

**Milocarian Athletics Club Terry Lewins Trophy****26th October 2024 - 5.4 miles****RMA Sandhurst**

| <b>Position</b> | <b>Name</b>        | <b>Club</b>          |   | <b>Number</b> | <b>Time</b> |   |
|-----------------|--------------------|----------------------|---|---------------|-------------|---|
| 1               | Hugo Donovan       | British Airways      | A | 45            | 0:35:05     |   |
| 2               | Lewis Williams     | Sandhurst Joggers    | A | 284           | 0:35:10     |   |
| 3               | Charlie Wood       | Milocarian           | A | 174           | 0:35:11     |   |
| 4               | Tom Gifford        | Bank of England      | A | 97            | 0:35:40     |   |
| 5               | Graham Robinson    | Sandhurst Joggers    | A | 274           | 0:35:50     |   |
| 6               | M. Herbert         | Ranelagh Harriers    | - | 37            | 0:36:02     |   |
| 7               | Luke Doyle         | Bank of England      | A | 93            | 0:36:07     |   |
| 8               | Serena Carter      | Thames Hare & Hounds | - | 23            | 0:36:19     | F |
| 9               | Nick Shanahan      | Milocarian           | A | x22           | 0:36:47     |   |
| 10              | George Crosthwaite | Milocarian           | A | 166           | 0:36:54     |   |
| 11              | Nicola Douglas     | Ranelagh Harriers    | - | 22            | 0:36:57     | F |
| 12              | Daniel Collis      | Milocarian           | A | 8             | 0:37:02     |   |
| 13              | Simon Felstead     | Runnymede Runners    | A | 78            | 0:37:13     |   |
| 14              | Andrew Provost     | Sandhurst Joggers    | A | 286           | 0:39:13     |   |
| 15              | Mark Doherty       | Sandhurst Joggers    | A | 293           | 0:39:20     |   |
| 16              | Ian Sheridan       | Thames Hare & Hounds | - | 11            | 0:39:23     |   |
| 17              | Kate Hunter        | Bank of England      | A | 96            | 0:39:25     | F |
| 18              | John Gould         | Runnymede Runners    | A | 71            | 0:40:01     |   |
| 19              | Rich Adamson       | Milocarian           | A | x77           | 0:40:05     |   |
| 20              | Tim Robbins        | Runnymede Runners    | A | 77            | 0:40:17     |   |
| 21              | Matt Shell         | Runnymede Runners    | A | 72            | 0:40:20     |   |
| 22              | Dom Allen          | Sandhurst Joggers    | A | 295           | 0:40:27     |   |
| 23              | J. Ritchie         | Ranelagh Harriers    | - | 36            | 0:40:32     |   |
| 24              | Tom Griffiths      | Runnymede Runners    | A | 69            | 0:40:47     |   |
| 25              | Richard Eaton      | Runnymede Runners    | A | 68            | 0:40:54     |   |
| 26              | Salihah B.         | London OTC           | A | 338           | 0:40:57     | F |
| 27              | Adrian Haines      | British Airways      | A | 43            | 0:41:12     |   |
| 28              | Nick Wood          | Milocarian           | A | 162           | 0:41:22     |   |
| 29              | Jacob Gaskill      | Bank of England      | A | 95            | 0:41:33     |   |
| 30              | Andy Smith         | Runnymede Runners    | B | 79            | 0:42:00     |   |
| 31              | Gerry Mephram      | Sandhurst Joggers    | A | x289          | 0:42:04     |   |
| 32              | T. Lane            | Ranelagh Harriers    | - | 40            | 0:42:13     |   |
| 33              | Nikolas Koch       | Bank of England      | A | 91            | 0:42:13     |   |
| 34              | Maria Jovani       | British Airways      | A | 52            | 0:42:41     | F |
| 35              | Augustin P.        | London OTC           | A | 356           | 0:42:52     |   |
| 36              | P Crosthwaite      | Milocarian           | B | 141           | 0:43:02     | F |
| 37              | Mark Taylor        | British Airways      | A | 54            | 0:43:16     |   |
| 38              | Gary Dowling       | Sandhurst Joggers    | B | 290           | 0:43:27     |   |
| 39              | George Christie    | Milocarian           | B | 163           | 0:43:38     |   |
| 40              | John Taylor        | British Airways      | A | 55            | 0:43:52     |   |
| 41              | Keith Johnson      | British Airways      | A | 47            | 0:44:21     |   |
| 42              | Mandy Leht         | Runnymede Runners    | B | 67            | 0:44:40     | F |
| 43              | Victoria McFarin   | British Airways      | B | 50            | 0:44:59     | F |

|    |                     |                      |   |      |  |         |   |
|----|---------------------|----------------------|---|------|--|---------|---|
| 44 | Dean Emberson       | Sandhurst Joggers    | B | 291  |  | 0:45:10 |   |
| 45 | Emma Marton         | British Airways      | B | 56   |  | 0:45:18 | F |
| 46 | John H.             | London OTC           | A | 371  |  | 0:45:39 |   |
| 47 | Qassim Q.G.         | London OTC           | A | 370  |  | 0:45:40 |   |
| 48 | Rob Harwood         | Sandhurst Joggers    | B | 171  |  | 0:45:46 |   |
| 49 | Max Woods           | Sandhurst Joggers    | B | 289  |  | 0:45:52 |   |
| 50 | Mark Penin          | Milocarian           | B | 24   |  | 0:45:59 |   |
| 51 | Bella D.            | London OTC           | A | 394  |  | 0:46:02 | F |
| 52 | Chris Buckle        | British Airways      | B | 57   |  | 0:46:14 | F |
| 53 | Stephen Donovan     | British Airways      | B | 44   |  | 0:47:45 |   |
| 54 | Lucy Cruttendon     | Sandhurst Joggers    | B | 156  |  | 0:48:40 | F |
| 55 | Carl Bradshaw       | Sandhurst Joggers    | B | 170  |  | 0:48:51 |   |
| 56 | Amy Faulkner        | Bank of England      | A | 92   |  | 0:49:32 | F |
| 57 | Gavin McAllister    | Milocarian           | B | x23  |  | 0:50:07 |   |
| 58 | Patrick Wadsworth   | Sandhurst Joggers    | C | 270  |  | 0:50:14 |   |
| 59 | Lauren Hird         | Milocarian           | B | 165  |  | 0:50:26 | F |
| 60 | Nick Hird           | Milocarian           | B | 164  |  | 0:50:27 |   |
| 61 | Sally Collins       | Runnymede Runners    | B | 75   |  | 0:50:35 | F |
| 62 | Jonathan Cooper     | Sandhurst Joggers    | C | 294  |  | 0:50:51 |   |
| 63 | Maddy W.            | London OTC           | A | 353  |  | 0:57:30 | F |
| 64 | Eleanor C.          | London OTC           | - | 358  |  | 0:57:34 | F |
| 65 | Christine McCourt   | Runnymede Runners    | B | 74   |  | 0:57:37 | F |
| 66 | Kieth Apps          | Runnymede Runners    | B | 70   |  | 0:57:38 |   |
| 67 | Shane Naish         | Runnymede Runners    | B | 76   |  | 0:57:43 |   |
| 68 | Alice Chapman       | Sandhurst Joggers    | C | 200  |  | 0:59:43 | F |
| 69 | Gaynor Falconi      | Sandhurst Joggers    | C | 287  |  | 0:59:44 | F |
| 70 | E Dillon            | Milocarian           | - | 124  |  | 0:59:49 | F |
| 71 | Jane Bannister      | Sandhurst Joggers    | C | 282  |  | 0:59:53 | F |
| 72 | Amanda Coombs       | British Airways      | B | 49   |  | 1:00:10 | F |
| 73 | Katherine Gatherer  | Sandhurst Joggers    | C | 292  |  | 1:00:44 | F |
| 74 | Helen Vizard        | Sandhurst Joggers    | D | 173  |  | 1:00:56 | F |
| 75 | Helen Reid          | Runnymede Runners    | - | 73   |  | 1:01:09 | F |
| 76 | Roy Bentley         | Sandhurst Joggers    | D | x287 |  | 1:01:21 |   |
| 77 | Michelle Kearns     | Bank of England      | - | 98   |  | 1:01:28 | F |
| 78 | Jacqui Haines       | British Airways      | B | 46   |  | 1:01:50 | F |
| 79 | David Ayling        | Sandhurst Joggers    | D | 288  |  | 1:02:30 |   |
| 80 | Paul Newbie         | Thames Hare & Hounds | - | x24  |  | 1:03:01 |   |
| 81 | Caroline Sibley     | Runnymede Runners    | - | 66   |  | 1:07:14 | F |
| 82 | Graham Taylor       | British Airways      | - | 53   |  | 1:07:21 |   |
| 83 | Muritz Messe        | Bank of England      | - | 94   |  | 1:07:23 |   |
| 84 | Emma Handley        | Sandhurst Joggers    | D | x290 |  | 1:07:35 | F |
| 85 | Sacha Kendall-Woods | Sandhurst Joggers    | D | 172  |  | 1:13:40 | F |
| 86 | Dennis Foxley       | British Airways      | - | 51   |  | 1:26:47 |   |
| 87 | Sue Dart            | Sandhurst Joggers    | D | 259  |  | 1:37:00 | F |
| 88 | Christine Munden    | British Airways      | - | 48   |  | 1:49:00 | F |

**Terry Lewins Team Trophy**

| <b><u>Position</u></b> | <b><u>Team</u></b> (6 to qualify) | <b><u>Points</u></b> |
|------------------------|-----------------------------------|----------------------|
| 1                      | Milocarian 'A'                    | 81                   |
| 2                      | Sandhurst Joggers 'A'             | 89                   |
| 3                      | Runnymede Runners 'A'             | 121                  |
| 4                      | Bank of England                   | 146                  |
| 5                      | British Airways 'A'               | 180                  |
| 6                      | London OTC                        | 268                  |
| 7                      | Sandhurst Joggers 'B'             | 288                  |
| 8                      | Milocarian 'B'                    | 301                  |
| 9                      | Runnymede Runners 'B'             | 331                  |
| 10                     | British Airways 'B'               | 343                  |
| 11                     | Sandhurst Joggers 'C'             | 401                  |
| 12                     | Sandhurst Joggers 'D'             | 485                  |

**Milocarian Ladies' Team Trophy**

| <b><u>Position</u></b> | <b><u>Team</u></b> (4 to qualify) | <b><u>Points</u></b> |
|------------------------|-----------------------------------|----------------------|
| 1                      | British Airways                   | 174                  |
| 2                      | London OTC                        | 204                  |
| 3                      | Runnymede Runners                 | 243                  |
| 4                      | Sandhurst Joggers 'A'             | 262                  |
| 5                      | Sandhurst Joggers 'B'             | 316                  |