

MILONEWS

The News Letter of Milocarian AC

Issue 16 - September 1992

Comments and contributions to:

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MESSAGE FROM THE CHAIRMAN

Thank you for your continued support last season. Over 50 of us, with varying success, turned out for the club in the Winter of 1991/92.

The numbers turning out, and the number of fixtures, are both well up on ten years ago. Our relative success augurs well for the future and long may this continue. Much enthusiasm was shown, both by members and their families, at the end of season handicap and social at RAF Halton last Grand National day. We intend to hold a similar event this season.

Once again, however, we have reached the position where only one of your committee is a serving member of the Armed Forces. Neil Wood, our Cross Country Secretary has recently left the Army. Whilst he is happy to remain in post for another season, he can no longer chase runners out for matches or use Service post facilities to serving members. Much of our increased success was due to Neil's chasing, but neither he nor the club can afford for him to carry this on from home.

This is not the only problem. Neil, like your treasurer and myself, is no longer in a position to recruit new blood; without which the club will die. It is your club and we need not only your continued support at fixtures but for some of you to take on the running of it.

A good turn out at our Home fixture at Sandhurst always helps. Please come along to run and to attend the AGM. An offer of your services to help to run the club would be an added bonus.

Good running and a successful season to all.

Gordon Howard

**IF THIS MILONEWS REACHES YOU BY A CIRCUITOUS ROUTE
PLEASE LET ME (MIKE SUMPTER) KNOW
YOUR NEW ADDRESS**

KEEP YOUR CLUB INFORMED OF YOUR GLOBE TROTTING!

CHILTERN LEAGUE FIXTURE

Banbury, on 15th February 1992

Individual Results:	Winner	A					Club Points
	8th	A	Spinozzi	Luton	29m	32s	---
	11th	A	Turnball		30m	33s	20
	26th	S	Finch		30m	38s	19
	30th	I	Greenhalgh		31m	46s	18
	36th	D	Frith		31m	54s	17
	68th	P	Carr		32m	17s	16
	72nd	P	Brown		34m	15s	15
	81st	F	Watt		34m	18s	14
	91st	B	Reilly		34m	40s	13
	92nd	K	Henderson		35m	05s	12
	112nd	N	Wood		35m	09s	11
	133rd	D	Gambell		35m	50s	10
	139th	I	Jebson		36m	32s	9
	145th	P	Lawrence		36m	42s	8
	154th	I	Goldsmith		37m	07s	7
	164th	J	McCarthy		37m	55s	6
	183rd	P	Thompson		38m	23s	5
	192nd	B	Plummer		41m	09s	4
		M	Sumpter		42m	21s	3

There were 206 runners, of which 18 were Milocarian AC.

Team Results:	1st	Luton	1641pts
There were 17 teams.	3rd	Milocarian AC	1555pts
Veteran team competition.	1st	Milocarian AC	668pts

THAMES HARE & HOUNDS FIXTURE

Wimbledon, on 22nd February 1992

Individual Results:	Winner	?				Club Points
	16th		Wood(junior)			20
	18st	B	Reilly			19
	20th	N	Wood			18
	23rd	I	Jebson			17
	27th	B	Rickard			16
	31st	T	Fox			15
	34th	J	Gilroy			14
	35th	K	Anthony			13
	42nd	P	Thompson			12
	45th	R	Parker			11
	46th	B	Plummer			10
	47th	M	Sumpter			9

There were 52 runners, of which 12 were Milocarian AC.

Team Results:	1st	Hercules AC
There were 4 teams.	3rd	Milocarian AC

RANALAGH FIXTURE

Richmond Park Petersham, on 7th March 1992

Individual Results:	Winner	?				Club Points
	3rd	A	Turnball	20m	58s	20
	5th		Zacharides (Milo Guest)	21m	28s	-
	17th	B	Reilly	23m	21s	19
	23rd	T	Blacker	24m	02s	18
	25th	K	Henderson	24m	05s	17
	27th	N	Wood	24m	13s	16
	28th	J	Gilroy	24m	16s	15
	30th	B	Rickard	24m	27s	14
	34th	I	Goldsmith	25m	11s	13
	37th	J	McCarthy	26m	10s	12
	42nd	G	Howard	27m	13s	11
	43rd	B	Plummer	27m	23s	10
	45th	C	Kenyon-Brown	28m	29s	9
	49th	M	Sumpter	29m	52s	8

There were 50 runners, of which 14 were Milocarian AC.

Team Results: 1st Ranalagh

There were 4 teams. 2nd Milocarian AC

BRITISH AIRWAYS FIXTURE

Cranford Park, on 8th March 1992

Individual Results:	Winner	G	Taylor	BA			Club Points
	16th	J	Gilroy	33m	30s	20	---
	17th	I	Bielby	33m	43s	19	
	18th	K	Henderson	33m	50s	18	
	20th	B	Reilly	34m	39s	17	
	24th	N	Wood	35m	00s	16	
	25th	B	Rickard	35m	29s	15	
	26th	I	Goldsmith	35m	32s	14	
	31st	J	McCarthy	36m	48s	13	
	35th	P	Thompson	37m	23s	12	
	36th	K	Anthony	37m	26s	11	
	42nd	R	Parker	39m	23s	10	
	52nd	M	Sumpter	42m	44s	9	

There were 55 runners, of which 12 were Milocarian AC.

Team Results: 1st British Airways

2nd Milocarian AC

BANK of ENGLAND FIXTURE

Richmond Park Roehampton, on 21st March 1992

Individual Results:	Winner	J	Barnard	Ind			Club Points
	14th	J	Gilroy	34m	29s	20	
	19th	N	Wood	35m	41s	19	
	24th	T	Fox	36m	41s	18	
	28th	J	Pritchard	38m	50s	17	
	29th	R	Parker	39m	51s	16	
	34th	B	Plummer	41m	20s	15	
	35th	M	Sumpter	42m	30s	14	
	37th	C	Kenyon-Brown			13	

There were 37 runners, of which 7 were Milocarian AC.

Team Results: 1st Massey Ferguson RR

There were 4 teams. 4th Milocarian AC

**MILOCARIAN HALF-MARATHON CHAMPIONSHIP
FLEET HALF-MARATHON**

Calthorpe Park, Fleet, on 22nd March 1992

Individual Results:	Winner	B	Dee	Luton	62m	47s
	47th	A	Turnball		74m	27s
	50th	R	Clark		74m	45s
	63rd	I	Greenhaigh		75m	32s
	162nd	B	Shields		82m	06s
	188th	B	Reilly		83m	12s
	210th	I	Bielby		87m	50s
	243rd	I	Jebson		85m	22s
	285th	J	McCarthy		87m	05s
	329th	P	Lawrence		88m	26s
	389th	I	Goldsmith		89m	57s
	405th	K	Henderson		90m	20s
	482nd	P	Thompson		92m	20s
	508th	K	Anthony		93m	06s
	622nd	J	Iqbal		96m	09s
	865th	M	Sumpter		102m	12s

There were over 1679 runners, of which 15 were Milocarian AC.

Team Results: 1st FOD Dulmen

There were 80 teams. 9th Milocarian AC

(Also J Lennon, another Milo, running for his unit, FOD Dulmen was 6th in a time of 68m 37s)

BURNHAM BEECHES HALF-MARATHON

Burnham Beeches, on 23rd August 1992

Individual Results:	Winner	V	Gamer	Aldershot, Farnham & Dis.	68m	48s
	118th	I	Jebson		84m	27s
	218th	B	Rickard		89m	40s
	885th	M	Sumpter		117m	24s

There were 1026 runners, of which 3 were Milocarian AC.

MILOCARIAN HANDICAP RACE

4th APRIL 1992

RESULTS

<u>Position</u>	<u>Name</u>	<u>Time</u>	<u>Handicap (in mins)</u>
1 =	Clive Kenyon Brown	34m 45s	+ 6
1 =	Norman Niblock	34m 45s	+ 6
3	Keith McMahon	35m 00s	0
4	John Reeve	36m 01s	+ 9
5	Mike Sumpter	38m 20s	+ 8.45
6	Ian Goldsmith	38m 27s	+ 13
7	Peter Thompson	38m 35s	+ 11
8	Rod Parker	38m 49s	+ 10
9	Bill Reilly	39m 18s	+ 14.30
10	Ian Jebson	39m 32s	+ 13.45
11	Paul Brown	39m 37s	+ 14.45
12	Ian Greenhalgh	39m 40s	+ 16.30
13	Neil Wood	39m 43s	+ 14
14	Keith Henderson	39m 48s	+ 14.30
15	Alan Turnball	39m 58s	+ 16.30
16	Paul Lawrence	42m 06s	+ 13.45
17	Doug Cowie	42m 37s	+ 14.30

To get your actual time - deduct your handicap from your finish time.

Fastest time of the day - **Ian Greenhalgh - 23m 10s.**

WELL DONE ALL, and to the officials, John McCarthy, Mike Wilson and Gordon Howard

The Summer Season

Well, the summer season was a bit of a failure, although some significant results were achieved. The aim was to maintain the impetus and enthusiasm that had been built up during the winter and to meet what seemed to be a fairly widespread demand for a run and reunion or two between cross-country seasons.

Alright, I know, family holidays, the cricket season, the sterling crisis and the situation in Yugoslavia conspired to distract all but the keenest from the BA race on 10th May. Nevertheless, Ian Bielby ran in 34th and I followed him in 50th. And we got smart BA mugs for our efforts - summer running has its rewards.

The loneliness of the long distance runner was somewhat eased at Stevenage on 26th July when a swarm of six Milos appeared. Obviously they had been training hard and gave good account of themselves in a field of 300, particularly Alan Turnball who finished a stirring 3rd.

The placings were:

Alan Turnball	3rd	33m 56s
John Gilroy	32nd	37m 49s
Wood(Junior)	35th	38m 14s
Tudor Fox	49th	39m 55s
Charles Pratley	50th	39m 56s
Neil Wood	70th	41m 34s

The first three made up our team entry which took 5th place out of 25 teams. So perhaps it was all worthwhile after all, but it would have been nice to have seen a few more of you.

**MINUTES OF THE ANNUAL GENERAL MEETING OF
THE MILOCARIAN ATHLETIC CLUB**

HELD AT RMA SANDHURST ON SATURDAY 5th OCTOBER 1991

Present:

Gordon Howard	Chairman
Mike Sumpter	Secretary
John McCarthy	Treasurer
Neil Wood	Cross Country Secretary
Simon Appleton	
Steve Finch	
Tudor Fox	
John Gilroy	
Ted Hamilton	
Jaz Iqbal	
Ian Jebson	
Martin Kennedy	
John Reeve	
Bill Reilly	
Eric Thomas	
Mike Wilson	

Apologies for Absence

1. The following apologies were received :

General Sir Charles Harington
Doug Cowie
Norman Niblock
Paul Lawrence

Matters arising from the previous minutes.

2. The minutes were published in Milonews 13 and circulated at the meeting. There were no matters arising apart from the Sandhurst fixture which was now back, almost, in its right position as the first fixture of the season at the beginning of October.

The minutes were proposed, seconded and passed unanimously as a true record.

Chairman's Review

3. The Chairman welcomed everybody to meeting and thanked all for such a large turnout, especially those who had travelled long way. He had little to add to what he had already said in the last Milonews, but encouraged everyone to make maximum effort to attend the Chiltern League fixtures as we needed at least 10 runners to achieve anything. The Chairman thanked the members of the committee for their hard work and welcomed Neil Wood, the new Cross Country Secretary and thanked him for the new season's full fixture list. In his absence, Frank Boland was thanked for all his sterling work.

Committee members

4. The Chairman brought this item forward and told the meeting that although the committee were willing to carry on, all positions were by election and if there were any volunteers for any of the posts they would be welcomed. The meeting offered no volunteers and the committee were voted, unanimously, into post for another year.

Financial Report

5. The Treasurer circulated copies of the audited and approved Balance Sheet. It showed that although the Club's finances were very healthy, expenditure had increased due to postal costs and more members attending and claiming expenses for the various fixtures. The question of obtaining the maximum interest on the Club's savings was raised again, but it was felt that unless someone could "advise otherwise" that the current investments were achieving the best return available whilst being secure and befitting the Club's charitable status. A copy of the financial statement is attached.

Eric Thomas proposed that the accounts be accepted as a true record of the Club's financial position. It was seconded by Neil Wood and carried unanimously.

Hon Secretary's Report

6. The Secretary thanked Neil Wood for the acquisition of an almost brand new lockable filing cabinet and reported that he was in the process of filing current and archive material. New albums to hold archive photographs etc had still to be purchased and brought up to date. A request for articles for the Milonews was made yet again in order to produce Milonews more often. The Secretary would like to hear of all races that members take part in and how they get on. A new members directory was in the planning stage but the Secretary was still awaiting a list of members paying by standing order.

ACTION : Treasurer

Cross Country Secretary's Report

7. A full fixture list had been sent to all known runners and published in Milonews. The only fixture yet to be finalised was a match against British Airways (1st March 1992). The Cross Country Secretary also encouraged maximum turnout at the Chiltern League fixtures, the first being at Kingsbury on the 12th October (next week). The location of this year's half-marathon championship was discussed and agreed that the Fleet would again be the right venue (March 1992).

Presentation of trophies

8. The Secretary was still awaiting some trophies, but the following were presented:

Half Marathon Championship 1990	Doug Cowie	(Fleet 1991)
Full Marathon Championship 1990	Bill Reilly	(Swinderby 1990)
The Cross Country Champion 1990/91	John Gilroy	
The Cross Country Runner-up 1990/91*	Frank Boland	
The Most Improved Runner 1990/91*	Tudor Fox	

NB : * Trophy not presented as yet.

Any other business

10. The position of Road Running Secretary was discussed yet again and the meeting felt that due to the fact that most races required pre-entry so far in advance and all charged entry fees, it was extremely difficult to organise team entries. It was felt that we should all continue to enter as individuals, but remember to enter as Milocarian AC. It was suggested that if we could coordinate these individual entries we may be able to raise a team at some of the more popular events. Martin Kennedy volunteered to have a go as a Road Running Coordinator and members were asked to let Martin know when ever they planned to run in any road race. As Road Running Coordinator, Martin was invited to join the committee.

There being no other business the meeting closed at 1735hrs.

MILOCARIANS ATHLETIC CLUB

INCOME AND EXPENDITURE ACCOUNT FOR THE YEAR ENDING 31ST DECEMBER 1990

	<u>1989</u>		<u>1990</u>	<u>1990</u>	<u>1989</u>
	64.23	Postage and Admin.	178.02	Subscriptions	552.63
	272.40	Travel	421.76	Deposit Interest	57.89
	34.50	Affiliation Fees	49.50	National Savings Bank	194.09
	95.87	Entertainment/Reunion	737.16	Dividends	50.00
	262.00	Stock Purchases	720.65	Grant	NIL
		Stock Written Off (Incl. Initial Subs) (Less Club Subsidy on Sales)	439.65	Donations	35.00
	35.50	Donations	40.00	Sales	85.00
	83.46	Trophies	144.26	Stock	196.00
	278.54	Income Over Expenditure	1090.39	Reunion Subs.	470.00
	<u>1126.50</u>		<u>1640.61</u>		<u>1640.61</u>
					<u>1126.50</u>

MILOCARIANS ATHLETIC CLUB

BALANCE SHEET AS AT 1ST JANUARY 1991

	<u>1989</u>		<u>1990</u>		<u>1989</u>
4354.25	4354.25	Accumulated Fund as at 1st January 1990	4632.79	Sundry Debtors (Inland Revenue)	24.24
NIL	NIL	Less Excess of Expenditure over Income	884.50	Treasury 10% Convertible Stock Due 1990	999.86
278.54	278.54	Add Excess of Income	NIL		
NIL	NIL	Over Expenditure	NIL		
		Sundry Creditors	NIL	<u>CASH AT BANK</u>	
				Nat. West Bank Plc 132 High Street Southend On Sea Essex	
				A. Current A/C	1262.46
				B. Deposit A/C	714.00
				<u>NATIONAL SAVINGS BANK</u>	1747.59
				<u>CASH IN BANK</u>	NIL
<u>4632.79</u>	<u>4632.79</u>		<u>3748.29</u>		<u>4632.79</u>