be required to fill vacancies. The Committee may, in addition, co-opt members if the interest of the Club make this desirable.

APPOINTMENT OF OFFICIALS

18. The Committee shall elect a President and may elect up to five Life Vice Presidents, from among the Members of the Club who have given outstanding services to athletics and to the Club.

19. The Committee shall appoint a Honorary Secretary and Honorary Treasurer, Cross Country Running Secretary and Road Running Secretary, who shall be ex-officio members of the Committee and shall hold office at the will of the Committee.

ANNUAL GENERAL MEETING

20. There shall be a General Meeting of the members of the club at least once a year, to be held upon a date and at a time to be fixed by the Committee, for the following purposes:

a) To receive from the Committee the report, Balance Sheet and Statement of Accounts for the preceeding financial year.

b) To elect the members of the Committee and to appoint Auditors for the ensuing year.

c) The Honorary Secretary shall produce for inspection at the AGM a copy of the Rules for the Administration and Organisation of the Committee. These rules which guide the actions of Committee members shall have been approved and certified by the Chairman.

d) The Honorary Secretary shall produce for inspection at the AGM a full list of Club members showing details of their subscription state and type of membership.

e) Discuss any matter which may be placed before the Committee.

DATE OF GIVING NOTICE OF A RESOLUTION

21. Any member desirous of moving any resolution at the Annual General Meeting shall give notice thereof in writing to the Honorary Secretary not less than ten days before the date of such a meeting.

ALTERATION OF RULES

21 The Rules of the Club shall only be altered at a General Meeting of the Club by a vote of at least two-thirds of those present and voting. Except that no alteration to the Rules of the Club shall be made which purport to authorise the Property of the club to be applied for purposes which are not charitable by law.

MINUTES

23. Minutes of the General and Committee Meetings shall be kept in a book provided for that purpose by the Honorary Secretary.

TRAVELLING EXPENSES

24. The Honorary Treasurer is authorised to pay travelling expenses incurred by Members when representing the Club in any meeting in which the Club is competing as a team. The rate will be decided by the Committee. Claims for overnight or meal expenses will only be met in exceptional circumstances.

25. This rule does not apply to members competing in open events as individuals.

26. Members are expected to wear Club vests and dark blue shorts when representing the Club. Members taking part in open meetings should wear Club Kit when appropriate.

DISSOLUTION

27 The Club may be dissolved by resolution passed by not less than two-thirds of those members present and voting at either an Annual or Extra Ordinary General Meeting of which twenty one days prior notice has been given in writing. Such a resolution may give instructions for the disposal of any assets held by the Club after all debts and liabilities have been paid; the balance left to be transferred to some other charitable institution or instructions having objects similar to those of the Club.