INTER-CLUB RACE - Ranelagh v Milocarian AC and The Stragglers 2nd April 2022 - 4.5 miles Richmond Park

The Ellis Trophy Match In Richmond Park, took place on a revised route due to some recent temporary Park conditions. The three teams of Ranelagh AC, Milocarian AC and Sragglers AC set off at a brisk pace across the attractive undulating course, in ideal conditions of firm ground and sunshine. Frederick Strachan led from the start with Andrew Reeves and Tom Rann in close pursuit. Tom managed to take the lead in the final few hundred meters up a testing gradient and then managed to keep ahead of Frederick to finish in first place. To have two Milos runners in the first two places was most encouraging. Andrew Reeves and Jessica Ludwyche also did well to finish 5th and 9th respectively, to form a good Milos scoring group. Jessica is congratulated in being placed in first place in the ladies race. With Felix Keating and Nick Wood then finishing in 16th and 18th places, Milocarian AC completed a good win to beat Ranelagh AC by six points. Many Congratulations to the Milos, on Winning the Ellis Trophy!

Pos	Name	Club	Time	Cat.
1	Tom Rann	MILO	26.07	SM
2	Frederick Strachan	MILO	26.11	SM
3	Timm Jens	STR	26.32	M40+
4	David Lawley	RAN	26.38	M40+
5	Andrew Reeves	MILO	27.07	M40+
6	Ed Forbes	RAN	27.31	M40+
7	Mark Herbert	RAN	27.36	M40+
8	Tom Matthews	STR	27.38	M40+
9	Jessie Ludwyche	MILO	27.49	SL
10	Crispin Allen	STR	28.11	M40+
11	Suzy Whatmough	RAN	28.14	SL
12	Roy Reeder	STR	28.27	M40+
13	Sophie Biggs	STR	28.32	L40+
14	John Shaw	RAN	28.43	M60+
15	Tom Cameron	RAN	28.50	SM
16	Felix Keating	MILO	28.57	SM
17	Sarah Palmer	RAN	29.02	SL
18	Nick Wood	MILO	29.27	M40+
19	Lizzie Broughton	RAN	29.35	SL
20	Donovan Duffy	STR	29.57	M40+
21	Cecily Day	RAN	30.37	SL
22	Lukas Appenzeller	RAN	31.13	M40+
23	Malcolm Fletcher	STR	31.53	M40+
24	Kelly Page	STR	34.11	L40+
25	Julie Hayworth	STR	34.22	L40+

26	Gavin McAllister	MILO	34.45	SM
27	Matt Parker	STR	34.51	M40+
28	David Lewis	STR	35.04	M40+
29	Phil Davis	STR	35.04	M40+
30	Ramona Thevenet	STR	35.15	L40+
31	Eliza Wood	MILO	35.38	SL
32	David Scotton	STR	37.08	M40+
33	Heloise Plumley	STR	39.49	SL
34	John Dixon	STR	46.17	M40+
35	Tony Addison	STR	51.51	M40+

TEAMS: 6 to Score

- 1. Milocarian AC 51 ELLIS TROPHY
- 2. Ranelagh Harriers 57
- 3. The Stragglers 66

TEAMS: Women 4 to Score

- 1. Ranelagh Harriers 17 DYSART CUP
- 2. The Stragglers 27

Some team Photographs below



L-R: Tom Rann, Kevin McAllister, Frederick Strachan, Andrew Reeves, Jessica Ludwyche, Nick Wood, Eliza Wood



L-R: Tom Rann, Kevin McAllister, Frederick Strachan, Andrew Reeves, Jessica Ludwyche, Nick Wood, Eliza Wood, Paul French



Frederick Strachan, Neil Wood, Tom Rann, Kevin McAllister;