

Dear Milos,

Runnymede Relays Results

A huge thanks to all of you who came along last Saturday! It was brilliant to see so many of you there.

The result of the Runnymede Relays held at Windsor Great Park on Sat 15th July is shown below. The event which took place in extremely windy conditions was run over an undulating course of 4 miles per leg. Milocarian AC entered two teams each of six runners and a special "all-Wood" team. Thirty teams took part.

RUNNYMEDE RUNNERS RELAY, Saturday 15 Jul 2023																				
		Leg 1				Leg 2			Leg 3			Leg 4			Leg 5			Leg 6		
Overall position	Bib No.	Team	Posn after leg	Name	Split Time	Posn after leg	Name	Split Time	Posn after leg	Name	Split Time	Posn after leg	Name	Split Time	Posn after leg	Name	Split Time	Posn after leg	Name	Split Time
1	14	Datchet Dashers Speed Demons	2	Robert Baylis	20:14	1	Ian Gutteridge	21:50	2	Emily Gow	23:36	1	Euan Ross	20:17	1	Alex Cockcroft	22:00	1	Christopher Hunt	22:29
2	23	5 Old Men and a Superstar	3	James Samson	20:28	4	Rob McHarg	22:34	1	Tara Ferguson	22:07	2	Paul Woolley	23:01	2	Rob Foster	20:19	2	Chris Bradfield	22:24
3	18	Reading Roadrunners Barbarians	4	JAMES ARMSTRONG	20:42	3	DANIEL ZAGYVA	22:11	3	SARAH MCDADE	24:40	3	Pete Jewell	23:21	3	DAVID BOULTON	21:39	3	BRENDAN RUSSELL	21:23
4	7	Milocarian ac.Red Team	1	Ady Whitwam	20:10	2	Joe Foreshow	22:25	5	Jo Bailey	32:14	5	AL McKinnon	22:00	4	Tom Kirby	20:55	4	James Body	22:48
5	11	Camberley A	8	Niki Densley	23:41	5	Russell Murphy	20:59	4	Sarah Stallwood	25:19	4	Darren Bradley	22:44	5	Sam Murphy	25:11	5	Darren Atkins	23:29
6	19	Reading Roadrunners Corinthians	11	KATHERINE STREAMS	24:10	9	HELEN POOL	27:26	6	ANTHONY PAGE	24:02	7	NICKI GRAY	24:16	7	Chloe LLOYD	26:13	6	CHRIS WEBBER	23:52
7	1	RR Team Savill	7	John Gould - 1st	23:38	8	Ian Sharp	27:27	8	Mark Cobley	24:49	8	Steve Williams	25:23	6	John Gould - 2nd	24:41	7	Mandy Leach	26:30
8	12	Camberley B	13	Soren Schultze	24:34	6	Mark Wilson	23:45	7	Lyn Davis	27:25	9	Toren Grainger	26:46	8	Terry Worton	26:12	8	Richard Everingham	25:03

9	8	Milocarian ac.Blue Team	10	Felix Keating	23:51	11	Gavin McAllister	29:19	9	Richard Adamson	23:08	6	Nick Shanahan	22:45	9	Susie Adamson	33:58	9	Rich Adamson	24:27
10	20	Reading Roadrunners Olympians	20	Daniel Rickett	27:56	12	Jon Green	26:38	13	ANN ROSTERN	26:53	10	Ian Giggs	25:19	10	Celia Meacham	28:11	10	Katherine West	23:18
11	24	Team MAGIC	6	Craig bartlett	22:51	10	Hayley atreed	29:33	10	Daniel Hasan	26:50	11	sarah glencrose	31:25	12	Ramona thevenet	30:02	11	Richard Baggott	23:20
12	15	Sandhurst Joggers Team 1	23	Vinnett Taylor	29:39	16	Dominic Allen	25:54	14	Craig Bowles	26:14	13	Richard Boese	31:25	11	Jenny Robinson	27:08	12	Gary Dowling	25:20
13	26	Windle 1	14	Matt Coomber	25:31	15	Wendy Cudmore	29:36	11	Mike Brock	24:21	14	Lyn Taylor	33:55	15	Robert Holloway	29:32	13	Neil Praine	23:10
14	16	Sandhurst Joggers Team 2	22	Paul Biggs	28:36	24	Cat Wickham	39:57	22	Julian Rawcliffe	24:44	21	Carl Bradshaw	29:47	17	Andy Provost	23:19	14	Graham Robinson	21:32
15	25	Staines Strollers Supersonic	17	Mandy Ruks	26:51	18	Peter Beckley	29:32	20	Lea Burdon	32:19	15	Alex Slotwinski	25:47	13	Krystian Jakimczuk	26:50	15	Nick Brown	27:55
16	30	ERR2	15	Sarah S	26:33	19	Simon L	30:07	19	Phil S	31:07	18	Oren P	27:28	16	Chris N	30:42	16	Scott S	26:37
17	29	ERR1	18	Kevin V	27:19	13	Nikki N	27:26	15	Elaine P	27:23	12	Sarah S	29:21	14	Mike B	31:11	17	Tim N	30:53
18	27	Windle 2	5	Grant Davis	22:01	20	Maria Mannan	34:40	16	Andrew Appleton	26:24	17	Andrew Cullum	32:05	19	Anna Holland	34:34	18	Damian James	26:32
19	2	RR Team Magna	21	Carl Burgin	28:15	17	Tim Robins	27:43	18	Keith Apps	30:31	16	Steve Pilgrim	28:31	18	Mark Leach	33:27	19	Sally Collins	30:39
20	10	Milocarian ac. Wood Team	12	Nick Wood	24:29	7	Charlie Wood	24:00	12	Adam Wood	32:31	19	Neil Wood	37:05	20	Eliza Wood	33:10	20	Jo Wood	31:10
21	4	RR Team - Down Not Out	19	Tamarind Higham	27:33	21	Alec Fowler	29:25	17	Russ Hammond	29:10	20	Becca Phillips	32:56	21	Lynn Stephens	34:06	21	Shane Naish	31:10
22	13	Camberley C	16	Simon Harvey	26:45	22	David Day	30:48	21	Ellie Dannatt	33:43	22	Alex Longmuir	32:36	22	Paul Hobbs	34:10	22	Gary Thomas	30:49
23	28	READING ROADRUNNERS COYOTES	25	Tina Woffington	33:22	25	Stephanie Smith	38:05	25	Stuart Lunn	34:43	25	PAULINE BRAVET	28:49	23	Antoin Chabran	25:45	23	Mark Allen	28:15

24	31	Cove Joggers	9	Amanda Critchell	23:50	14	Kelvin Gower	31:15	23	Dave Bush	42:03	23	Hannah Cottrell	27:07	24	Alison Moore	39:51	24	Mark Arnold	29:18
25	22	Reading Roadrunners Trojans	24	ANDY ATKINSON	32:46	23	JIM KIDDIE	33:06	24	KEN BECK	37:07	24	TONI MCQUEEN	31:46	25	EDDIE THORPE	33:46	25	HEATHER BOWLEY	40:42
26	6	RR Team - Mix Match	26	Robert Franck	37:00	26	Athena Veniou	37:36	26	Chris Welland	37:15	26	Kate Marchant	36:43	26	Clair Morrison	34:01	26	Marie Wilson	33:21
27	5	RR Team - Smart Ones	28	Suzanne Pullen	39:51	28	Chris Houghton	36:20	28	Deb Edwards	41:39	30	OWEN GRIFFIN	39:30	27	Helle Jersild	37:21	27	Jenny Chapman	34:14
28	3	RR Team - Cool Gang	29	Charlotte Benton	40:18	27	Lucy Lush	34:46	27	Nick Barber	37:43	28	George Douglas	43:00	28	Kylie Hargreaves	40:41	28	Caroline Sibley	37:19
29	21	Reading Roadrunners Spartans	30	GILL MANTON	52:50	30	CHRIS MANTON	31:57	30	KEVIN STRONG	39:16	27	MARY JANNSEN	29:15	30	LINDA WRIGHT	51:15	29	PETE MORRIS	31:27
30	17	Reading Roadrunners Athenians	27	SOPHIE HIGGS	38:51	29	PETER HIGGS	44:22	29	Unknown	39:21	29	SUZANNE BATE	33:50	29	BECKY MELLOR	40:17	30	LORRAINE BAILEY	49:02

Milocarian Red, are congratulated on achieving an excellent 4th Place in a highly competitive field. The support provided by Milo supporters present was much appreciated! Milocarian Blue, also did well to achieve a strong top ten place. And a great performance by the multi-generation all-Wood team!

As shown on the result sheet, good times were achieved by all the club runners. Particular congratulations must go to Ady Whitwam who won the trophy for the fastest leg time of any runner on the day.

Very well done to all our runners! Photo below (I know some had to leave before we got the photo).



The next match is likely to be for the Terry Lewin's Trophy on in late October at RMA Sandhurst. The match will count towards the Plön Trophy (Individual Championship) and Wyvern Cup (Ladies Individual Championship). 'The Milocarian Ladies Team Trophy', will also be competed for during the event.

I will issue an instruction in good time for the above RMAS Home Match.

Rich Adamson