Milonews Mil

MiloNews

The Newsletter of Milocarian AC Issue 20 - MARCH 1994

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Message from the Chairman

Thanks largely to the efforts of our cross country secretary Neil Wood, we are again having a reasonably successful seaso with a good number of runners turning out and some enjoyable fixtures.

Once again to close off the season all active runners are invited to enter the club handicap at RAF Halton on the 9th Ap 1994. It will, as before, be over part of the Royal Air Force Championship course and be over a distance of some 4.5 miles wi handicaps given by me.

The event will followed by high tea, at which all members and their families would be most welcome. Mike Sumpter including a proforma for you to return elsewhere in this Milonews. Please do come along. The past couple of handicaps have been most enjoyable.

It is particularly important that all who can make it do turn out, as we will have to preceed the run with a short special Gener Meeting. Neil advised the AGM last October that pressure of running his new business meant that he would have to resign as cro country secretary. No-one volunteered to take over and, as he had already planned it, Neil soldiered on for another season. The tin will soon be here, however, to start planning next season and the need for a replacement for Neil is now urgent.

We cannot run the club without a good cross country secretary. Are you prepared to take over? If so, please contact one the committee. If not, our special meeting will have one agenda item - Where do we go from here? All members please note are if possible please turn out. You will enjoy the afternoon and may help chart the way ahead for your club.

Gordon Howard

MILOS AT HOME



Charles Alan Ken Keith Ian Mick Paul Peter Mark Ian Tracy Norman Pratley Turnbull Dunn Henderson Barker Hendry Stunt Johnson Shepherd Jebson Clark Niblock John Paul Brendon Tudor Neil McCarthy Brown Cradden Fox Wood

Milonews Mil

Comments and contributions including changes of address to:
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West End Road, Ruislip, Middx HA4 6NG
Telephone: 081-845-2300 Ext 7268 (GPTN 95233)

COURSES OF ACTION By Neil Wood

A periodic and personal view of some of the club courses that the Milocarians visit regularly and a further attempt by the Cross-Country secretary to fill up a page or two of the Milonews!

No 3 - Gadebridge

Gadebridge is a polite name for a suburb of Hemel Hempstead: when giving directions to get to the course, the club secretary usually confines himself to an offhand "take the Leighton Buzzard road north out of Hemel and turn left at the second roundabout". And he never fails to add that "you can't miss it".

All of which is completely true, but omits the fact that, to get on to the Leighton Buzzard road, first you have to negotiate Hemel's very own Magic Roundabout. This monument to '60s town planning looks as though it was thought up by an astronomer and a designer of pin-ball machines. That would probably not have been too bad, but for the fact that they worked on alternate days and did not speak to one another at the weekends.

There is a large central island surrounded by several satellites; this is neither remarkable nor indeed unique, however, the fact that traffic flows in both directions round and round and in and out of this archipelago lends the roundabout its truly magical quality. Like the pin-ball, your car is fired into the maze, rattled around the islands and in a splash of flashing lights and beeping noises, is spat out - well, if you are lucky, on the road to Gadebridge.

The course is in a park, the park is on the side of a hill; you run round and round the park and up and down the hill - 3 times. It is a bit like the Magic Roundabout, except that the course is in 3 dimensions not just 2 and they share the cartoon quality because the course is rather Mickey Mouse.

A 3 lap senior race is on the lean side of 6 miles: the start is at the top of the park and you run out along the fence until you have to turn right between a hedge and a tree; undulating would be the word for that bit. Having rounded the tree - keep to the inside or an elbow will put you into the hedge (hawthorn) - you head quite steeply downhill, cross the road to your left and head uphill, round a few trees and back down to recross the road and descend further yet to the bottom of the park; slopes are steepish and 200m a time, the surface grassy and with no surprises. At the bottom of the park is another sharp right and a flat 200m blind before right again, up into the heart of the park where you bear left and go back to the bottom again - did the "Grand Old Duke of York" train here? I really forget. The descent is quite sharp, but a blessed relief because you can recover your composure before taking 2 more rights and climbing the Hemel end of the hill and then going round the whole lot twice more. In every lap of the figure-of-eight course there are 3 significant hills, 9 in a race, certainly more than in most single circuit events.

So, it is Mickey Mouse, running a few laps of some open parkland on a good surface, but remember, there is always a sad bit in every Disney cartoon. Take that gool scene in Robin Hood, for instance; Alan A Dale sings a lament with a refrain that goes "Sometimes the Ups Outnumber the Downs": he was not singing about Gadebridge, but he could have been.

Milocarians - Half Season Report

Last season was excellent for the club - good turn outs and good results; this year, by comparison, has been something of a disappointment. Two factors make this rather roller-coaster record inevitable; first, the shifting nature of our younger membership and secondly, the level at which we compete - in the main it is not high enough to retain the better runners that we attract and they eventually find their true level in more competitive clubs.

Geography does not help either, but more of that later: on the other hand, the promise of a good tea is a lure for runners second to none.

I think the Milocarians' Sandhurst match tea is achieving legendary status and this probably explains the steady growth in size of the entry. This year 8 clubs, including Sandhurst itself, entered a total of 17 teams and the quality of the field matched that of the tea. The winning time of 30:14, by I Campbell of the Met Police was stunning and the police team's depth of talent gave it a deserved win. We were 5th, Alan Turnbull leading our 20 runners in 15th.

Bad geography - Towcester must be virtually the northernmost outcrop of the Chilterns - and no tea contributed to a dismal performance in the first league race. Suffice it to say that, even in Div 2, you cannot be competitive with half a team. Well done the intrepid 5 who made the trip and particularly to Paul Stunt whose 54th place was his best ever league finish.

Continued.....

Tea and geography were in favourable conjunction at the second Chiltern League fixture. We had a full team of 10, becau you don't need a visa and an atlas to get to Hemel Hempstead and tea was laid on by Paul Stunt and his mother and jolly good was too - thankyou both. Our result of 16th out of 18 teams was at least respectable: Ian Barker led the team in 33rd place and Pa Stunt further improved his league ranking with 48th place and the rest of us did as well as age and infirmity allowed! Tracy, o leading lady, showed her improving form - think of another way of phrasing that, will you? Ed. - with a good 25th place.

The Kingston and Poly match saw the return of Steve Finch after illness and injury and everything seemed to take a turn f the better. The inspiration given to the team by having a class runner at its leading edge is undeniable. Twelve of us turned up a although we did not beat Kingston this year, there were satisfying individual performances; Paul Stunt, in particular, sustained I recent good form, heading our finishers - including Steve - in 4th place; Ian Ward also showed promise in 15th.

I can never fathom Orion's scoring system, so I not sure how we finished as a team on 20 Nov, but we seemed to do alrig with Finch back in form in 6th place, Stunt going well in 17th and Gilroy and Jebson making welcome returns in 32nd and 44l

At Ranelagh, on 4 Dec for the Ellis Trophy, we were announced as the team to beat and sadly, so it proved - into 3rd pla out of 9 teams. Never mind, the race produced the intriguing spectacle of Steve Finch being pipped for 5th place by Nick Woo It was good to see Ken Dunn and Clive Wintrip back and running well in 13th ad 16th, John Gilroy in 32nd and an improving I Jebson in 41st ahead of Eric Thomas in 43rd.

That completed the first half of the season: in all, it was below expectations, but the trend of performances and results pointed a better second half. Favourable pointers, in my view, were the increased status of our home match - Ranelagh and the rest real care about winning the Ellis Trophy these days. On top of that, the dependability of our regulars - we all know who they are providing a firm bedrock to support new members such as Ian ward and Mick Hendry: new recruits will only come back if the sense that there is something enduring to come back to: a committed core to the Club represents that continuity.

STOP PRESS: Milocarian Becomes TA Southern Area Cross Country Champion.

Nick Wood, representing Bristol UOTC, won the TA Southern Area race at Pirbright on 16th January 1994. As you can imagin his Dad was jolly proud!

NEW MEMBERS SPOT

The Club would like to welcome the following new members

Mick Hendry (September 1993)
Ian Ward (October 1993)
Howard Long (December 1993)
Idan Piercy (January 1994)

MILOS OWN "TEA LADIES"



HOME FIX	TURE		Sandh		2nd October 19 Club Pts	93				
Individual R	esults:				olub I ts					
Winner	?		30m	14s						
15th	A	Tumball	35m	25s	20					
22nd	I	Barker		07s						
27th			36m		19	_				
	P	Johnson	36m	31s	18		were 119 runner			
28th	K	Dunn	36m	31s	17	of whi	ch 20 were Milo	carian AC		
30th	K	Spacie	36m	48s	16					
48th	M	Shepherd	38m	37s	15	Team	Results (6 to	count)	17 team	19
49th	P	Stunt	38m	38s	14	1.	Met Police A		I' touis	76pt
55th	C	Pratley	39m	01s	13	2.	Thames H & 1	1 A		
59th	P	Winchcombe	40m	04s	12	3.	RMA Sandhu			98pt
70th	K	Brown						rst A		127 _F
74th			40m	06s	11	4.	Ranelagh A			152 _I
	N	Wood	40m	23s	10	5.	Milocarian A			189_{1}
77th	В	Cradden	40m	33s	9	6.	Orion A			237 _F
32nd	T	Fox	40m	59s	8	7.	RMA Sandhus	srt B		242
94th	G	Howard	42m	57s	7	8.	British Airway	vs	271pts	
5th	J	McCarthy	43m	10s	6	9.	Ranelagh B		Pto	357
01st	K	Henderson	43m	59s	5	10.	Met Police B			
04th	N									390 _]
		Niblock	45m	20s	5	11.	Bank of Engla		393pts	
105th	J	Reeve	46m	05s	5	12.	Thames H & 1		405pts	
15th	T	Clark (Lady)	48m	47s	5	13.	Kingston & Po	oly	413pts	
16th	M	Hendry	49m	42s	5	14.	Milocarian B		•	427
HILTERN	LEAGU	E FIXTURE - RACE 1	Stowe		October 1993 Jub Pts					
ndividual Re	esults:			·	140 1 13					
Vinner?			30m	08s		There	were 196 runner	S		
4th	P	Stunt	35m	54s	20		ch 5 were Miloc			
03rd	K	Brown	38m	39s	19	or will	cii 5 wele willoc	arian AC.		
61th	K	Henderson				m ,	D 1. 101			
			42m	00s	18		Results:191			
91th	M	Hendry	50m	37s	17	Senior	s 1st Gade	valley	1446	
94th	M	Sumpter	53m	02s	16		18th	Milocar	ian AC	282pt
						There	were 18 teams.			
										549pt
adies Race						verera	ne let	Metroe		
			16m	20e		Vetera		Metros		
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CHILTERN	ere were 5	1 runners in her race)	19m Gade \	31s Valley, o	5 on 30th October Club Pts	There 1993	18th were 18 teams.	Milocar		
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Vinner ? 6th (The CHILTERN Individual Revinner ? 3rd 8th 05th 32nd 45th 59th 61st 71st 74th 08th adies Race Vinner ? 5th (The CHNGSTON Individual Revinner ? th th th Oth 3th 5th 0th	ere were 5 I LEAGU esults: I P K N J T I K J M T ere were 5 I & POLY esults: P S N J I I I T	Barker Stunt Brown Wood Gilroy Fox Ward Henderson McCarthy Hendry Clark 1 runners in her race) AC FIXTURE Stunt Finch Wood Gilroy Jebson Ward Fox	19m Gade 1 29m 32m 33m 35m 36m 37m 38m 38m 38m 44m 17m 20m Richm 27m 30m 30m 32m 32m 32m 32m 32m 33m	31s Valley, of C 00s 30s 03s 50s 58s 31s 04s 06s 59s 07s 19s 50s ond Parl C 22s 05s 08s 06s 11s 44s 56s 33s	5 on 30th October Club Pts 20 19 18 17 16 15 14 13 12 11 5 k, on 6th Noven Club Pts 20 19 18 17 16 15 14 17 16 15 14	There of which there is a second of the seco	18th were 18 teams. were 214 runners ch 10 were Milos Results: s 1st ? 16th were 18 teams. ns 1st 13th were 18 teams. were 18 teams.	Milocari s carian AC. Milocari Milocari Milocari	ian AC ian AC	139р
Vinner ? 6th (The CHILTERN Individual Revinner ? 3rd 8th 05th 32nd 45th 59th 61st 71st 74th 08th adies Race Vinner ? 5th (The KINGSTON Individual Revinner ? th th th Oth 3th 5th 0th 1st	ere were 5 I LEAGU esults: I P K N J T I K J M T ere were 5 I & POLY esults: P S N J I I T K	Barker Stunt Brown Wood Gilroy Fox Ward Henderson McCarthy Hendry Clark 1 runners in her race) AC FIXTURE Stunt Finch Wood Gilroy Jebson Ward Fox Henderson	19m Gade 1 29m 32m 33m 35m 36m 37m 38m 38m 38m 44m 17m 20m Richm 27m 30m 30m 32m 32m 32m 32m 33m 33m	31s Valley, of C Oos 30s 30s 03s 50s 58s 31s 04s 06s 50s 59s 07s 19s 50s ond Parl C 22s 05s 08s 06s 11s 44s 56s 33s 47s	5 on 30th October Club Pts 20 19 18 17 16 15 14 13 12 11 5 k, on 6th Noven Club Pts 20 19 18 17 16 15 14 13 12 11 5	There of which there is a second of the seco	18th were 18 teams. were 214 runners ch 10 were Milos Results: s 1st ? 16th were 18 teams. ns 1st 13th were 18 teams. were 18 teams.	Milocari s carian AC. Milocari Milocari Milocari	ian AC ian AC	139р
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Winner ? 6th (The CHILTERN Individual Re Winner ? 3rd 8th 05th 32nd 45th 59th 61st 71st 74th 08th adies Race Winner ? 5th (The	ere were 5 I LEAGU esults: I P K N J T I K J M T ere were 5 I & POLY esults: P S N J I I T K	Barker Stunt Brown Wood Gilroy Fox Ward Henderson McCarthy Hendry Clark 1 runners in her race) AC FIXTURE Stunt Finch Wood Gilroy Jebson Ward Fox Henderson	19m Gade 1 29m 32m 33m 35m 36m 37m 38m 38m 38m 44m 17m 20m Richm 27m 30m 30m 32m 32m 32m 32m 33m 33m	31s Valley, of C Oos 30s 30s 03s 50s 58s 31s 04s 06s 50s 59s 07s 19s 50s ond Parl C 22s 05s 08s 06s 11s 44s 56s 33s 47s	5 on 30th October Club Pts 20 19 18 17 16 15 14 13 12 11 5 k, on 6th Noven Club Pts 20 19 18 17 16 15 14 13 12 11 5	There of which there is a second of the seco	18th were 18 teams. were 214 runners ch 10 were Milos Results: s 1st ? 16th were 18 teams. ns 1st 13th were 18 teams. were 18 teams.	Milocari s carian AC. Milocari Milocari Milocari	ian AC ian AC	139р
Vinner ? 6th (The CHILTERN Individual Revinner ? 3rd 8th 05th 32nd 45th 59th 61st 71st 74th 08th adies Race Vinner ? 5th (The KINGSTON Individual Revinner ? th th th 0th 3th 5th 0th 1st 2nd	ere were 5 I LEAGU esults: I P K N J T I K J M T ere were 5 I & POLY esults: P S N J I I T K J J I I T K J J	Barker Stunt Brown Wood Gilroy Fox Ward Henderson McCarthy Hendry Clark 1 runners in her race) YAC FIXTURE Stunt Finch Wood Gilroy Jebson Ward Fox Henderson	19m Gade 1 29m 32m 33m 35m 36m 37m 38m 38m 38m 44m 17m 20m Richm 27m 30m 30m 32m 32m 32m 32m 33m 34m	31s Valley, of C Oos 30s 03s 50s 58s 31s 04s 06s 50s 59s 07s 19s 50s ond Parl C 22s 05s 08s 06s 11s 44s 56s 33s 47s 35s	5 on 30th October Club Pts 20 19 18 17 16 15 14 13 12 11 5 k, on 6th Noven lub Pts 20 19 18 17 16 15 14 13 12 11 17 16 15 14 13 12	There of which there is a second of the seco	18th were 18 teams. were 214 runners ch 10 were Milos Results: s 1st ? 16th were 18 teams. ns 1st 13th were 18 teams. were 18 teams.	Milocari s carian AC. Milocari Milocari Milocari	ian AC ian AC	139р

ORION FIX			Ching	ford, on	20th Noveml Club Pts	ber 1993		
Individual R Winner ?	esuits:		0.0					
	_		38m	16s			were 102 runners	
6th	S	Finch	41m	12s	20	of wh	ich 10 were Milocarian A	C.
17th	P	Stunt	42m	49s	19			
32nd	J	Gilroy	45m	30s	18	Team	Results - Unknown	
42nd	N	Wood	47m	09s	17			
44th	I	Jebson	47m	16s	16			
49th	K	Henderson	48m	21s	15			
56th	T	Fox	49m	00s	14			
79th	В	Carter	52m	19s	13			
97th	T							
98th		Clark (lady)	59m	02s	12			
98in	M	Sumpter	61m	04s	11			
RANELAG	H FIXTUF	RE - THE ELLIS TRO	PHY	Richn	nond Park, or Club Pts	n 4th December	er 1993	
Individual R Winner ?	esults:		20	07-		TDI	06	
5th	NC	Waad (Can)	29m	07s			were 96 runners	_
	NC	Wood (Son)	31m	17s	20	of wh	ich 13 were Milocarian A	C.
6th	S	Finch	31m	22s	19			
13rd	K	Dunn	32m	23s	18	Team	Results:	
16th	C	Wintrip	32m	39s	17	1st	Ranelagh	215p
24th	P	Stunt	33m	19s	16	3rd	Milocarian AC	273p
32nd	J	Gilroy	33m	59s	15			_,.p
11st	I	Jebson	35m	10s	14			
13rd	E	Thomas	35m	18s	13			
54th	N	Wood (Dad)	36m	12s	12			
58th	M							
		Kennedy	36m	49s	11			
64th	K	Henderson	37m	49s	10			
70th	J	McCarthy	38m	44s	9			
37th	М	Hendry	43m	37s	8			
CHILTERN	& CHAL	FONT FIXTURE	Little	Chalfont	, on 8th Janu Club Pts	ary 1994		
Individual Re	esults:							
Winner?			32m	29s				
5th	Н	Long	34m	38s	20	There	were ? runners	
7th	S	Finch	34m	45s	19		ich 10 were Milocarian A	C
l 1th	NC	Wood (Son)	35m	07s	18	of will	ich 10 were Milocarian A	C.
17th	P	Stunt						
23rd			37m	30s	17		Results:	
	N	Wood (Dad)	40m	40s	16	1.	Chesham AC	34pts
25th	I	Jebson	40m	49s	15	2.	Milocarian AC	41pts
27th	I	Ward	40m	58s	14	3.	Chiltern & Chalfont	43pts
35th	K	Henderson	42m	58s	13	4.	Handy Cross Joggers	76pts
?	J	McCarthy	?		12	There	were 4 teams.	
?	M	Sumpter	?		11			
MET POLI	CE FIXTU	RE	Sparro	ws Den,	on 15th Janu	ary 1994		
	esults:				Club Pts			
Individual Re			25m	37s		There	were 48 runners	
			23111				ich 10 were Milocarian A	~
ndividual Ro Winner ? 4th	S	Finch			20	of whi		()
Winner ? Ith	S H		26m	24s	20 19	of whi	ich to were milocarian A	С
Winner ? 4th 10th	H	Long	26m 27m	24s 41s	19			C
Winner ? 4th 10th 18th	H I	Long Jebson	26m 27m 30m	24s 41s 16s	19 18	Team	Results	
Winner ? 4th 10th 18th 22nd	H I B	Long Jebson Reilly	26m 27m 30m 30m	24s 41s 16s 38s	19 18 17	Team 1.	Results Croydon	33pts
Winner ? 4th 10th 18th 22nd 23rd	H I B N	Long Jebson Reilly Wood	26m 27m 30m	24s 41s 16s	19 18	Team	Results	33pts
Winner ? Ith Oth 8th 22nd 23rd	H I B	Long Jebson Reilly	26m 27m 30m 30m	24s 41s 16s 38s	19 18 17	Team 1.	Results Croydon	33pts 95pts
Winner ? 4th 10th 18th 22nd 23rd 27th	H I B N	Long Jebson Reilly Wood	26m 27m 30m 30m 30m	24s 41s 16s 38s 43s 39s	19 18 17 16 15	Team 1. 2. 3.	Results Croydon Met Police Milocarian AC	33pts 95pts 104p
Winner ? 4th 10th 18th 22nd 23rd 27th 81st	H I B N M K	Long Jebson Reilly Wood Kennedy Henderson	26m 27m 30m 30m 30m 31m 32m	24s 41s 16s 38s 43s 39s 05s	19 18 17 16 15	Team 1. 2. 3. 4.	Results Croydon Met Police Milocarian AC Phillips	33pts 95pts 104p 136p
Winner ? th Oth 8th 12nd 13rd 17th 1st	H I B N M K T	Long Jebson Reilly Wood Kennedy Henderson Clark (Lady)	26m 27m 30m 30m 30m 31m 32m 37m	24s 41s 16s 38s 43s 39s 05s 46s	19 18 17 16 15 14	Team 1. 2. 3. 4. 5.	Results Croydon Met Police Milocarian AC Phillips Bank of England	33pts 95pts 104p 136p 163p
Winner ? 4th	H I B N M K	Long Jebson Reilly Wood Kennedy Henderson	26m 27m 30m 30m 30m 31m 32m	24s 41s 16s 38s 43s 39s 05s	19 18 17 16 15	Team 1. 2. 3. 4.	Results Croydon Met Police Milocarian AC Phillips	33pts 95pts 104p 136p 163p
Winner ? 4th 10th 18th 22nd 23rd 27th 31st 44th	H I B N M K T M	Long Jebson Reilly Wood Kennedy Henderson Clark (Lady) Sumpter Robinson (Lady)	26m 27m 30m 30m 30m 31m 32m 37m 39m 42m	24s 41s 16s 38s 43s 39s 05s 46s 42s 06s	19 18 17 16 15 14 13 12 11	Team 1. 2. 3. 4. 5. 6.	Results Croydon Met Police Milocarian AC Phillips Bank of England	33pts 95pts 104p 136p 163p
Winner ? 4th 10th 18th 22nd 23rd 27th 31st 14th 16th	H I B N M K T M N	Long Jebson Reilly Wood Kennedy Henderson Clark (Lady) Sumpter Robinson (Lady)	26m 27m 30m 30m 30m 31m 32m 37m 39m 42m	24s 41s 16s 38s 43s 39s 05s 46s 42s 06s	19 18 17 16 15 14 13 12	Team 1. 2. 3. 4. 5. 6.	Results Croydon Met Police Milocarian AC Phillips Bank of England	33pts 95pts 104p 136p 163p
Winner ? 4th 10th 18th 22nd 23rd 27th 31st 14th 18th 18th AMK OF F	H I B N M K T M N N esults:	Long Jebson Reilly Wood Kennedy Henderson Clark (Lady) Sumpter Robinson (Lady)	26m 27m 30m 30m 30m 31m 32m 37m 39m 42m	24s 41s 16s 38s 43s 39s 05s 46s 42s 06s ond Parl	19 18 17 16 15 14 13 12 11 c, on 22nd Ja Club Pts	Team 1. 2. 3. 4. 5. 6.	Results Croydon Met Police Milocarian AC Phillips Bank of England Plumstead (only 2 runr	33pts 95pts 104p 136p 163p
Winner ? Ath Oth Sth 22nd 23rd 27th 31st 44th 46th 48th BANK OF F	H I B N M K T M N SENGLAND	Long Jebson Reilly Wood Kennedy Henderson Clark (Lady) Sumpter Robinson (Lady) FIXTURE	26m 27m 30m 30m 30m 31m 32m 37m 39m 42m Richm	24s 41s 16s 38s 43s 39s 05s 46s 42s 06s ond Parl	19 18 17 16 15 14 13 12 11 10 c, on 22nd Jar Club Pts	Team 1. 2. 3. 4. 5. 6. nuary 1993	Results Croydon Met Police Milocarian AC Phillips Bank of England Plumstead (only 2 runr	33pt: 95pt: 104p 136p 163p ners)
Winner ? Ath Oth Sth 22nd 23rd 27th 31st 44th 46th 48th SANK OF F ndividual Re Winner	H I B N M K T M N ENGLAND esults: S H	Long Jebson Reilly Wood Kennedy Henderson Clark (Lady) Sumpter Robinson (Lady) FIXTURE Finch Long	26m 27m 30m 30m 30m 31m 32m 37m 39m 42m Richm	24s 41s 16s 38s 43s 39s 05s 46s 42s 06s ond Parl	19 18 17 16 15 14 13 12 11 11 c, on 22nd Ja Club Pts	Team 1. 2. 3. 4. 5. 6. nuary 1993	Results Croydon Met Police Milocarian AC Phillips Bank of England Plumstead (only 2 runr	33pt: 95pt: 104 <u>p</u> 136p 163p ners)
Winner ? 4th 10th 18th 22nd 23rd 27th 31st 14th 18th 18th Winner 2nd 11th	H I B N M K T M N ENGLAND esults: S H P	Long Jebson Reilly Wood Kennedy Henderson Clark (Lady) Sumpter Robinson (Lady) FIXTURE Finch Long Stunt	26m 27m 30m 30m 30m 31m 32m 37m 39m 42m Richm	24s 41s 16s 38s 43s 39s 05s 46s 42s 06s ond Parl	19 18 17 16 15 14 13 12 11 15 Club Pts 20 19 18	Team 1. 2. 3. 4. 5. 6. nuary 1993	Results Croydon Met Police Milocarian AC Phillips Bank of England Plumstead (only 2 runr	33pt: 95pt: 104p 136p 163p ners)
Winner ? Ath Oth Sth 22nd 23rd 27th 31st 44th 46th 48th SANK OF F Individual Rev Winner 2nd 1th	H I B N M K T M N ENGLAND esults: S H	Long Jebson Reilly Wood Kennedy Henderson Clark (Lady) Sumpter Robinson (Lady) FIXTURE Finch Long	26m 27m 30m 30m 30m 31m 32m 37m 39m 42m Richm	24s 41s 16s 38s 43s 39s 05s 46s 42s 06s ond Parl	19 18 17 16 15 14 13 12 11 11 c, on 22nd Ja Club Pts	Team 1. 2. 3. 4. 5. 6. nuary 1993 There of whi	Results Croydon Met Police Milocarian AC Phillips Bank of England Plumstead (only 2 runr	33pt: 95pt: 104p 136p 163p ners)
Winner ? Ath Oth 8th 12nd 13rd 13rd 14th 14th 16th 18th BANK OF F Individual Rev Winner 1nd 1th 5th	H I B N M K T M N ENGLAND esults: S H P	Long Jebson Reilly Wood Kennedy Henderson Clark (Lady) Sumpter Robinson (Lady) FIXTURE Finch Long Stunt	26m 27m 30m 30m 30m 31m 32m 37m 39m 42m Richm 31m 32m 33m	24s 41s 16s 38s 43s 39s 05s 46s 42s 06s ond Parl	19 18 17 16 15 14 13 12 11 15 Club Pts 20 19 18 19	Team 1. 2. 3. 4. 5. 6. nuary 1993 There of whi	Results Croydon Met Police Milocarian AC Phillips Bank of England Plumstead (only 2 runr were 31 runners ch 14 were Milocarian Ac	33pt: 95pt: 104p 136p 163p ners)
Winner ? Ath Oth 8th 12nd 13rd 13rd 14th 14th 18th 8ANK OF F Individual Rev Winner 1nd 1th 5th 6th	H I B N M K T M N ENGLAND esults: S H P N B	Long Jebson Reilly Wood Kennedy Henderson Clark (Lady) Sumpter Robinson (Lady) FIXTURE Finch Long Stunt Wood Reilly	26m 27m 30m 30m 30m 31m 32m 37m 39m 42m Richm 31m 32m 33m 34m 35m	24s 41s 16s 38s 43s 39s 05s 46s 42s 06s ond Parl 04s 20s 44s 03s 21s	19 18 17 16 15 14 13 12 11 15 Club Pts 20 19 18 19 18	Team 1. 2. 3. 4. 5. 6. nuary 1993 There of whi Team 1.	Results Croydon Met Police Milocarian AC Phillips Bank of England Plumstead (only 2 runr were 31 runners ch 14 were Milocarian Ac Results: Met Police	33pt: 95pt: 104p 136p 163p ners)
Winner ? 4th 10th 18th 22nd 23rd 27th 31st 44th 46th 18th 2ANK OF F Individual Rev Winner 2nd 11th 15th 16th 17th	H I B N M K T M N ENGLAND esults: S H P N B I	Long Jebson Reilly Wood Kennedy Henderson Clark (Lady) Sumpter Robinson (Lady) FIXTURE Finch Long Stunt Wood Reilly Ward	26m 27m 30m 30m 30m 31m 32m 37m 39m 42m Richm 31m 32m 33m 34m 35m 36m	24s 41s 16s 38s 43s 39s 05s 46s 42s 06s ond Parl 04s 20s 44s 03s 21s 16s	19 18 17 16 15 14 13 12 11 16 15 14 18 19 18 19 18 17	Team 1. 2. 3. 4. 5. 6. nuary 1993 There of whi Team 1. 2.	Results Croydon Met Police Milocarian AC Phillips Bank of England Plumstead (only 2 runr were 31 runners ch 14 were Milocarian Ac Results: Met Police Milocarian AC'A'	33pts 95pts 104p 136p 163p ners)
Winner ? Ath Oth 8th 12nd 13rd 13rd 13rt 14th 16th 18th 18th 16th 18th 16th 16th 16th 16th 16th 16th 16th 17th 16th 16th 16th	H I B N M K T M N ENGLAND esults: S H P N B I B	Long Jebson Reilly Wood Kennedy Henderson Clark (Lady) Sumpter Robinson (Lady) FIXTURE Finch Long Stunt Wood Reilly Ward Cradden	26m 27m 30m 30m 30m 31m 32m 37m 39m 42m Richm 31m 32m 33m 34m 35m 36m 36m	24s 41s 16s 38s 43s 39s 05s 46s 42s 06s ond Parl 04s 20s 44s 03s 21s 16s 20s	19 18 17 16 15 14 13 12 11 15 10 Club Pts 20 19 18 19 18 17 16	Team 1. 2. 3. 4. 5. 6. nuary 1993 There of whi Team 1. 2. 3.	Results Croydon Met Police Milocarian AC Phillips Bank of England Plumstead (only 2 runr were 31 runners ch 14 were Milocarian Ac Results: Met Police Milocarian AC 'A' Bank of England	33pt: 95pt: 104p 136p 163p ners) C. 40pt: 62pt: 87pt:
Winner ? Ath Oth 8th 22nd 23rd 27th 31st 44th 66th 88th Corner 2nd 1th 5th 66th 7th 20th	H I B N M K T M N ENGLAND esults: S H P N B I B G	Long Jebson Reilly Wood Kennedy Henderson Clark (Lady) Sumpter Robinson (Lady) FIXTURE Finch Long Stunt Wood Reilly Ward Cradden Howard	26m 27m 30m 30m 30m 31m 32m 37m 39m 42m Richm 31m 32m 33m 34m 35m 36m 36m	24s 41s 16s 38s 43s 39s 05s 46s 42s 06s ond Parl 04s 20s 44s 03s 21s 16s 20s 33s	19 18 17 16 15 14 13 12 11 15 C, on 22nd Jar Club Pts 20 19 18 19 18 17 16 15	Team 1. 2. 3. 4. 5. 6. nuary 1993 There of whi Team 1. 2.	Results Croydon Met Police Milocarian AC Phillips Bank of England Plumstead (only 2 runr were 31 runners ch 14 were Milocarian Ac Results: Met Police Milocarian AC'A'	33pt: 95pt: 104p 136p 163p ners) C.
Vinner ? th Oth 8th 2nd 3rd 7th 1st 4th 6th 8ANK OF F ndividual Re Vinner nd 1th 5th 6th 7th Oth	H I B N M K T M N ENGLAND esults: S H P N B I B	Long Jebson Reilly Wood Kennedy Henderson Clark (Lady) Sumpter Robinson (Lady) FIXTURE Finch Long Stunt Wood Reilly Ward Cradden	26m 27m 30m 30m 30m 31m 32m 37m 39m 42m Richm 31m 32m 33m 34m 35m 36m 36m	24s 41s 16s 38s 43s 39s 05s 46s 42s 06s ond Parl 04s 20s 44s 03s 21s 16s 20s	19 18 17 16 15 14 13 12 11 15 10 Club Pts 20 19 18 19 18 17 16	Team 1. 2. 3. 4. 5. 6. nuary 1993 There of whi Team 1. 2. 3.	Results Croydon Met Police Milocarian AC Phillips Bank of England Plumstead (only 2 runr were 31 runners ch 14 were Milocarian Ac Results: Met Police Milocarian AC 'A' Bank of England	33pt: 95pt: 104p 136p 163p ners) C. 40pt: 62pt: 87pt:

MILOCARIAN ATHLETIC CLUB

END OF SEASON SOCIAL

SATURDAY 9TH APRIL 1994

ROYAL AIR FORCE HALTON WENDOVER BUCKINGHAMSHIRE

CLUB HANDICAP RACE
1500HRS AT THE COSLETT STAND

FOLLOWED BY

A BUFFET IN THE
THOMAS GRAY COMMUNITY CENTRE
AT
1600HRS

PRICE: ADULTS £3.00 CHILDREN £1.00

CONFIRMATION AND CHEQUES TO

JOHN McCARTHY 13 JASMINE CLOSE AYLESBURY BUCKINGHAMSHIRE HP21 9SH

BY 26TH MARCH 1994

I SHALL/SHALL NOT ATTE	ND THE CLUB HANDICAP	
I SHALL REQUIRE	ADULT(S)/	CHILD TICKETS
CHEQUE FOR £	ENCLOSED	
SIGNED		
FROM		