

MILONEWS

The News Letter of Milocarian AC

Issue 14 - August 1991

Comments and contributions to:
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MESSAGE FROM THE CHAIRMAN

Another Season is almost upon us. Members known to be active will by now have received the 1991/1992 provisional fixture list. It is a full one, so please put all the dates in your diary now; especially our Home fixture and AGM at Sandhurst on the 5th of October 1991.

Neil Wood has taken over as Cross Country Secretary and kit member from Frank Boland, who is off Rome. Thank you Frank for all your hard work and welcome to the committee Neil. Mike Sumpter continues to do sterling work as secretary and would welcome contributions for the MiloNews. Come on you budding authors.

As you can see from the results, 30 members turned out for us last season and we averaged 10 per fixture; a vast improvement on the mid eighties. John Gilroy managed to win the Cross Country Trophy, again! I am delighted to see Frank Boland's consistency rewarded with a very close second place and the committee were unanimous in judging Tudor Fox to be the most improved runner last season. Well done all three.

Our first season in the Chiltern League was not too successful. To improve we need to turn out 10 runners minimum each time and require the support of our faster runners. The standard at the front is quite high, as Tim Jones found out at Banbury. well done Tim. I was tired just supporting.

Your committee was in good heart when we met last month, but we need your active support if we are to make the best of the attractive fixture list which Neil has arranged for us.

I look forward to running with many of you again and wish you all an enjoyable and successful 1991/1992 cross country season.

GORDON HOWARD

HELP
FILL THIS SPACE

ARTICLES WANTED

RACE REPORTS
THE RUNNING SCENE WHERE YOU ARE
OLD MILOS - WHERE ARE YOU NOW
STORIES FROM THE PAST
YOU NEED TO WRITE TO COMMUNICATE

CHILTERN LEAGUE FIXTURE

Burnham Beeches, on 8th December 1990

A very cold day with a good few inches of snow cover. But an interesting course through the beech trees and leafy tracks, with one or two surprises!

Individual Results:	Winner	A	Magnall	Luton	37m 13s
	3rd	T	Jones		37m 55s
	27th	S	Finch		41m 35s
	45th	I	Greenhalgh		42m 55s
	53rd	P	Clarke		43m 23s
	87th	J	Gilroy		45m 39s
	117th	F	Boland		48m 14s
	122nd	T	Fox		48m 27s
	123rd	J	Carroll		48m 32s
	139th	B	Rickard		50m 43s
	147th	M	Sumpter		51m 39s
	156th	M	Wilson		52m 40s
	169th	H	Van Arem		55m 27s
	172nd	J	Iqbal		56m 15s
	173rd	R	Parker		56m 28s
	183rd	N	Niblock		62m 32s

There were 184 runners, of which 15 were Milocarian AC.

Team Results:

1st	Vale of Aylesbury	1475pts
9th	Milocarian AC	987pts

There were 17 teams.

After 3 league fixtures:

1st	Vale of Aylesbury	4411pts
12th	Milocarian AC	2305pts

There are 18 teams in the league.

KINGSTON AC & POLYTECHNIC HARRIERS FIXTURE

Richmond, on 15th December 1990

A 7 mile course (a 4 mile lap and a smaller 3 mile lap) over the usual Richmond Park terrain.

Individual Results:	Equal	M	Critchlow	W4 Harriers	37m 55s
	Winners	R	Johnston	W4 Harriers	37m 55s
	8th	G	Buften		41m 52s
	9th	I	Jebson		43m 58s
	10th	J	Gilroy		44m 21s
	12th	G	Howard		44m 48s
	13th	B	Rickard		45m 32s
	14th	M	Kennedy		45m 40s
	15th	T	Fox		46m 00s
	16th	F	Boland		46m 35s
	18th	M	Sumpter		53m 37s

There were 18 runners, of which 9 were Milocarian AC.

Team Results (scoring 6 aside) :	1st	Kingston & Polytechnic H
	2nd	Milocarian AC

There were 3 teams.

METROPOLITAN POLICE FIXTURE

West Wickham, on 5th January 1991

A cold and breezy day at the Sparrow's Den, but for once the steep slopes were not icy.

Individual Results:	Winner	M	Hickin	Met Police	25m 24s
	11th	G	Adams		27m 45s
	15th	J	Gilroy		28m 31s
	24th	M	Kennedy		29m 36s
	37th	M	Van Arem		31m 17s
	39th	F	Boland		31m 28s
	42nd	T	Fox		32m 17s
	45th	R	Parker		34m 24s
	47th	M	Sumpter		35m 47s
	50th	J	Carroll		37m 04s

There were 53 runners, of which 9 were Milocarian AC.

Team Results (scoring 9 aside) :	1st	Metropolitan Police
	4th	Milocarian AC

There were 6 teams.

CHILTERN LEAGUE FIXTURE

Wing, on 19th January 1991

A long drive to an undulating course over farm fields which were dry and dusty, apart from the large deposits of animal waste and the water splash that turned the dust into mud.

Individual Results:	Winner	W	Dee	Luton	29m 00s
	4th	T	Jones		30m 37s
	13th	S	Finch		31m 57s
	32nd	P	Carr		33m 29s
	36th	I	Greenhalgh		33m 45s
	53rd	J	Gilroy		34m 49s
	76th	W	Reilly		36m 06s
	100th	I	Jebson		36m 57s
	128th	B	Rickard		38m 17s
	134th	F	Boland		38m 47s
	157th	J	McCarthy		40m 18s
	180th	M	Sumpter		42m 56s

There were 201 runners, of which 11 were Milocarian AC.

Team Results:		
1st	Vale of Aylesbury	1666pts
9th	Milocarian AC	1287pts

There were 18 teams

After 4 league fixtures:		
1st	Vale of Aylesbury	6077pts
11th	Milocarian AC	3592pts

There are 18 teams in the league.

THAMES HARE AND HOUNDS FIXTURE

Wimbledon, on 2nd February 1991

This fixture was held on the usual Wimbledon Common course and was only a two way competition.

Individual Results:	Winner	D	Cowie	Milocarian	29m 20s
	2nd	I	Greenhalgh		29m 44s
	3rd	J	Gilroy		30m 52s
	7th	M	Kennedy		32m 52s
	8th	G	Howard		33m 15s
	9th	N	Wood		33m 29s
	10th	B	Rickard		33m 37s
	14th	F	Boland		34m 30s
	16th	T	Fox		35m 26s
	19th	J	Iqbal		36m 02s
	22nd	M	Sumpter		39m 03s
	23rd	J	McCarthy		39m 28s

There were 27 runners, of which 12 were Milocarian AC.

Team Results (scoring 10 aside) : 1st Milocarian AC
2nd Thames Hare and Hounds

There were 2 teams.

KINGSTON AC & POLYTECHNIC HARRIERS FIXTURE

Richmond, on 16th February 1991

A very small field, just 19 runners, turned out to run Kingston's 9 mile course, consisting of a 5 mile lap and a 4 mile lap.

Individual Results:	Winner	M	Critchlow	W4 Harriers	46m 15s
	7th	J	Gilroy		52m 39s
	11th	W	Reilly		57m 07s
	14th	F	Boland		59m 40s
	15th	T	Fox		59m 42s
	16th	J	Iqbal		61m 48s
	18th	M	Sumpter		65m 25s

There were 19 runners, of which 6 were Milocarian AC.

Team Results (scoring 3 aside) : 1st W4 Harriers
4th Milocarian AC

There were 4 teams.

CHILTERN LEAGUE FIXTURE

Northwood, on 9th March 1991

A big fixture, there were lots runners, well it seemed that way. This fixture was supposed to have been in Luton, but Ruislip Woods will do nicely for me, thank you!

Individual Results:	Winner	P	O'Brien	Old Gaytonians	29m 00s
	120th	J	Gilroy		35m 12s
	177th	G	Howard		38m 00s
	184th	N	Wood		38m 28s
	208th	J	Iqbal		39m 30s
	220th	T	Fox		40m 29s
	222nd	M	Sumpter		40m 52s
	234th	R	Parker		42m 30s

There were 261 runners, of which 7 were Milocarian AC.

Team Results:

1st Vale of Aylesbury 1075pts
9th Milocarian AC 336pts

After 4 league fixtures:

1st Vale of Aylesbury 7152pts
13th Milocarian AC 3928pts

There were 16 teams

There are 18 teams in the league (Div 2).

NB There were in fact 26 teams, as the race included Division 1 teams.

THIS
SITUATION
IS
VACANT
PLEASE FILL IT

OTHER RACES

INTER SERVICES MARATHON

Swinderby, on 12th October 1990.

Individual Results :	Winner		Martin	Army, 21 Sig Regt	2:28:22
	65th	W	Reilly	RAF Benson	3:25:19

WATFORD HALF MARATHON

Watford, on 3rd February 1991.

This half marathon remains a popular one with some of the Milo's!

Individual Results :	Winner	K	O'Conner	Watford Harriers	1:05:39
	26th	S	Finch		1:14:25
	243rd	S	Appleton		1:25:18
	719th	M	Sumpter		1:36:41
	757th	J	Iqbal		1:37:46
	896th	N	Niblock		1:40:31
	1114th	J	McCarthy		1:46:27

(I must point out that John's position and time was not due to his many aches and ills this season, but to the dedicated support and encouragement given to a colleague, he was helping around the course.)

THE ORION 15 INVITATION RACE

Chingford, on 16th March 1991.

This annual cross country race has attracted Milocarians in ever decreasing numbers over the years, and this year was no exception. Only one Milo was brave enough to tackle this rather demanding cross country course. Well done Ian!

Individual Results :	Winner	J	Goldring	Woodford	1:29:37
	11th	I	Greenhalgh		1:35:55

There were 303 finishers, of which 271 were men and 32 were ladies.

END OF SEASON - INDIVIDUAL PLACINGS

FIXTURES	OCT			NOV			DEC			JAN			FEB			MAR			TOTAL
	6	13	27	24	1	8	15	5	12	19	26	2	16	9	23				
ADAMS	17					19			20	18								74	
BOLAND	9	16	15	17	14	16	15	17	13	13	13	18						193	
BUFTON							13											13	
CARR									11	11								22	
CARROLL				11	6	7		12										37	
CLARKE						9												9	
COWIE	20										20							40	
FINCH	18	19	19	20	19	19	19	16	12	20	19	20						111	
FOX	11	16	16		15	15	16	16	12		12	17	16	16	16			142	
GIBSON						11												11	
GILROY	15		18				11	17	19	16	17	18	20	20	20			199	
GREENHALGH	19	20			20	18			17	18								131	
HAMILTON	16	19		19						17	18	19						54	
HOPKINS	14																	14	
HOWARD		12		16	16		18				16	14	19	19	19			130	
IQBAL				12		6					11	14	16	17	15			77	
JAMES	5																	5	
JEBSON	12	18	20	18	17	20	20	20	14	15								100	
JONES										20								60	
KENNEDY					9		12	18										56	
MCCARTHY	10	15			7					12	9	17						46	
MCMAHON		11																18	
NIBLOCK	6			14		10	10											30	
PARKER	7	14	14	12	11	11	15											73	
REILLY	13	17		18				15	16	14	14	19	14					98	
RICKARD																		59	
ROONEY									10									10	
SUMPTER		13	13	15	10	13	14	14		11	10							157	
VAN AREM				13	8	8	13											42	
WILSON	8	14		13	13	12												47	
WOOD			17								15		18	18				68	
TOTAL COMP	16	10	8	10	15	15	9	10	10	11	12	7	7	7				7	

CROSS COUNTRY FIXTURES 1991/92

All fixtures are on Saturday and start at 15:00 unless otherwise stated.

1991

5 OCT 91 (1430)	RMA Sandhurst (Home Fixture) Terry Lewins Trophy	Yes/Maybe/No
12 OCT 91	Chiltern League Fixture (Kingsbury)	Yes/Maybe/No
26 OCT 91	Chiltern League Fixture (High Wycombe) (TBC)	Yes/Maybe/No
16 NOV 91	Orion and Others (Chingford)	Yes/Maybe/No
30 NOV 91	Chiltern League Fixture	Yes/Maybe/No
7 DEC 91	Ranelagh 5 miles (Petersham) Ellis Trophy	Yes/Maybe/No
14 DEC 91	British Airways (TBC)	Yes/Maybe/No

1992

4 JAN 92	Chiltern League Fixture (Burnham)	Yes/Maybe/No
11 JAN 92	Chiltern Running Club (Amersham)	Yes/Maybe/No
25 JAN 92	Bank of England (Roehampton)	Yes/Maybe/No
08 FEB 92	Poly/Kingston AC 9 miles (Richmond)	Yes/Maybe/No
15 FEB 92	Chiltern League Fixture (Banbury)	Yes/Maybe/No
22 FEB 92	Thames Hare & Hounds (Wimbledon)	Yes/Maybe/No
07 MAR 92	Ranelagh 3.75 dash (Petersham)	Yes/Maybe/No
21 MAR 92	Bank of England (Roehampton)	Yes/Maybe/No

Note: Full details of individual races will be sent nearer their respective dates with directions and meeting points.

Please complete this form (including your name and correct address and phone number) and return to me at the address below.

Neil Wood
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 Whitehall
 London SW1A 2HB
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 or
 TEL: 081 546 7706 (home)

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