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# Milonews:

## The Newsletter of Milocarian AC

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Issue No 5

November 1986

### The 1987 Mars London Marathon

Once again I have made a bid for places in the 1987 London Marathon.

To be allocated one of the places you MUST be a first claim member of the Club. If I receive more than 5 bids for the places they will be allocated using the following criteria, in order of importance:

To those with a rejection slip from the 1986 Marathon.

To those who have been rejected the most number of times.

To those who, in the opinion of the Committee have done the most amount on the Clubs behalf.

### Volunteers Required

Volunteers are required to fill the following posts on the Club Committee:

**Hon Secretary.** This can be an occasionally onerous task and must be filled by a serving member of the services. Apart from the normal duties of a club secretary he will also have to publish the Milonews.

**Treasurer.** This job would ideally suit a retired member of the club who wishes to remain involved with the club activities.

### Club History

The Club history was recently discovered at Sandhurst and was returned to the club by RMAS. F/S Mick Morris agreed to take on the post of Club Historian. Unfortunately the history is incomplete from 1950 up to 1984, the period for which it was missing. Therefore Mick has the following plea for our longer serving members. If you have any cuttings, photographs, results or the like from the above period could you please contact him. He will arrange to copy any material and return it if required. Micks address and telephone number is:

F/S MS Morris  
Sgts' Mess  
Royal Air Force  
Innsworth  
Gloucester  
GL3 1 HW

Tel: RAF Innsworth ext 2399 (work)  
Gloucester 731137 (home)

Notes from the Cross Country Secretary

Gentlemen, now that we are starting to pose a threat to our traditional rivals, isn't it time we all wore club kit to give them a chance to recognise us (from behind preferably). Dark blue vests and club ribbon are available from the Cross Country Secretary at only £4. Pride should dictate that we are well turned out.

Ever wondered how Orion Harriers are able to get away with spreading litter in Epping Forest for us to follow? Their official History explains.

"At the fourth meeting of the Orion Committee on 8th November 1911, the Captain lent the club £1 to obtain permission for us to lay trails. The Forest authorities still have this sum and will only repay it, according to regulations detail 1903, if we ever cease to use the Forest for 'paper chasing'. We have received the odd rebuke during our history from past Forest Superintendants for illegally hanging our paper on bushes and for using trail paper not in accordance with regulations, but we have become well known to the regular keepers over the years and generally enjoy a good relationship with the Forest Authorities."

As I am sure you are aware the club will be represented on 22nd November by a team, led by Eric Thomas, at Birglen, West Germany. This means that I have had to postpone the race against the Bank of England. This event will now take place on 31st January 1987.

On the subject of the Germany Race the race will start at 1500hrs on the 22nd and any of our members in Germany who wish to compete should report to Eric Thomas at the start by 1400hrs. If you do intend to run, if possible let Eric or the Hon Sec know.

Ladies, suprise the man in your life by giving him a 'long one' in club colours. Silk club ties make an ideal Christmas present and are available now from the Cross Country Secretary at only £7. A bargain not to be missed, only 10 left!

Our opening race of the season, at RMA Sandhurst, saw a very pleasing turnout from Milocararians. We fielded 17 runners on the day, split into two and a half teams.

- |               |               |             |
|---------------|---------------|-------------|
| 2. Shew       | 50. Thomas    | 73. Lewins  |
| 21. Vaughnton | 56. Reilly    | 89. Pierce  |
| 29. Malmstrom | 63. McCarthy  | 93. Fiddes  |
| 32. Morris    | 66. Lawrence  | 94. Cook    |
| 34. Gilroy    | 67. ?         | 96. Sumptor |
| 42. Howard*   | 69. Fullbrook | 104. Morral |

\* (Surely more of us can beat this old bloke!)

104 ran

Teams

- |           |                    |                     |
|-----------|--------------------|---------------------|
| 1. RMA A. | 5. Milocararian A. | 10. Milocararian B. |
|-----------|--------------------|---------------------|

10 teams ran

See you at Orion on Saturday 29th November.

Terry Lewins.

MINUTES OF THE ANNUAL GENERAL MEETING OF THE MILOCARIAN ATHLETIC CLUB  
HELD AT RMA SANDHURST ON 18TH OCTOBER 1986

Present:

General Sir Charles Harrington	President
Lt Col AFS Ling	Chairman
Gp Capt CGH Pierce (Retd)	Treasurer
Mr TW Lewins (RAF Retd)	Cross Country Sec
Lt Col GW Howard	Army Member
Capt JR Cook	
F/S CA Fiddes	
F/S MS Morris	
Sgt RF Morrall	
Sgt CG Shew	
Sgt MS Sumpter	
Cpl TE Thomas	
Mr J Reeve (RAF Retd)	
Flt Lt JW Gilroy	Hon Secretary

1. The Chairman welcomed those present.

Apologies for Absence

Action

2. The secretary reported that the committee had received apologies for absence from Col Strong, Fg Off Niblock, Cpl Vaughton and Cpl Malmstrom.

Minutes of Last Meeting

3. The minutes of the last meeting were read and accepted as a true record of the meeting.

Proposed: Sgt Sumpter  
Seconded: Cpl Thomas  
Carried unanimously

Matters arising from the Previous Minutes

4. Para 23 of the last minutes; It was understood that Wg Cdr Clark was still progressing the offer of Honorary Life Membership to Steve Jones. Mr Lewins stated that he would take up the matter and ensure it was resolved by the next AGM.

XC Sec

5. Para 25 of the last minutes; The posters had been purchased and appear to have been highly effective, however the initial purchase had all but been used up. The Hon Sec proposed that a further £20 be voted to purchase another batch.

6. Para 30 of the last minutes; The Hon Sec had investigated the reprinting of the Club Constitution and Rules. He felt that some 400 could be reprinted for around £100 but this would mean a slow self help job by the Hon Sec. In that the covers would be printed commercially but the inside would be typed and photo-copied.

7. Mr Lewins then stated that his company would meet 30%

The Athletic Club of The Three Services

of the cost of the covers in exchange for an advert on the inside. The Hon Sec then offered to meet another 30% of the cost for the same conditions

8. The following proposal was put to the meeting:

- a. That £20 be allocated to reprint the publicity poster.
- b. That the sum of £100 be allocated to reprinting the Club Constitution and Rules.
- c. That the offers of Mr Lewins and the Hon Sec be accepted.

Proposed: Sgt Sumpter

Seconded: Sgt Shew

Carried unanimously

Treasurer  
Hon Sec

Committee Members

9. The Chairman informed the meeting that due to pressure of work and his continued absence in Northern Ireland he was tendering his resignation as Chairman. Lt Col Howard had been asked by the committee to take on the Chairmanship of the Club and had agreed so to do.

10. The Secretary pointed out that he was still due to leave the RAF in January 1987 and felt that he should not continue as Hon Secretary after that date as the Secretary should always be a serving member of the services. However he would continue to carry out the duties until a suitable volunteer was found.

11. There were no other candidates for chairman therefore Lt Col Howard was asked to chair the remainder of the AGM.

Proposed: Flt Lt Gilroy

Seconded: Sgt Morrall

Carried unanimously.

12. The Club President then formally proposed a vote of thanks to Lt Col Ling for his hard work over the previous years. The vote was carried unanimously.

13. With the discovery of the Club archives the meeting felt that the Club should have a Historian to maintain and update the Club History. This post would be an ex-committee one and would thus not require ratification at an AGM. F/S Morris volunteered to take on this task and now has custody of the Clubs History.

F/S Morris

14. Gp Capt Pierce informed the meeting that he would like to be replaced as Treasurer in the not to distant future. Mr Reeve was asked by the Chairman if he would take on the task. He agreed to consider it.

15. The current composition of the committee is:

The Athletic Club of The Three Services

PRESIDENT:	General Sir Charles Harrington
CHAIRMAN:	Lt Col GW Howard
TREASURER:	Gp Capt CGH Pierce (Retd)
HON SECRETARY:	Flt Lt J W Gilroy
CROSS COUNTRY SEC:	Mr TW Lewins
ROAD RUNNING SEC:	S/Sgt J Robertson
NAVY MEMBER	Vacant
ARMY MEMBER	Lt Col R Shields
RAF MEMBER	Vacant

Financial Report

16. The Treasurer presented the balance sheet to the meeting, copy attached, and reported that the club was financially sound.

17. Auditing of the Clubs accounts had once again been carried out by the RAPC and this arrangement should continue for the foreseeable future.

18. The accounts were accepted as a true record of the Clubs financial position.

Proposed: Mr Reeve  
Seconded: F/S Morris  
Carried unanimously.

Presentation of Trophies

19. The Club President presented the 1985/86 Cross Country Trophy (an engraved glass goblet) to Cpl Eric Thomas. Mr Lewins told the meeting that as yet he had been unable to determine the winner of the Marathon Trophy as no club members had approached him at Swinderby.

XC Sec

Milonews

14. The Secretary reported that he was continuing to produce Milonews mainly by scrounging good quality photocopying facilities and therefore the cost to the Club was zero. However he wished once again to have £100 allocated towards the cost of producing the newsletter.

15. Once again Mr Lewins stated that his company was prepared to meet up to £50 of the cost of producing the newsletter.

The following proposal was then put to the meeting:

a. That up to £100 be allocated for the production of the Milonews until the next AGM.

b. That Mr Lewins kind offer of £50 towards costs be accepted.

Proposed: F/S Morris  
Seconded: Sgt Shew  
Carried unanimously.

Treasurer  
Hon Sec

Unit Membership

16. The Hon Sec informed the meeting that he had received a letter from Lt Col Kenway, Commanding 1st Battalion The Duke Of Edinburghs Royal Regiment, asking if the Club could offer unit membership. The matter had discussed with the SCAA who had advised the Committee that under the terms of our constitution which defines the Club as a "club" in which case membership must be on an individual basis.

17. Some discussion then took place on whether the club should be redefined as an "association" which would get round the unit mebership problem. However it was obvious from the tone of the discussions that the Clubs traditions and history sre to great to permit such a radical change.

Recruitment and Publicity

18. Flt Lt Gilroy reported that recruitment of new members was proceeding very nicely within the RAF and Northern Ireland units of the Army. However new members from the Army within the UK were few and far between and non existant from the RN. The Chairman promised the meeting that he and the Hon Sec would try to rectify this problem.

Chairman

19. The floor then suggested that copies of the Milonews should be sent to the messes on all initial training units and to all services cross country leagues.

Hon Sec

Cross Country Secretarys' Report

20. Mr Lewins stated that as his yearly report had been published in the last issue of Milonews he did not propose to go through it again. However he had found the results that had been misplaced and luckily they had made no difference to the club championship. The Chairman then thanked him for his enthousiasm and services over the past year.

Any Other Business

21. Germany Grant. Cpl Eric Thomas, who had volunteered to organise the Germany Trip this year, proposed that a grant of up to £120 be voted to offset the cost of the teams travel to Germany for the fixture against 13 Sig Regt.

Seconded: Sgt Shew  
Carried unanimously.

Treasurer  
Cpl Thomas

22. Presentation to 13th Sig Regt It was suggested from the floor that some sort of presentation should be made by the club to thank 13th Sig Regt for their hospitality. F/S Fiddes suggested that the first man home from the 13th Sig Regt Team should be given a similar engraved goblet to that presented as Trophies earlier in the AGM. This idea was accepted as a firm proposal.

Seconded: Mr Reeve  
Carried unanimously.

XC Sec  
Cpl Thomas

23. There being no further business the Chairman pronounced the meeting closed.



J W GILROY  
Flt Lt  
Hon Sec

MILOCARIAN AC

CASH POSITION AS AT

17 OCTOBER 1986

Cash in Hand	-09p
Bank - Current A/C	260.32
Deposit A/C	1025.52
National Savings Bank	1042.40
Treasury Stock	996.86
	<u>£3325.19p</u>

Picture Slot

The following picture of member Gary Adams was sent by John Lennon from Northern Ireland. What are you speaking about Gary?



MILOCARIAN ATHLETIC CLUB

BALANCE SHEET AS AT 1 JANUARY 1986

<u>1984</u>		<u>1984</u>
2049.01	Accumulated funds as at 1st January 1985.	Sundry Debtors 12.24 (Inland Revenue) 4.32
<u>382.22</u>	<u>Add excess if Income</u>	Treasury 10% Convertible Stock due 1990 999.86
<u>2431.23</u>	<u>over Expenditure</u>	<u>CASH - At Bank</u>
NIL	Sundry Creditors	NIL
		WESTBANK Bank PLC 132 High St Southend on Sea
		a. Current Account 110.37
		b. Deposit Account 739.89
		NATIONAL SAVINGS BANK 1042.40
		<u>CASH In Hand</u>
		a. treasurer 0.09
		b. Gross Country Sec 68.34
		Stock of Ties 75.46
<u>£2431.23</u>		<u>£2431.23</u>

Auditors Certificate

I certify that I have inspected the books of account and supporting vouchers of Milocarian Athletic club for the twelve months ending 31st December 1985. I believe that the Income and Expenditure Account and the Balance Sheet represent an accurate statement of the club's activities and assets.

*J.J. Rapcs.*

Colonel RAPC

17 March 86



